

ALEXANDER E. OBOLSKY, M.D.

**Board Certified in General, Addiction, and Forensic Psychiatry
Distinguished Fellow of the American Psychiatric Association**

EXPERIENCE

1996 – Present **Alexander E. Obolsky MD, PC** Chicago, IL **Psychopharmacologist & Psychotherapist**

Clinical Mental Health Practice Specializing in:

- *Posttraumatic stress disorder (PTSD)
- *Mild traumatic brain injury (TBI)
- *Both emotional and physical trauma
- *Diagnosis of various psychiatric disorders (i.e. Bipolar, MDD)
- *Diagnosis of various neurobehavioral disorders (i.e. OCD, ADHD)

1999 – Present **ILLUMENTAL Consulting and Testifying Experts, Inc.** Chicago, IL **f/k/a Health & Law Resource, Inc.**

Forensic Psychiatrist

Multidisciplinary Forensic Psychiatric Firm Specializing in:

- *Medical Causation
- *Catastrophic Injuries
- *Posttraumatic Disorders
- *Traumatic Brain Injury
- *Independent Medical Evaluations
- *Psychological and Neuropsychological Testing
- *Personal Injury Litigation
- *Complex Workers' Compensation Claims
- *Occupational Fitness for Duty
- *Malingering
- *Wills and Testamentary Capacity
- *Medical Malpractice

1998– 2001 **Elgin Mental Health Center** Elgin, IL **Inpatient Forensic Treatment Program Assistant Medical Director**

Multidisciplinary treatment for NGRI and UST patients with:

- *Severe psychotic, mood, neurocognitive and personality disorders
- *Clinical forensic diagnostic consultations
- *Forensic risk (dangerousness) assessments
- *Pain treatment (opioid use) assessments
- *Malingering assessment
- *Inpatient staff administration and supervision

1998 – 1999 **The Pain & Rehabilitation Clinic of Chicago** Chicago, IL **Director, Psychiatric Services**

Multidisciplinary clinical group practice focused on

- *Physical and neurological injuries
- *Chronic pain
- *Emotional consequences of physical injuries
- *Emotional consequences of chronic disorders
- *Malingering assessment
- *Corporate and legal psychiatric evaluations

1995 – 1998 **Department of Psychiatry and Behavioral Sciences** Chicago, IL **Northwestern University Feinberg School of Medicine**

Director, Division of Forensic Psychiatry

Multidisciplinary Supervision in the areas of :

- *Forensic psychiatry
- *Neuro psychiatry
- *Forensic psychology
- *Neuro psychology

1993 – 1998 **Northwestern Medical Faculty Foundation, Inc.** Chicago, IL **Director, Psychiatry and Law Program**

Staff Psychiatrist

Multidisciplinary mental health group practice focused on:

- *Thought disorders
- *Mood disorders
- *Anxiety disorders
- *Trauma disorders
- *Neuropsychiatric/Neurodevelopmental disorders
- *Somatoform Disorders
- *Alcoholism and substance use disorders
- *Impulse control disorders
- *Personality disorders

1993 – 1998 **Northwestern Medical Faculty Foundation, Inc.** Chicago, IL **Co-Director, Professionals at Risk Program**

Evaluation and treatment of professionals with:

- *Sexual disorders
- *Paraphilic disorders
- *Impulse control disorders

1995 – 1997 **Occupational Behavioral Health Day Treatment Centers** Westmont, IL **Regional Associate Medical Director**

Short-term partial hospitalization treatment focused on trauma-related mental disorders and work impairments

1994 – 1996 **Department of Psychiatry and Behavioral Sciences** Chicago, IL **Northwestern University Feinberg School of Medicine**
Director, Program for the Study of Organizational Behavior

*Corporate behavioral consulting

*Employee crisis debriefing

*Fitness for duty evaluations

*Psychiatric risk assessments

1994 – 1995 **Occupational Behavioral Health Day Treatment Centers** Westmont, IL **Associate Medical Director**

Short-term partial hospitalization treatment focused on trauma-related mental disorders and work impairments

