

Catherine Nash

Insurance Fraud Expert | Litigation Consultant | Expert Witness
Montgomery, Texas
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Professional Profile

Insurance fraud expert and veteran investigator with more than 30 years of investigative and law enforcement experience, including specialized service with the California Department of Insurance Fraud Division and the Los Angeles Police Department. Extensive expertise conducting complex insurance fraud, financial crime, embezzlement, and background investigations involving claims analysis, documentary evidence, witness interviews, recorded statements, and case development for prosecution and defense litigation. Experienced in preparing clear, defensible investigative findings and providing courtroom testimony in criminal and administrative matters. Trusted by attorneys, insurers, law enforcement agencies, and private clients for sound investigative judgment, credibility, and thorough analysis.

Areas of Expertise

- Insurance Fraud Investigations
- Expert Witness Testimony
- Litigation Support
- SIU / Special Investigations
- Claims & Financial Analysis
- Fraud Case Review & Evaluation
- Witness Interviews & Recorded Statements
- Evidence Collection & Documentation
- Investigative Report Writing
- Courtroom Testimony
- Criminal & Administrative Investigations
- Case Preparation for Prosecution or Defense
- Background Investigations

Professional Experience

Principal Investigator / Owner – Five Star Investigations (1996 – Present)

- Provide investigative consulting and litigation support in matters involving insurance fraud, financial misconduct, background investigations, and evidentiary review.
- Conduct complex investigations involving claims documentation, financial records, interviews, fraud analysis, and evidence evaluation.

- Prepare investigative reports, declarations, evidentiary summaries, and case findings for use in litigation and administrative proceedings.
- Assist attorneys with investigative strategy, case development, witness preparation, and analysis of fraud indicators.
- Served as a court-appointed investigator for the Los Angeles County Superior Court, conducting criminal defense investigations for self-represented defendants and assisting them in developing their defense through witness interviews, evidence gathering, records review, and other court-authorized investigative services.

Background Investigator – Sintra Investigations (2022 – 2023)

- Conducted pre-employment background investigations for public safety applicants on behalf of multiple agencies, including comprehensive records review, interviews, investigative analysis, and preparation of detailed background investigation reports.

Detective / Criminal Investigator – California Department of Insurance (2007 – 2014)

- Conducted criminal investigations involving insurance fraud, embezzlement, financial crimes, and fraudulent claims activity.
- Reviewed insurance claims, bank records, financial documentation, electronic evidence, and investigative materials to identify fraudulent conduct and support prosecution.
- Interviewed claimants, suspects, witnesses, victims, and insurance representatives in support of criminal and regulatory investigations.
- Prepared comprehensive investigative case packages for prosecutors and regulatory agencies.
- Worked closely with National Insurance Crime Bureau, State Franchise Tax Board and Medical and Dental Board investigators.
- Provided courtroom testimony at State and Federal level. Collaborated with prosecutors during charging, trial preparation, and prosecution proceedings.

Background Investigator – City of Los Angeles (2015 – 2016)

- Conducted detailed public safety background investigations involving records analysis, witness interviews, and investigative reporting.

Background Investigator – Critical Solutions (2012 – 2013)

- Conducted pre-employment investigations for law enforcement candidates and prepared investigative findings for client review.

Background Investigator – City of Los Angeles (2006 – 2007)

- Conducted detailed public safety background investigations involving records analysis, witness interviews, and investigative reporting.

Police Officer / Police Detective – Los Angeles Police Department (1989 – 2005)

- Conducted criminal and administrative investigations involving interviews, evidence collection, case documentation, and courtroom testimony.
- Served in detective, patrol, internal affairs, management services, and community relations assignments.

Expert Witness & Litigation Qualifications

- Courtroom testimony in criminal and administrative investigative matters
- Preparation of investigative reports and evidentiary summaries for litigation
- Analysis of fraud indicators, investigative findings, and documentary evidence
- Collaboration with attorneys, prosecutors, insurers, and law enforcement agencies
- Review and interpretation of insurance claims, financial records, and investigative materials
- Preparation of clear, concise, and defensible investigative findings

Education

- University of Southern California – Juvenile Justice Coursework
- Los Angeles City College – Criminal Justice Coursework
- San Jose State University – Sociology Coursework

Licenses & Professional Credentials

- California Private Investigator License
- California POST Basic Certification
- California POST Intermediate Certification
- California POST Advanced Certification
- U.S. Army Reserve Veteran

Available for insurance fraud case review, litigation consulting, investigative analysis, and expert witness testimony.