

Curriculum Vitae

Austin De La Cruz, Pharm.D., BCPP

4349 Martin Luther King Blvd, Room 4031

Houston, TX 77204-5037

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Phone: (832) 842- 8356

Academic Appointments

Clinical Associate Professor- Psychiatry

September 2016- Present

Department of Pharmacy Practice and Translational Research

University of Houston College of Pharmacy

Houston, TX

Clinical Instructor- Psychiatry

October 2017- Present

Baylor College of Medicine

Houston, TX

Adjunct Professor- Psychiatry

August 2018- Present

University of St. Thomas- Carol and Odis Peavy School of Nursing

Doctor of Nursing - Psychiatric-Mental Health Nurse Practitioner Program

Houston, TX

Instructor

October 2016- 2022

Methodist Hospital Family Practice Residents

Houston, TX

Clinical Appointments

Clinical Pharmacy Specialist- Psychiatry

January 2017-Present

Michael E. DeBakey Veterans Health System

Houston, TX

Clinical Staff Pharmacist

July 2014- June 2016

North Florida/South Georgia Veterans Health System

Houston, TX

Education

PGY2 Psychiatric Pharmacy Residency

June 2015- June 2016

North Florida/South Georgia Veterans Health System

Gainesville, Florida

Program Director: Karrie Jones, Pharm.D., BCPS, BCPP

PGY1 Ambulatory Care Focused Pharmacy Residency

July 2014- June 2015

North Florida/South Georgia Veterans Health System

Gainesville, Florida

Program Director: Jacob Tillmann, Pharm.D., BCPS

Doctor of Pharmacy

August 2010- May 2014

Texas Tech University Health Sciences Center
School of Pharmacy, Class of 2014
Dallas, TX

Pre-Pharmacy Prerequisites

August 2007- May 2010

Texas Tech University
Lubbock, TX

Licensure and Certification

Board Certified Psychiatric Pharmacist (ID No. 911496)

July 2017- Present

Board of Pharmacy Specialties

Pharmacy Preceptor

June 2017- Present

Texas State Board of Pharmacy

Pharmacogenomics Certification

June 2024

American Society of Health System Pharmacists

National Hispanic Executive Leadership and Fellowship Program

September 2023

National Latino Behavioral Health Association

Mental Health First Aid Certification

November 2023

National Council for Mental Wellbeing

QPR Suicide Training

February 2018

University of Houston College of Pharmacy

Teaching Certificate Program

December 2014- June 2015

North Florida/South Georgia Veterans Health System

Veteran's Health System Patient Assistance Program- Sterling Spoon

October 2015

**American Heart Association Basic Life Support for
Healthcare Providers**

February 2015- Present

Texas State Board of Pharmacy Pharmacist (License No. 55364)

August 2014- Present

Texas State Board of Pharmacy Intern (License No. 27217)

June 2011- August 2014

Accreditation Council for Pharmacy Education

June 2011- May 2014

Certified Student Pharmacy Intern Immunizer

Texas State Board Certified Pharmacy Technician

June 2008- August 2011

Certificate Number: 4901-0701-0026-066

Awards

National Therapeutic Case Report Award Finalist

April 2023

American Association of Psychiatric Pharmacists- Annual Meeting

Excellence in Service Award May 2022
University of Houston College of Pharmacy

Rho Chi Teaching Excellence Award October 2018
University of Houston College of Pharmacy

Faculty Preceptor of the Year Award May 2018
University of Houston College of Pharmacy

Phi Lamda Sigma Upsilon Chapter Faculty Inductee March 2018
University of Houston College of Pharmacy

Course Facilitator

Integrated Neurology Module- PHAR 5335- Course Coordinator August 2020- Present
University of Houston College of Pharmacy

Integrated Psychiatry Module- PHAR 5368- Course Coordinator March 2021- Present
University of Houston College of Pharmacy

Module Related Skills Lab- PHAR 5268 August 2020- Present
University of Houston College of Pharmacy

Module Related Skills Lab- PHAR 5169 January 2021- Present
University of Houston College of Pharmacy

Integrated Men's and Women's Health Module- PHAR 5228 January 2021- Present
University of Houston College of Pharmacy

