



ALEXANDRA HAFENBRACK

Registered Nurse

EDUCATION

Southwest Florida College

06/2014

Associate of Science in Nursing

WORK EXPERIENCE

Registered Nurse (Float Pool) PCU & Med/Surg, 01/2023–Current
Lee Health- Fort Myers & Cape Coral, FL

- Floats between all 4 Lee Health hospitals and nursing units.
Areas included: Progressive Care (PCU), Medical/Surgical, Trauma, Cardiac, Neurology, Wound Care, Telemetry, Stroke, Neurosurgery, Orthopedics, and Emergency Department Holds.
- Provide staff supervision, guidance, and support through charge nurse leadership.
- Deliver care to patients with various diagnoses.
- Audit charts and review clinical documents to verify accuracy.

Additional Skills:

- Traumatic brain injuries
- Spinal Cord Injuries
- Post Fall Injuries
- Neurosurgery/Orthopedic Spinal Surgeries
- Acute Ischemic and Hemorrhagic Strokes
- Status Post Brain Tumor Resections
- Myocardial Infarctions
- Congestive Heart Failure
- Atrial Fibrillation
- Chronic Obstructive Pulmonary Disease
- Hypertensive Emergencies and Hypotension
- Sepsis
- Hypovolemic Shock
- Urinary Tract Infections

Dedicated and detail oriented Registered Nurse with over 10 years of experience in offering comprehensive patient care with a demonstrated clinical background. I pride myself on having a solid clinical base, excellent critical thinking skills, and over 10 years of chart reviewing and auditing experience.

PHONE:

239-290-9812

Fort Myers, FL

EMAIL:

Alhafenbrack@yahoo.com

WEBSITE:

www.MedicalClarityConsulting.com

License & Certifications:

**Registered Nurse License,
Florida & Compact (Multi-
State)**

**Stroke Certified Registered
Nurse**

Advanced Cardiac Life Support

Basic Life Support

NIH Stroke Scale

Published Author-

- **Embracing Motherhood-
(For First-Time Moms)**
- **Parenting a Child with
Developmental Delays**

- Dementia and Alzheimer's Disease
- Hydrocephalus with Lumbar Drains
- Hydrocephalus with Ventriculoperitoneal Shunt
- Total knee, Total hip and Open Reduction and Internal Fixation Surgeries
- Pressure Injury Wounds
- Fasciocutaneous Rotational Flaps
- Ostomies
- Seizures
- Diabetes
- Alcohol and Drug Withdrawal
- Drug Overdose
- Chest Tubes
- Cardiac Arrhythmias
- Respiratory Failure
- Tracheostomies
- BiPAP, CPAP, and High Flow Oxygen
- Pneumonia
- COVID-19, Influenza, and Respiratory Viruses
- Pulmonary Emboli
- Deep Vein Thrombosis
- Internal and Gastrointestinal Bleeds
- Gastrointestinal Surgeries
- Acute Pancreatitis
- Bowel Perforations
- Bowel Obstructions
- Renal Failure
- Gastric Tube Management
- TPN-Total Parental Nutrition
- Liver Failure
- Blood Transfusions
- Intravenous Cardiac Drips
- Intravenous Blood Thinner Drips
- Intravenous Immunoglobulin
- Central Venous Access Management
- Physical and Chemical Restraints
- Pain Management
- Sedation
- Schizophrenia, Bipolar, Anxiety, and Depression
- Developmental Delays, Autism, Cerebral Palsy
- Monitor Patients Post tPA and TNK
- Palliative and End of Life Care

**Neurology/Stroke PCU, Med/Surg Registered Nurse, 08/2021–
12/2022 (Travel)**

University of Kentucky- Lexington, KY

- Monitor patients post tPA and TNK.

- Traumatic brain injuries (skull fractures and brain bleeds)
- Various bone fractures
- Neurosurgery/Orthopedic Spinal Surgeries
- Acute Ischemic and Hemorrhagic Strokes
- Status post brain tumor resection
- Afib, COPD, CHF, HTN, Sepsis, Dementia
- Hydrocephalus with lumbar drains
- Total knee and total hip surgeries
- Necrotizing fasciitis and Pressure injury wounds

PCU, Med/Surg, Intermediate Care Registered Nurse, 03/2021-07/2021 (Travel)

Vidant Medical Center- Greenville, NC

- Monitor patients while trach vented with arterial lines.
- Monitored, tracked, and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

PCU, Med/Surg, ICU Step-down Registered Nurse, 09/2014-03/2021

Lee Health- Fort Myers, FL

- Provided staff supervision, guidance, and support through charge nurse leadership.
- Deliver care to patients with various diagnoses.
- Monitor patient conditions, including running cardiac, sedative, and analgesic drips as well as updating advanced practitioners on changes in stability or acuity.
- Worked collaboratively with an interdisciplinary team to provide patient centered care.
- Evaluated workflow, established priorities for time sensitive assignments to ensure quality care.