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Christopher W. Mitchell, M.D.

SUMMARY

Christopher W. Mitchell, M.D. is a board-certified neurologist with 19 years of clinical experience evaluating and treating a broad spectrum of neurological disorders. Dr. Mitchell completed his neurology training at **Washington University School of Medicine in St. Louis, Missouri**, and subsequently completed fellowship training in neurophysiology. He has extensive expertise in the diagnosis and evaluation of conditions including traumatic brain injury, stroke, spinal cord injury, peripheral nerve disorders, epilepsy, migraine, dementia, and other complex neurological conditions.

Throughout his career, Dr. Mitchell has practiced in both community and tertiary-care settings, served as a consulting neurologist, developed neurology service lines, and provided specialized neurophysiology services. His training and clinical experience include electrodiagnostic and neurophysiologic evaluation using electromyography (EMG), nerve conduction studies (NCS), and electroencephalography (EEG).

Dr. Mitchell is board certified by the American Board of Psychiatry and Neurology in Neurology and Clinical Neurophysiology and is a member of the American Academy of Neurology and the International Academy of Independent Medical Examiners. He is also a Certified Independent Medical Examiner (CIME) through the American Board of Independent Medical Examiners.

Dr. Mitchell provides Independent Medical Examinations and expert witness services for workers' compensation, disability, liability, and other medicolegal matters. He brings a thorough, objective, and

evidence-based approach to each case, integrating the medical record, clinical examination, diagnostic studies, and relevant medical literature to provide clear, well-supported opinions regarding diagnosis, causation, impairment, functional limitations, and other issues within his area of expertise.

LICENSES

Tennessee – Active, unrestrained

Alabama - Active, unrestrained

Missouri – Active, unrestrained

Washington - Active, unrestrained

Nevada - Active, unrestrained

South Carolina - Active, unrestrained

EXPERIENCE

The Jackson Clinic, Jackson TN — *Neurologist*

October 2024 - September 2026

- Developed a neurology service line (including neurophysiology) from the ground up
- Provided neurologic consultations to a team of > 50 primary care providers
- Oversight of clinical research including a blood biomarker for Alzheimer's disease

Maine General, Augusta ME — *Locums Neurologist*

October 2023 - July 2024

- Provided locums coverage for a dedicated headache specialty clinic
- Provided neurophysiology services to a severely underserved community

West Tennessee Neurosciences, Jackson TN — *Neurologist*

July 2008 - July 2023

- Served as a consulting neurologist at Jackson Madison County General Hospital, one of the largest hospitals in the state

- Spearheaded the effort to make our electrodiagnostic lab an AANEM (American Association of Neuromuscular and Electrodiagnostic Medicine) Accredited site, one of the first in the state of TN

Wesley Neurology Clinic, Memphis TN — *Neurologist*

July 2007 - June 2008

- Served as a consulting neurologist at Methodist University Hospital
- Provided teaching and guidance to Neurology residents and fellows at the University of Tennessee

CERTIFICATIONS

Certified Independent Medical Examiner - American Board of Independent Medical Examiners

September 8th, 2026 - Current

Board Certification in Neurology - American Board of Psychiatry and Neurology

June 8th, 2007 - Current

Board Certification in Neurophysiology - American Board of Psychiatry and Neurology

October 28th, 2013 - Current

Board Certification in Neuromuscular Medicine - American Board of Psychiatry and Neurology

September 8th, 2008 to December 31st, 2018

PROFESSIONAL ORGANIZATIONS

Member of the American Academy of Neurology

Member of the International Academy of Independent Medical Examiners

TRAINING

University of Tennessee Health Science Center, Memphis TN — *Fellowship in Neurophysiology and Neuromuscular Disorders*

July 2006 - June 2007

Instructed by Dr. Tulio Bertorini, a prominent neuromuscular physician. Developed skills in performing and interpreting neurophysiologic studies as well as muscle and nerve histopathology.

Washington University/Barnes-Jewish Hospital, St. Louis MO — *Neurology Residency*

July 2003 - June 2006

Completed a strenuous residency program at one of the largest and consistently highest-rated hospitals in the country. Devoted time to basic research into the origins of neurodegenerative diseases such as Alzheimer's.

Washington University/Barnes-Jewish Hospital, St. Louis MO — *Medical Internship*

July 2002 - June 2003

Completed the introductory year of training in internal medicine prior to neurology residency. Heavy focus on the care of seriously ill, hospitalized patients.

University of Tennessee Health Science Center, Memphis TN — *Medical School*

July 1998 - May 2002

Completed medical school instruction earning the title of M.D. with a 4.0 GPA. Member of Alpha Omega Alpha, a medical honor society.

University of Tennessee at Martin, Martin TN — *Undergraduate*

July 1995 - May 1998

Completed a Bachelor of Science in Chemistry, graduating Summa Cum Laude in only three years. Participated in the University Scholars Program, the highest honor scholarship offered.

PUBLICATIONS

Transient Neonatal Myasthenia Gravis in a Baby Born to a Mother with New-Onset Anti-MuSK-Mediated Myasthenia Gravis

O'Carroll, Peter; Bertorini, Tulio E; Jacob, Glady; Mitchell, Christopher W, et al. *Journal of Clinical Neuromuscular Disease*. 11(2):69-71, December 2009.

Diffusely increased insertional activity: "EMG Disease" or asymptomatic myotonia congenita? A report of 2 cases

Mitchell CW, Bertorini TE.

Arch Phys Med Rehabil. 2007 Sep; 88(9):1212-3.

An Older Female with Chronic Fluctuating Weakness

Holt, Anthony E; Mitchell, Christopher W; Maccarino, Sue, et al.

Journal of Clinical Neuromuscular Disease. 8(3):152-160, March 2007.

A Boy with Proximal Weakness and Cardiomyopathy

Mitchell, Christopher W; Bertorini, Tulio E; Shadle, Mariallan.

Journal of Clinical Neuromuscular Disease. 8(2):83-91, December 2006.