Patient Assessment- PHAR 4265 February 2019- Present
University of Houston College of Pharmacy

Telehealth/Telemedicine- NURS 7222 August 2022- Present
University of St. Thomas- Doctorate of Nursing Program

Neurobiology of Addictions- NURS 7221 January 2023- Present
University of St. Thomas- Doctorate of Nursing Program

Clinical Psychopharmacology- NURS 7220 January 2022- Present
University of St. Thomas- Doctorate of Nursing Program

Therapeutics III- PHAR 5582 January 2017- May 2020
University of Houston College of Pharmacy

Therapeutics III Skills Lab – PHAR 5582 January 2017- May 2020
University of Houston College of Pharmacy

Therapeutics II- PHAR 5581 University of Houston College of Pharmacy	September 2016- May 2020
Therapeutics II Skills Lab – PHAR 5581 University of Houston College of Pharmacy	September 2016- May 2020

Pharmacy Practice VI- PHAR 5274- Course Coordinator University of Houston College of Pharmacy	January 2020- May 2020
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Pharmacy Practice V- PHAR 5275- Course Coordinator University of Houston College of Pharmacy	August 2017- May 2020
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Pharmacy Practice II- PHAR 4271- Course Coordinator University of Houston College of Pharmacy	January 2017- May 2017
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Preceptor Duties

PGY-2 Residency Evaluator Michael E. DeBakey Veterans Health System	January 2017- Present
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P4 Clinical Seminar Evaluator University of Houston College of Pharmacy	November 2016- Present
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Pharmacy Interviews Evaluator University of Houston College of Pharmacy	November 2016- Present
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Phi Lambda Sigma Mock Interview University of Houston College of Pharmacy	October 2018-Present
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Student College of Clinical Pharmacy Research Mentor University of Houston College of Pharmacy	April 2018- Present
<ul style="list-style-type: none">• Mentees: Carlton Menchaca, Ifoma Ofoegbuna, Carol Baby, Raymond Thai, Aroge Imran, Ashlyn Pulliam, Luke Mackenzie, Aris Jaquez, Alice Vu	

Phi Lambda Sigma/Rho Chi Curriculum Vitae Review University of Houston College of Pharmacy	April 2018- Present
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UHCOP Shine a Light on Mental Health University of Houston College of Pharmacy	January 2021-2022
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Fresh Check Day University of Houston	October 2021- Present
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Rho Chi Are You Smarter than a Pharmacist University of Houston College of Pharmacy	March 2018
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Humble Health Fair University of Houston College of Pharmacy	October 2016
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Wellness Day Facilitator

October 2016

University of Houston College of Pharmacy

University, Hospital, and Leadership Service

University of Houston College of Pharmacy

Student Wellness Advisory Council (Chair)	May 2019- Present
Curriculum Committee (member)	August 2024- Present
PREMIER Center (member)	August 2018- Present
Self-Study Steering Committee- Subcommittee Chair	January 2023- Fall 2024
Admissions and Progressions Committee (Chair)	September 2019- Spring 2023
Board of Ethical and Professional Conduct (Chair)	August 2022- 2023
Associate Director of Admissions Search Committee	Spring 2022
Classmeister- Class of 2022	August 2018- August 2019
Experiential Advisory Committee (Chair)	August 2018- September 2019
Experiential Faculty Search Committee (member)	Spring 2018- 2019
Admissions and Progressions Committee (member)	October 2017- September 2019
Curriculum Psychiatry Module Coordinator	January 2017- Present
Curriculum Neurology Module Coordinator	January 2017- Present
Therapeutics/Skills Lab Clinical Faculty Search Committee (member)	Spring 2017- Spring 2019
Clinical Faculty Search Committee (member)	Fall 2017- Spring 2019
Phi Delta Chi Fraternity Faculty Advisor	September 2016- Present

Texas Society of Health Systems Pharmacists

Education Affairs Committee (member)	August 2017- 2018
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American Association of Psychiatric Pharmacists

Public Education Committee (member)	August 2024- Present
Professional Affairs Committee (member)	December 2019-2020