1990 – 1995 **State of Illinois, Department of Corrections** Warrenville **Juvenile Division: Illinois Youth Center at Warrenville**

Multidisciplinary treatment for incarcerated adolescents

*Psychotic disorders

*Mood disorders

*Impulse-control and conduct disorders

*Neurocognitive disorders

*Personality disorders

*Childhood physical and sexual abuse

*Childhood neglect

PROFESSIONAL BOARDS

1997 – Present Diplomate American Board of Psychiatry and Neurology **General Psychiatry** - Certificate No. 38348

1994 – Present Diplomate American Board of Psychiatry and Neurology **Forensic Psychiatry** - Certificate No. 178

1993 – Present Diplomate American Board of Psychiatry and Neurology **Addiction Psychiatry** - Certificate No. 1233

1994 – 1998 Board Examiner American Board of Psychiatry and Neurology
Psychiatry

LICENSURE

Illinois License of Physician and Surgeon #036-081074 **Indiana** Licensure of Physician #01092221A **Nevada** License of Physician #17875 **Wisconsin** License of Medicine and Surgery #69111-20

HOSPITAL PRIVILEGES

1993 – Present Chicago, IL **Northwestern Memorial Hospital**

1998 – Present Chicago, IL **Shirley Ryan Ability Lab**

f/k/a/ **The Rehabilitation Center**

2010 – 2020 Chicago, IL **NorthShore University Health System Hospitals** 1998 – 2001

Elgin, IL **Elgin Mental Health Center** EDUCATION

1992 – 1993 **Forensic Psychiatry Fellowship** Loyola University Medical Center Maywood, IL

1988 – 1992 **General** **Psychiatry Residency** Northwestern University Hospital
Feinberg School of Medicine Chicago, IL

1984 – 1988 **Doctor of Medicine** Northwestern University Feinberg School of Medicine
Chicago, IL

1980 – 1984 **Bachelor of Science** Northwestern University Evanston, IL ACADEMIC

APPOINTMENTS

2003 – Present **Assistant Professor** Feinberg School of Medicine
Psychiatry & Behavioral Sciences Dept Chicago, IL
Northwestern University

1997 - 1998 **Adjunct Professor** DePaul University College of Law Chicago, IL 1994 - 2006

Adjunct Professor Northwestern University School of Law Chicago, IL

1993 - 2003 **Instructor** Psychiatry & Behavioral Sciences Dept Northwestern University
Feinberg School of Medicine Chicago, IL

TEACHING AND SUPERVISION

2015 – Present The Conundrum of Malingering

Department of Medical Humanities and Bioethics

Northwestern University Feinberg School of Medicine

2014 – 2015 Mass Murder

Department of Medical Humanities and Bioethics

Northwestern University Feinberg School of Medicine

2013 Psychiatric Nosology-Epistemology: Definition of Reasonable Degree of Certainty

Department of Psychiatry

Northwestern University Feinberg School of Medicine

2012 – 2014 Tales from the Forensic Couch

Department of Medical Humanities and Bioethics

Northwestern University Feinberg School of Medicine

2008 – 2010 From Within the Whirlwind

Department of Medical Humanities and Bioethics

Northwestern University Feinberg School of Medicine

2001 – 2007 Physician in Court: Medical

Expertise in a Legal Setting Department of Medical Humanities and Bioethics

Northwestern University Feinberg School of Medicine

2001 – 2007 Psychiatric Dimensions of Medical Practice Department of Medical Humanities and Bioethics Northwestern

University Feinberg School of Medicine

1994 – 2004 Mental Health Law

Northwestern University School of Law

Seminars for First and Second Year Medical Students

Seminars for First and Second Year Medical Students

Forensic Psychiatry Fellowship

Seminars for First and Second Year Medical Students

Seminars for First and Second Year Medical Students

Seminarfor Second Year Medical Students

SeminarforFirst Year Medical Students

Semester Course for 2L or 3L Students

PRESENTATIONS

7/5/19 Careers in Forensic Psychiatry and Psychology

The Chicago School of Professional Psychology

5/22/19 PTSD Claims from First Responders

CLM Workers' Compensation Conference

5/9/19 Navigating mTBI Cases in the WC Environment

Annual Workers' Compensation Seminar

Pollart Miller LLC

1/8/18 Head Injury and Bewilderment: Bringing Clarity to Confusion in Cases of Head Injury, mild Traumatic Brain Injury (mTBI), and Postconcussive Syndrome (PCS) Illinois

