

# Dr. Alexander Rizk

## BOARD CERTIFIED CHIROPRACTIC PHYSICIAN

Dynamic and dedicated Board Certified Chiropractic Physician with a profound commitment to functional and preventative medicine. Passionate about empowering patients to achieve holistic well-being and a vibrant quality of life through innovative healthcare solutions.

### KEY EXPERTISE & CORE ACCOMPLISHMENTS

<i>Functional Medicine</i>	<i>Business Development</i>	<i>Spine/MSK Specialist</i>
<i>Nutritional Support</i>	<i>Sports Medicine</i>	<i>Non-invasive Pain Management</i>
<i>Holistic Wellbeing</i>	<i>Team Leadership</i>	<i>Preventative Primary Care</i>

- Pioneered a university wide Diversity, Equality, and Inclusion program at SCU.
- Successfully co-lobbied for H.R. 2654, increasing co-sponsor numbers significantly.
- Specializing in preventative primary care, functional medicine, sports medicine, and non-invasive pain management.
- Residency program leader; completed at SCU Health Center, CSULA Health Center, and Los Angeles General Medical Center.

### PROFESSIONAL EXPERIENCE

Partner & Associate Physician

Brentwood Spine + Sport - Los Angeles, CA

2025-PRESENT

Served a wide demographic of patients in west Los Angeles specializing in sports medicine, functional medicine, and non-invasive pain management.

- Offered an advanced treatment method paired with integrative care to create unparalleled patient experience and recovery.
- Developed strategic partnerships to enhance service delivery and community engagement.
- Oversaw clinical operations to ensure high standards of patient care and satisfaction.

Physician

Inland Metro Medical Group - Ontario, CA

2024-2025

Performed physical examinations, consultations, and follow ups for various types of patients injured in industrial workforce.

- Co-managed underserved patients with other healthcare providers.
- Treated a variety of complex cases most of which required surgical intervention.
- Supported administration with OKRs and KPIs that flushed out inadequacies in patient care.

### **Clinic Owner**

**2018-2020**

***MEND - Los Angeles, CA***

Ran a kinesiotherapy and nutrition clinic in central Hollywood continuing to offer a signature diversified manual therapy for non-invasive pain management.

- Owned and operated a physiotherapy practice specializing in acute, subacute, and chronic pain.
- Developed strategic partnerships to enhance service delivery and community engagement.
- Oversaw clinical operations to ensure high standards of patient care and satisfaction.

### **Partner & Clinic Director**

**2016-2018**

***Human Garage - Los Angeles, CA***

Directed operations and treatment at a pioneering integrative functional medicine clinic focused on manual therapy, non-invasive pain management and functional movement.

- Managed a multidisciplinary team of healthcare professionals to deliver integrated programs and treatment plans.
- Implemented innovative physical therapeutic services tailored to diverse patient needs.
- Enhanced operational efficiency through strategic hiring and training programs.

### **Lead Personal Trainer**

**2015-2016**

***The Exercise Coach - Chicago, IL***

Managed operations and trained clients utilizing state of the art equipment and techniques at boutique fitness studio.

- Incorporated iso-velocity technology on equipment which measured multi-joint, compound movements.
- Structured programming, testing, and rehabilitation for the geriatric clientele.
- Increased studio revenue and client capacity by 50% in less than one year through ops restructure and quality programming.

### **Director of Youth Soccer Development**

**2014-2015**

***PeppNation Sports Leadership Camps - Milwaukee, WI***

Led the development of youth soccer programs for a non-profit organization.

- Designed and implemented soccer training programs for youth athletes.
- Fostered community engagement through afterschool programs and fundraisers.
- Collaborated with local organizations to promote youth athletics.

### **Strength & Conditioning Coach**

**2013-2014**

***Barwis Methods - Detroit, MI***

Conducted elite training programs for professional athletes across multiple sports.

- Trained athletes from collegiate sports to the NHL, NFL, MLB and NBA.
- Managed community engagement and relationships with local universities.
- Collaborated with coaching staff to offer the most effective and cutting edge standards for our athletes.

## EDUCATION

### **Doctor of Chiropractic Medicine**

*Southern California University, Whittier, CA, 2024*

Graduated summa cum laude with a focus in functional and preventative medicine, actively involved in leadership and advocacy. Residency program leader, completed at SCU Health Center, CSULA Health Center, and Los Angeles General Medical Center.

### **Bachelor of Science in Kinesiology**

*University of Illinois Chicago, Chicago, IL, 2017*

Concentration in exercise science, nutrition, and health promotion, with a strong emphasis on implementing department wide development that was absorbed into the university curriculum.

## SKILLS & ADDITIONAL INFORMATION

### **Technical Skills**

- Chiropractic Techniques
- Functional Assessment
- Nutritional Counseling
- Sports Medicine & Rehabilitation
- Proprietary Spine/MSK Method
- Patient Management
- Wellness Program Development
- Non-invasive Pain Management
- Team Collaboration
- Clinical Operations Management
- Functional Medicine