Michael E. DeBakey Veterans Affairs Medical Center Committee

PGY-2 Residency Search Committee and Evaluator	January 2016- Present
Teaching Certificate Coordinator	August 2015- June 2016

Professional Presentations

University of Houston College of Pharmacy Teaching Responsibilities

Integrated Psychiatry Module

Schizophrenia	March 2021- Present
Major Depressive Disorder	March 2021- Present
Anxiety	March 2021- Present
Bipolar Disorder	March 2021- Present
Attention Deficit/Hyperactivity Disorder	March 2021- Present
Eating Disorder	March 2021- Present
Insomnia/Narcolepsy	March 2021- Present
Substance Use Disorder	March 2021- Present
Opioid Use Disorder	March 2021- Present
Mental Health Patient Assessment	March 2021- Present

Integrated Neurology Module

Epilepsy and Seizure	August 2020- Present
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Integrated Men's and Women's Health Module

Erectile Dysfunction	February 2020- Present
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Module Related Skills Lab III

Skills Lab Facilitator	August 2020- Present
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Module Related Skills Lab IV

Skills Lab Facilitator	January 2021- Present
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Patient Assessment

The Patient Encounter/Taking a Patient's History	February 2019- Present
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Therapeutics II

Depression	November 2016- November 2019
Anxiety	November 2016- November 2019
Schizophrenia	November 2016- November 2019
Bipolar Disorder	November 2017- November 2019
Attention Deficit/Hyperactivity Disorder	November 2017- November 2019

Therapeutics II Lab

Skills Lab Facilitator	August 2016- September 2019
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Advanced Therapeutics III

Insomnia	March 2017- May 2020
Men's Health	April 2017- May 2020
Epilepsy Disorder Part I	March 2018- May 2020
Epilepsy Disorder Part II	March 2018- May 2020

Advanced Therapeutics III Lab

Skills Lab Facilitator	January 2017- May 2020
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Over the Counter Medications I

Over the Counter Switch	August 2017- May 2020
Regulatory Processes/QuEST Scholar Approach	August 2017- May 2020
Active learning I	August 2017- May 2020
Insomnia, drowsiness, and fatigue	November 2018- May 2020

Over the Counter Medications II

Poisoning/Anti-emetics (Nausea/vomiting)	February 2020- May 2020
Energy Products/Pre and Probiotics	April 2020- May 2020

Drug Information/Research Skills

Modified Systematic Approach	January 2017- January 2018
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Drug Information/Research Skills Lab

Skills Lab Facilitator	January 2017- January 2018
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Physical Assessment

Neurological and Psychiatric Rating Scales	October 2017- May 2020
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Patient Assessment

Taking a Patient Encounter/History	January 2019- Present
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Critical Care Elective

Treatment of Delirium in the ICU setting	June 2017- Present
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Methodist Hospital Physician Residency Teaching Responsibilities

Over the Counter Sleep Aids	February 2019- Present
Synthetic Drugs of Abuse	February 2017- Present
Depression	November 2016- Present
Anxiety	November 2016- Present
Schizophrenia	November 2016- Present

University of St. Thomas School of Nursing Teaching Responsibilities

Doctor of Nursing Practice (Psychiatric Mental Health Nurse Practitioner Tract)

Clinical Psychopharmacology

Schizophrenia	Spring 2022- Present
Major Depressive Disorder	Spring 2022- Present
Anxiety	Spring 2022- Present
Bipolar Disorder	Spring 2022- Present
Attention Deficit/Hyperactivity Disorder	Spring 2022- Present
Insomnia/Narcolepsy	Spring 2022- Present
Substance Use Disorder	Spring 2022- Present
Mental Health Patient Assessment	Spring 2022- Present

Introduction to Telehealth

Introduction to Telehealth	Fall 2022- Present
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Telehealth Technology	Fall 2022- Present
Telepresence skills in practice	Fall 2022- Present
Legal, Regulatory, and Quality Considerations	Fall 2022- Present
Licensing, Credentialing, and Privileging	Fall 2022- Present
Billing and Reimbursement	Fall 2022- Present
Ethical Considerations	Fall 2022- Present