Risk Management Services, Illinois Hospital Association

7/14/17 Decision-Making among the Mentally Disordered

35th International Congress on Law & Mental Health

International Academy of Law and Mental Health

7/14/17 Bias in Forensic Mental Health Evaluations

35th International Congress on Law & Mental Health

International Academy of Law and Mental Health

3/8/17 Use of Psychological Testing in Employment Litigation

Lake County Bar Association Employment Law Committee

11/7/16 PTSD & Workplace Violence

CorVel

9/26/16 Psychiatric Consequences of Workplace Violence

ESIS

9/6/16 Mock Trial: Financial Capacity

3rd International Conference on Capacity

International Psychogeriatric Association

10/23/14 **Mock Trial**

Malpractice Suicide Risk Assessment

45th Annual Meeting

American Academy of Psychiatry and the Law

5/15/14 **Demoralization in Medical and Surgical Patients**

Northwestern Healthcare Corporation

3/15/14 **Mild Traumatic Brain Injury (mTBI) and Occupational Functioning**

90th Annual Spring Seminar Central States

Occupational and Environmental Medicine Association

3/14/13 **Psychiatric Aspects of Chronic Regional Pain Syndrome (CRPS)**

Northwestern HealthCare Corporation

4/19/12 **Anatomy of a Forensic Psychiatric IME**

19th Annual Conference

Case Manager Society of America

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Illumental Consulting and Testifying Experts, Inc. (ICTE) www.illumental.com

2/21/12 **How Forensic Psychiatry is Utilized in Case Management**

Woodlake Medical

8/4/11 **"Why Me?" - Grief in Patients after Loss of Functioning**

Northwestern Healthcare Corporation

4/28/11 **Psychiatric Conditions Following Trauma**

The Ark Community Mental Health Center

3/25/11 **Psychiatric Morbidity Following Electrical Injury**

29th Annual Symposium

American College of Forensic Psychiatry

4/16/10 **Forensic Psychiatric Evaluation in Cases of Traumatic Chronic Pain Conditions**

28th Annual Symposium American College of Forensic Psychiatry

VOLUNTEER ACTIVITIES

1992 – Present **Medical Ethics and Humanities Program**

Northwestern University Feinberg School of Medicine

Volunteer Faculty

2011 – 2017 **TheArk**, Not-for-profit, community-funded health agency

Volunteer Psychiatrist

2001 – 2012 **American Red Cross**

Disaster Aftermath Mental Health Outreach Program

Volunteer Psychiatrist

2001 – 2011 **Illinois Department of Health and Human Services**

Community Health Clinic Supervision

Rapid Response Team Supervision

Volunteer Psychiatrist

HONORS

2003 – 2024: **Distinguished Fellow** awarded by American Psychiatric Association

2016 – 2018: **Nominee for Outstanding Professor** by Northwestern University Feinberg School of Medicine

2002 – 2016: List of **America's Top Psychiatrists** by Consumers' Research Council of

America 1996 – 2016: List of **Best Doctors in America** by Best Doctors, Inc.

2012 – 2013: List of **Top Doctors** by Chicago Magazine

2012: Joost Award Nominee for **Outstanding Professor** by Northwestern University Feinberg School of Medicine

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Illumental Consulting and Testifying Experts, Inc. (ICTE) www.illumental.com

1997: List of **Five Hundred Best Physicians** in Chicago by Chicago Magazine 1992 –

1993: **Resident Fellowship** awarded by American Psychoanalytic Association 1992

