

Christopher J. Heath, Ph.D., ABPP

Education

Naval Medical Center San Diego APA Clinical Internship	San Diego, CA 2013-2014
University of North Texas Doctor of Philosophy in Clinical Psychology	Denton, Texas May, 2014
University of Memphis Masters of Science in General Psychology	Memphis, Tennessee May, 2008
University of Kansas Bachelor of General Studies in Psychology	Lawrence, Kansas May 2005

Clinical Work Experience

JUL2019 – CURRENT	Naval Special Warfare Group ONE
SEP 2023 – CURRENT	SSA Medical Expert; TMAX Government Solutions LLC
SEP 2022 – CURRENT	Independent Medical Examiner; Dane Street LLC
SEP2016 – JUL2019	Naval Medical Center Portsmouth
JUL2016 – SEP2016	Naval Special Warfare Group FOUR
SEP2014 – JUL2016	Naval Health Clinic New England – Newport

APA Accredited Predoctoral Internship

2013 – 2014	Naval Medical Center San Diego
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Relevant Clinical Experiences

- Department Head – Substance Abuse Rehabilitation Program (SARP). Managed a department of over 75 active duty, government employee, and contract employees at one of the Dept of Defense largest substance abuse treatment facilities

- Officer in Charge (OIC) - Special Psychiatric Rapid Intervention Team (SPRINT) NAVMEDFORLANT (formerly Navy Medicine East). Provided training and currency for SPRINT eligible members at Naval Medical Center Portsmouth, while consulting and coordinating psychological crisis response to various U.S. Navy commands
- Security clearance evaluations for Department of the Navy Central Adjudications Facility (DONCAF)
- Fitness for Duty/suitability evaluations for military personnel
- Assessment and selection for Naval Special Operations programs
- Suitability assessments for United States Marines to serve as Embassy Security detail
- Maintaining currency as a JPRA/DoD SERE Psychologist

Publications

Heath, C. J., & Callahan, J. L. (2014). Assessment of Cognitive Functioning in Mixed Martial Arts Athletes. *Journal of Athletic Enhancement*, 3(4). doi: 10.4172/2324-9080.1000162.

Heath, C. J., & Callahan, J. L. (2013). Relationship between concussive symptoms and training routines in mixed-martial-artists. *Research in Sports Medicine*, 21, 195-203.

Callahan, J.L., **Heath, C.J.**, Aubuchon-Endsley, N.L., Collins, F.L., & Herbert, G.L. (2013). Enhancing information pertaining to client characteristics to facilitate evidence-based practice. *Journal of Clinical Psychology*, 69, 1239-1249. Doi: 10.1002/jclp.21995.

Swift, J.K., Callahan, J.L., Herbert, G.L., & **Heath, C.J.** (2012). Naturalistic changes in subjective distress outside of therapy. *Journal of Clinical Psychology*, 68, 421-431.

Swift, J.K., Callahan, J. L., **Heath, C.**, Herbert, G., & Levine, J.C. (2010). Applications of the psychotherapy phase model to clinically significant deterioration. *Psychotherapy: Theory, Research, Practice, Training*, 47, 235-248.

Callahan, J.L., Almstrom, C.M, Borja, S.E., Swift, J.K., & **Heath, C.** (2009). Exploring the contribution of supervisors to intervention outcomes. *Training & Education in Professional Psychology*, 3, 72-77.

Heath, C. J., & Berman, J. S. (2008). Evolutionary lifestyle and mental health. *Evolutionary Psychology*, 6, 67-76.

Presentations

Heath, C. J., & Callahan, J. L. (2014, August). *Assessment of Cognitive Functioning in Mixed Martial Arts Athletes*. Poster accepted for presentation at the meeting of the American Psychological Association, Washington, D.C.

Heath, C. J., & Callahan, J. L. (2010, May). *Relationship between concussive symptoms and training routines in mixed-martial-artists*. Poster presented at the meeting of the Annual Research Conference of University of North Texas, Denton, TX.

Callahan, J. L., **Heath, C. J.**, Collins, F. L., & Montoya, J. D. (2010, November). *Enhancing information pertaining to patient characteristics to facilitate evidence-based practice*. Poster accepted for presentation at the meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Heath, C. J., & Callahan, J. L. (2010, August). *Relationship between concussive symptoms and training routines in mixed-martial-artists*. Poster presented at the meeting of the American Psychological Association, San Diego, CA.

Heath, C. J., & Berman, J. S. (2007, November). *Evolutionary lifestyle and mental health*. Poster presented at the meeting of the Tennessee Psychological Association, Nashville, TN.

Hunter, B. M., Hastings, B. L., Neal, K. M., & **Heath, C. J.** (2007, November). *Memphis STEPS: An on-campus suicide training, education, and prevention services program*. Poster presented at the meeting of the Tennessee Psychological Association, Nashville, TN.

Heath, C. J., Stites, B. A., Ivie, J. L., & Ilardi, S. S. (2006, August). *Therapeutic Lifestyle Change for Depression: Comparative component analysis*. Poster presented at the meeting of the American Psychological Association, New Orleans, LA.

Lehman, K. A., Stites, B. A., **Heath, C. J.**, Karwoski, L., Steidtmann, D., Prohaska, J. A., Reneau, S. E., Hirani, A. K., Robbins, T. B., & Ilardi, S. S. (2006, May). *Therapeutic Lifestyle Change for Depression: Randomized control trial follow-up results*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Stites, B. A., Lehman, K. A., **Heath, C. J.**, Karwoski, L., Prohaska, J. & Ilardi, S. S. (2006, May). *Therapeutic Lifestyle Change for Depression: Adherence analysis for therapy components*. Poster presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Teaching Experience

Undergraduate Teaching Experience (2008-2013)

Lifespan Development (2 courses)
Introduction to Psychology (5 courses)
Quantitative Statistics – lecture section (3 courses)
Quantitative Statistics – lab section (5 courses)
Research Methodology (1 course)
Introduction to Psychology (1 course)

Tarrant County Community College
Tarrant County Community College
University of North Texas
University of North Texas
University of North Texas
University of Memphis

Graduate Teaching Experience (2012)

Neuropsychological Assessment - Laboratory, (1 course)

University of North Texas

Other Teaching Experience (2002-2006)

K – 12 Public school district substitute teaching

Lawrence, Kansas

NOT YET RETAINED