Neurobiology of Addictions

Neurobiology of Addictions Overview	January 2023- Present
Screening, Assessment, and Treatment Initiation	January 2023- Present
Pharmacotherapy for Alcohol Use Disorders	January 2023- Present
Medication Assisted Treatment- Opioid Use Disorders	January 2023- Present
Pharmacotherapy for Opioid Use Disorders	January 2023- Present
Preventing Opioid Overdose Education and Naloxone Rescue Kit	January 2023- Present
Treatment of Tobacco use Disorder	January 2023- Present
Pharmacotherapy for Benzodiazepine Use Disorder	January 2023- Present
Pharmacotherapy for Prescription Stimulant Use Disorder	January 2023- Present
Lab Testing in Assessment of Substance Use Disorders	January 2023- Present
Changing Language to Chage Care: Stigma and SUD	January 2023- Present

Graduate Students

Depression Pharmacotherapy	August 2018- 2021
Anxiety Pharmacotherapy	August 2018- 2021
Bipolar Pharmacotherapy	August 2018- 2021
Schizophrenia Pharmacotherapy	August 2018- 2021
ADHD Pharmacotherapy	August 2018- 2021
Alzheimer's Pharmacotherapy	August 2018- 2021

The Harris Center for Mental Health and IDD Teaching Responsibilities

The Role of the Psychiatric Pharmacist in Primary Care Mental Health	February 2022
Depression Management	August 2019
The Psychiatric Pharmacist's Role in Mental Health Management	May 2019

Invited Presentations

"Collaborating with Mental Health Pharmacists to Optimize Multiple Medications"	January 2025
National VA Community Based Outpatient Clinic Mental Health Grand Rounds	
"Approaches to Managing Psychogenic Non-Epileptic Seizures"	April 2024
American Association of Psychiatric Pharmacists Annual Conference	
"A Search and Seizure for Relief- The Effective Pharmacological Treatment of Psychogenic Non-Epileptic Seizures (PNES) with Escitalopram	April 2023

American Association of Psychiatric Pharmacists Annual Conference

“Physician-Pharmacist Collaboration in the Setting of Opioid Use Disorder” University of Texas- Rio Grande Valley	April 2023
“Resiliency” Student Society of Health System Pharmacy	March 2023
“The Friend in Me: Story on Resiliency” Student National Pharmaceutical Association	February 2023
“Physician-Pharmacist Collaboration in the Setting of Opioid Use Disorder” University of Houston College of Medicine	January 2023
“Wellness and Sleep Deprivation” University of Houston College of Pharmacy Summer Camp	June 2021
“Mental Health Disparities in the LGBTQ+ Population” Society for Sexual and Gender Disparities in Pharmacy	October 2020
“The Rise of Cannabidiol” Student National Pharmacists Association Annual Seminar	October 2020
“A Career in Academia” Phi Delta Chi- University of Houston College of Pharmacy- Houston, Tx	October 2019
“Student Wellness Advisory Council” University of Houston College of Pharmacy- Faculty Meeting, Houston, TX	August 2019
“An Update on the New Synthetic Drugs of Abuse” Texas Society of Health System Pharmacists 2018 Annual Seminar, Frisco, TX	April 2019
“Unique Specialties- Psychiatry” Texas Society of Health System Pharmacists 2018 Annual Seminar, Frisco, TX	April 2019
“Being a Successful New Practitioner” College of Psychiatric & Neurological Pharmacists Annual Meeting, Salt Lake City, UT	April 2019
“What I Wish I Knew” College of Psychiatric & Neurological Pharmacists Annual Meeting, Salt Lake City, UT	April 2019
“Houston Health & Safety Summit: Substance Abuse Education & Recovery” University of Houston College of Pharmacy, Houston, TX	October 2018
“A Psychiatric Pharmacists Role in Primary Care Mental Health” University of Houston College of Pharmacy Faculty Retreat, Houston, TX	May 2018
“The Mental Remedy” University of Houston College of Pharmacy Clinical Seminar Series, Houston, TX	October 2017

“Antipsychotic Drug Usage in the Geriatric Population: A Debate” April 2017
Texas Society of Health Systems Pharmacists 2017 Annual Seminar, Galveston, TX