– 1993: **Fellowship in Academic Psychiatry** awarded by AAP/Mead Johnson 1984 –

1988: **Academic Fellowship** awarded by Forest Hospital

1982 – 1984: **Research Fellowship** awarded by Evanston Hospital

PROFESSIONAL SOCIETIES

Professional Societies Member Served As During

American Academy of Psychiatry and the Law	(Midwest Chapter) 1991 Trauma & Stress 1999-2001	Committee 2008-2011
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Chairman, Fellowship Committee

Planning Committee 1995 – 1998	CME Coordinator 1995 – 1998	President 1994 – 1995
American College of Forensic Psychiatry 2010 Advisory Board Member 2010-2011		
American College of Occupational and	Environmental Medicine 2003 Mental Health Committee	2003 - 2007

Psychiatry
Association of Occupational and Organizational 1997 **Liaison Committee** 1997 – 1998

Association for Academic Psychiatry 1997 **Planning Committee** 1997 – 1998
Illinois Psychiatric Society 1988 **Chairman**, 2007-2010
Private Practice Committee

Counselor 2007-2010 **Legislative Review Team** 2001-2005

Public Affairs Committee 2000-2007 **Counselor** 1995 – 1998
Government Relations Committee 1991 – 1996

Chicago Society for Adolescent Psychiatry 1993 **Counselor** 1993 – 1995 American Academy of
Forensic Sciences 2005
American Neuropsychiatric Association 2000
American Psychiatric Association 1988

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PUBLICATIONS

Lansing, A. E., Lyons, J. S., Martens, L. C., O'Mahoney, M. T., Miller, S. I., & Obolsky, A. (1997, March). The treatment of dangerous patients in managed care: Psychiatric hospital utilization and outcome. *General Hospital Psychiatry*, 19(2), 112–118.

Obolsky, A. (1992, November 20). Conversations in psychiatry. *APA Psychiatric News*, 27(22), 14.

Obolsky, A. (1992, November). *Testifying in court: Guidelines and maxims*, by S. L. Brodsky [Review book]. *The Loyola Psychiatric Forum*, 5(1), 19.

Obolsky, A. (1994). *Treating the homeless mentally ill*, edited by H. R. Lamb, L. L. Bachrach, & F. I. Kass [Review of the book]. *Bulletin of the American Academy of Psychiatry and the Law*, 22(2), 301.

Obolsky, A. (1995). *Dissociation: Clinical and theoretical perspectives*, edited by S. J. Lynn & J. W. Rhue [Review of the book]. *Doody's Health Science Book Review Annual*, 1994–1995.

Obolsky, A. (1996). *Hypnosis, memory, and behavior in criminal investigations*, by K. M. McConkey & P. W. Sheehan [Review of the book]. *Doody's Health Science Book Review Journal*, 4(1).

Obolsky, A. (1996). *Serial killers: The insatiable passion*, by D. Lester [Review of the book]. *Doody's Health Science Book Review Journal*, 4(1).

Obolsky, A., & Miller, I. S. (1998). Addiction psychiatry and the law [Article]. R. J. Francis & S. I. Miller (Eds.), *Clinical textbook of addictive disorders* (2nd edition) Guilford Press.

Obolsky, A. (2002). *Psychological responses to disaster* [Paper presentation]. 28th International Congress on Law and Mental Health, Amsterdam, The Netherlands.

Obolsky, A. (2004, May). Homicide due to a sudden intense passion. *Psychiatric Times*, 21(5), 31–32.

Obolsky, A. (2007). *Forensic evaluation of memory complaints after mild traumatic brain injury* [Paper presentation]. X30th International Congress on Law and Mental Health, Padua, Italy.

Obolsky, A. (2009). *Long term psychiatric conditions following traumatic physical injury* [Paper presentation]. 31st International Congress on Law and Mental Health, New York, NY.

Obolsky, A. (2013). *Review of the current state of knowledge of comorbid mild traumatic brain injury and PTSD in NATO military personnel who served in Iraq and Afghanistan* [Paper presentation]. 33rd International Congress on Law and Mental Health, Amsterdam, The Netherlands.

Obolsky, A., & Cockrell, M. L. (1999). *Psychiatric employability evaluation* [Paper presentation]. 24th International Congress on Law and Mental Health, Toronto, Ontario, Canada.