Continuing Education Presentations

“Prescriptions Stimulant Misuse Part 2” April 2025
Texas Society of Health System Pharmacists

“Prescriptions Stimulant Misuse Part 1” September 2024
Texas Society of Health System Pharmacists

“Loperamide: The Unexpected Player in the Opioid Epidemic” January 2023
Texas Society of Health System Pharmacists

“Prescription Stimulant Misuse & Abuse” September 2021
Opioid Learning Institute

“It’s Benzo Long Time Coming: Evaluating the Risks of Benzodiazepines Risks” January 2021
Texas Society of Health System Pharmacists

“Medication Assisted Therapy” July 2020
Texas Society of Health System Pharmacists

“A Call to Counsel- How to Effectively Counsel on Opioid Prescriptions” August 2019
Texas Society of Health System Pharmacists

“Improving Classification of Epilepsy: ILAE Updates” October 2018
Specialty Pharma Education Center

Abstracts and Posters

De La Cruz A, Echeverria L, Makzoumi S, Nguyen A. A Search and Seizure for Relief- The Effective Pharmacological Treatment of Psychogenic Non-Epileptic Seizures (PNES) with Escitalopram. Presented at the 2023 America Association of Psychiatric Pharmacists Meeting. April 2023

De La Cruz A, Luke M, Pulliam A. Picking the Brain: Treatment of Amphetamine/ Dextroamphetamine Induced Excoriation Disorder. Presented at the 2023 America Association of Psychiatric Pharmacists Meeting. April 2023

Al Rawwad T, **De La Cruz A**. Knowledge of Pharmacists' Role in the Management of Opioid Use Disorder: Pharmacy Students' Perspective. Presented at the 2023 America Association of Psychiatric Pharmacists Meeting. April 2023

Al Rawwad T, **De La Cruz A**. The Development and Implementation of an Intensive Substance Use Disorders Curriculum in a Professional Pharmacy Program. Presented at the 2023 America Association of Psychiatric Pharmacists Meeting. April 2023

De Gracia CM, **De La Cruz A**, Marwaha A, Sansgiry S, Zakeri M, Nguyen K. July 2022
Predictors Affecting Academic Progression in a Pharmacy School Program. Presented
at the 2022 Annual American Association of Colleges of Pharmacy (AAPC) Meeting.

El-Desoky R, Varkey D, Wanat M, Thornton D, **De La Cruz A**. Using Alderfer's July 2021
ERG Theory to Identify Predictors of Generalized Anxiety Symptoms among
Pharmacy Students in Response to the COVID-19 Pandemic. Presented at the
2021 AAPC Annual Meeting

Abdelhakiem AK, Wallace D, Nguyen K, **De La Cruz A**. Incorporation of a July 2021
Student Resilience Program into E-Orientation to Improve Stress, Self-Care,
And Resilience. Presented at the 2021 AAPC Annual Meeting

De La Cruz A, Marjan Zakeri, Dave Wallace, et al. Evaluating and Improving the July 2021
Mental Wellness of Pharmacy Students at the University of Houston College of
Pharmacy. Presented at the 2021 Annual AAPC Meeting

Zhong C, Wanat M, Sansgiry S, **De La Cruz A**. Diversity/Life Experience Scores' June 2020
Impact on the Demographic Makeup of Students in a Pharmacy School Program.
Presented at the 2020 Annual AAPC Meeting

De La Cruz A, Aurelio M, Prestenback A, Nair A. Assessment of Mental Health April 2020
Stigma in Pharmacy Students After Implementation of a Mental Health Focused Health Fair.
Presented at the 2020 Annual College of Psychiatric & Neurologic Pharmacists (CPNP) Meeting

Flajc G, Rascon K, Nguyen EA, Kabbani R, Dela Pena J,.. **De La Cruz A**. October 2019
The Impact of Pharmacy Student-Led Opioid Overdose Prevention and Response Education.
Presented at the 2019 Annual AAPC Meeting

De La Cruz A, Kabbani, R, Pitman P, et al. Evaluating and Improving the April 2019
Mental Wellness of Pharmacy Students at the University of Houston College of Pharmacy.
Presented at the 2019 Annual CPNP Meeting

De La Cruz A. "Evaluation of Eligible Candidates for Clozapine Prescribing April 2016
at the North Florida/South Georgia VHS"
Presented at the 2016 Annual CPNP Meeting

Kyrouac K, **De La Cruz A**, Morabito B, Quffa L. "Description of a Newly December 2015
Instituted Teaching Certificate Program"
Presented at the 2015 Annual American Society of Health-System Pharmacists Meeting

Publications- Journals

Shamsi A, Varisco T, **De La Cruz A**, et al. Association of Emotional Intelligence With
Pharmacy Students' Leadership and Academic Performance. Am J Pharm Educ.
2024;88(12):101335. doi:10.1016/j.ajpe.2024.101335

Chen H, Lyu N, Calarge C, **De La Cruz A**, Chan W. The Effectiveness of Metformin in Managing Second Generation Antipsychotic-Induced Weight Gain in Children and Adolescents. *J Clin Psychiatry*. 2023;85(1):23m14894. Published 2023 Dec 20. doi:10.4088/JCP.23m14894

Chen H, Lyu N, Chan W, **De La Cruz A**, Calarge C. "Utilization and Predictors of Adjuvant Metformin for Children and Adolescents on Mixed Receptor Antagonists (Second-Generation Antipsychotics)." *J Am Acad Child Adolesc Psychiatry*. 2023;62(11):1245-1255.

Zhong C, **De La Cruz A**, Wanat M, Sansgiry S. "Impact of diversity/life experience scores on the demographic makeup of pharmacy students." *Currents in Pharmacy Teaching and Learning*. 2023, 15(5): 468-472

El-Desoky R, **De La Cruz A**, Thornton JD, Wanat MA, Varkey D. "Identifying predictors of generalized anxiety among student pharmacists in response to the COVID-19 pandemic." *Currents in Pharmacy Teaching and Learning*. 2023, 15 (1): 34-42

Zakeri M, **De La Cruz A**, Wallace D, Sansgiry S. "General Anxiety, Academic Distress and Family Distress Among PharmD Students." *American Journal of Pharmacy Education*. 2021 Nov, 85 (10) 8522; DOI: 10.5688/ajpe8522

Adil MQ, **De La Cruz A**, et al. "Incidence of Chronic Opioid Use in Previously Opioid-Naïve Patients Receiving Opioids for Analgesia in the Intensive Care Unit." *Federal Practitioner*. 2020 Apr; (1): 170-176

Peckham AM, **De La Cruz A**, Dufresne RL. "Kappa opioid receptor antagonism: Are opioids the answer for treatment resistant depression?" *Ment Health Clin* [Internet] 2018;8(4):175-83. DOI: 10.9740/mhc.2018.07.175

De La Cruz A. "Evaluation of Eligible Candidates for Clozapine Prescribing at the North Florida/South Georgia VHS." *J Pharm Pract*. 2016 Jun; 20(3):269

Publications- National Guidelines

Primary Care of Veterans with HIV Guidelines January 2019
HIV, Hepatitis and Related Conditions Program in the Office of Specialty Care Services. Veteran's Health Administration. U.S. Department of Veterans Affairs

Publications- Review Articles

Management of Insomnia Disorder: Current State of Evidence November 2017
Agency for Healthcare Research and Quality (AHRQ), U.S. Department of Health & Human Services

Managing Insomnia Disorder: A Review of the Research for Adults November 2017
Agency for Healthcare Research and Quality (AHRQ), U.S. Department of Health & Human Services

Publications- Books

De La Cruz A. Interactive Case: ADHD and anxiety co-occurring in adolescents. In: *Geriatric and Pediatric Care*. American College of Clinical Pharmacy. July 17, 2023. Pending Publication

Publications- Magazine Articles

De La Cruz A, Imran A, Thai R. Pharmacist Review of Loperamide Abuse. U.S. Pharmacist Magazine. <https://www.uspharmacist.com/>. December 2021. <https://bt.editionsbyfry.com/publication/?m=22400&i=730577&p=58&ver=html5>

De La Cruz A, Baby C. Concomitant IBS with Major Depressive Disorder. U.S. Pharmacist Magazine. <https://www.uspharmacist.com/>. March 2020. <https://bt.editionsbyfry.com/publication/?i=685958>.

De La Cruz A, Vo K. Antipsychotics for Pain Management. U.S. Pharmacist Magazine. <https://www.uspharmacist.com/>. December 2020. <https://bt.editionsbyfry.com/publication/?i=652270>

Online Publications

De La Cruz A. Prescription Treatment Options for Individuals with Tobacco Use Disorder. <http://www.acc.org>. May 15, 2019. <https://www.acc.org/education-and-meetings/patient-case-quizzes/2019/05/15/15/56/prescription-treatment-options-for-individuals-with-tobacco-use-disorder>.

De La Cruz A, Chionglo AM, Tran T. Current Updates Regarding Antidepressant Prescribing in Cardiovascular Dysfunction. <http://www.acc.org>. Jan 7, 2019. <https://www.acc.org/latest-in-cardiology/articles/2019/01/04/07/59/current-updates-regarding-antidepressant-prescribing-in-cv-dysfunction>.

Media Interviews

Apple Podcasts: Never Generic Podcast. Episode 30: Sleeping Pill Misuse.” April 2025. Available at: <https://podcasts.apple.com/us/podcast/episode-30-sleeping-pill-misuse/id1476588311?i=1000703172929>

KPRC News Interview “What you should ask before trying CBD.” October 31, 2019. Available at: <https://www.click2houston.com/health/what-you-should-ask-before-trying-cbd>

Apple Podcasts: “Never Generic Podcast. Episode 2: Cannabidiol Products.” September 2019. Available at: <https://podcasts.apple.com/us/podcast/episode-2-cannabidiol-products/id1476588311?i=1000449581414>

“Vitals- Trending Topics in Health, Science, and Medicine.” Shanley Pierce. TMC Pulse. October 2019. Available at: <https://www.tmc.edu/news/2019/10/psychedelics-are-back-man/>

“CBD shops thriving in Katy, Sugar Land, and other suburbs” Houston Chronicle. Brooke A. Lewis. August 2019. Available at: <https://www.houstonchronicle.com/news/houston-texas/houston/article/CBD-shops-thriving-in-Katy-Sugar-Land-other-14277404.php>

“Is Kratom, the popular herbal supplement, dangerous?” Vitals- Trending Topics in Health, Science, and Medicine. Shanley Pierce. TMC Pulse; 6 (6) July 2019. Available at: <https://tmcpulse.uberflip.com/i/1138339-july-2019>

“Verify- Link Between Ritalin and School Shooters” WFMY News 2. May 25, 2018. Available at: <https://www.wfmynews2.com/video/news/verify-link-between-ritalin-school-shooters/83-8140744>

“It’s a gamble:” St. Johns Wort, Depression, and Drug Interactions. Heather Boerner. Med Shadow News. September 9, 2018. Available at: <https://medshadow.org/features/st-johns-wort-depression/>

Pharmacy Leaders Podcast: Inspiring Pharmacy Leadership Interviews. Episode 117- Dr. De La Cruz Pharm.D., BCPP, Kaycie Rathburn APhA Institute on Alcoholism and Drug Abuse in Salt Lake City, Utah. June 3, 2018. Available at: <https://pharmacy.libsyn.com/ep-117-dr-de-la-cruz-pharmd-bcpp-kaycie-rathburn-apha-institute>

Editorial Services

Veteran Affairs/Department of Defense Clinical Practice Guideline Fall 2024
Clinical Practice Guideline on Chronic Insomnia and Obstructive Sleep Apnea

Ambulatory Care Resource Guide Spring 2022
American Associations of Colleges of Pharmacy

American College of Clinical Pharmacy (ACCP) Fall 2021- Current
Pharmacotherapy Self-Assessment Programs (SAP)- Major Depressive Disorder

American Journal of Pharmaceutical Education (AJPE) Fall 2021
Editorial Reviewer- Manuscript ID: ajpe8926

Ambulatory Care Resource Guide Spring 2021
American Associations of Colleges of Pharmacy

American Pharmacists Association (APhA) Spring 2020-2021
Pharmacotherapy First Editor – Alcohol Use Disorder

Ambulatory Care Resource Guide Spring 2020
American Associations of Colleges of Pharmacy

American Pharmacists Association (APhA) Fall 2018- 2019
Pharmacotherapy First Editor – Major Depressive Disorder

Grants

ACTIVE

De La Cruz (PI), Aris Jaquez, Alice Vu 01/15/2025- 08/1/2025
Safe Prescribing: A Practical Education Guide on ADHD Stimulants with concomitant Substance Use Disorder

Funder: Mental Illness Research, Education, and Clinical Center (\$5,000)

1 R21 MH125039-01 Chen (PI), De La Cruz 12/01/2020 – 10/31/2022
Effectiveness of metformin for weight control in pediatric patients

Funder: National Institute of Mental Health, (\$455,513)

G0504683, De La Cruz (PI) 09/30/2020-09/29/2022
Expansion of Interprofessional Substance Use Disorders Education among Pharmacy and Medical students (Prac-Ed-SUD-PM)

Funder: Substance Abuse and Mental Health Services Administration (\$200,000)

TI081729-01, Sub-Award: Thornton (PI) 10/01/2018 – 09/30/2020
Texas Targeted Opioid Response: Texas Improved Dissemination and Evaluation of Single-use Disposal Pouches (TIDES) Project

Funder: Texas Health and Human Services Commission via SAMHSA (\$3,340,000)

I0503114New Faculty 2018: Austin De La Cruz (PI) 08/01/2018- 08/01/2020
Assessment of Mental Health Stigma in pharmacy Students After Implementation of a Mental Health Focused Health Fair.

Funder: University of Houston New Faculty Research Grant. (\$5,000/1 year)

Research

“Evaluating and Improving the Mental Wellness of Pharmacy Students at the University of Houston College of Pharmacy In Progress

University of Houston College of Pharmacy- Houston, Tx

“Assessment of Mental Health Stigma in Pharmacy Students After Implementation of a Mental Health Focused Health Fair” In Progress

University of Houston College of Pharmacy- Houston, TX

“Implementation of a Suboxone Standard Operating Procedure” May 2016

North Florida/South Georgia Veterans Health System- Gainesville, FL

Preceptor: Andrea Goldenson, Pharm.D.

“Evaluation of Eligible Candidates for Clozapine Prescribing at the North Florida/South Georgia VHS” May 2016

North Florida/South Georgia Veterans Health System- Gainesville, FL

Preceptor: Karrie Jones, Pharm.D., BCPS, BCPP

“Implementation of a Status Epilepticus Protocol at the North Florida/South Georgia VHS” July 2016

North Florida/South Georgia Veterans Health System- Gainesville, FL

Preceptor: Andrea Isambert, Pharm.D.

- “The Addition of Pharmacists with an Inpatient Delirium Team”** October 2015
North Florida/South Georgia Veterans Health System- Gainesville, FL
Preceptor: Karrie Jones, Pharm.D., BCPS, BCPP
- “A Retrospective Analysis of Lurasidone Use at the North Florida/South Georgia VHS for Bipolar 1 Disorder and Schizophrenia”** June 2015
North Florida/South Georgia Veterans Health System- Gainesville, FL
Preceptor: Barbara Paulison, Pharm.D.
- “A Retrospective Analysis on the Utilization of Lacosamide”** November 2014
North Florida/South Georgia Veterans Health System- Gainesville, FL
Preceptor: Mark Burlingame, Pharm.D.
- “Pharmacy Impacts on HCAHPS Performance Scores”** February 2014
Doctors Hospital at White Rock Lake- Dallas, TX
Preceptor: Jacqueline Pitts, Pharm.D.
- “Flower Mound Pharmacy & Herbal Alternatives Compounding Formulary”** October 2013
Preceptor: Dennis Song, R.Ph.

Professional Organizations

American Association of Colleges of Pharmacy	January 2017- Present
College of Psychiatric and Neurologic Pharmacists	August 2015- Present
American Society of Health-System Pharmacists	October 2012- Present
Texas Society of Health-System Pharmacists	October 2012- Present
American Pharmacists Association	August 2010- Present
Phi Delta Chi Fraternity	November 2010- Present

References

Available upon request