

**Barbara Barham, R.N., M.S., C.S., C.T.S.**

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**EDUCATIONAL DATA**

<b><u>Institution</u></b>	<b><u>Degree</u></b>	<b><u>Year</u></b>	<b><u>Area of Specialization</u></b>
Rutgers - The State University, New Brunswick, NJ. Major clinical emphasis -	M.S.	1977	Clinical specialist in psychiatric nursing  individual, group and family therapy
Barry College Miami, Florida	B.S.N.	1970	Major: Nursing Minor: Biology

**EMPLOYMENT**

<b><u>Institution</u></b>	<b><u>Position</u></b>	<b><u>Year</u></b>
Private Practice	Therapy, Trainer, Expert Witness, Dementia Consultant	2005-present
Clemson University School of Nursing	Clinical Instructor	2004-present
Brownell Center	Clinical Nurse Specialist/ Therapist	1998-2003
Marshall I. Pickens Hospital	Clinical Nurse Specialist	1995-2003
Marshall I. Pickens Hospital Greenville Hospital System Greenville, South Carolina	Head Nurse Adolescent Program	1988-1995
Private Practice	Individual, Group and Family Therapy, Mental Health Consultation	1978-1990
Clemson University	Assistant Professor	1982-1988

College of Nursing Clemson, South Carolina	Instructor	1978-1982
College of Medicine and Dentistry Nurse Practitioner Program New Brunswick, New Jersey	Communication Skills Supervisor	1976-1977
Hunterdon Medical Center Flemington, New Jersey	Staff Relief Psychiatry	1976-1977
Cooperative School for Pregnant Teenagers Durham, North Carolina	School Nurse	1972-1973
Durham County Health Department Durham, North Carolina	Public Health Nurse	1971-1973
Duke University Medical Center Durham, North Carolina	Staff Nurse Intensive Care Nursery	1970-1971
Baptist Hospital Columbia, South Carolina	Staff Nurse Psychiatric Unit	1970

## **RESEARCH**

“The Effect of Progressive Relaxation Related to Test Taking in Students of Nursing.” (1980)

“An Exploratory Study of Extended Nursing (Breastfeeding),” 1977 (Master’s Thesis)

## **PUBLICATIONS**

“Dementia? What’s a Nurse to Do?” ADVANCE FOR NURSES, February, 2001.

Periodic columns in “Living Well”, column appearing in South Carolina newspapers written by Clemson College of Nursing, 1980’s.

Book Review of “Childbearing: Physiology, Experiences and Needs” by Wiggins in Nursing Outlook, December, 1980.

“Reaching Out to Pregnant Adolescents”, American Journal of Nursing. 1975

### **HONORS**

- 1998 Certification by Association of Traumatic Stress Specialists as Certified Trauma Specialist (CTS)-Renewed every three years.
- 1995 Who’s Who in American Nursing
- 1984 Certified by American Nurses Association as Clinical Specialist in Psychiatric/Mental Health Nursing (CS)-Renewed every 5 years.
- 1980 Outstanding Young Woman of America
- 1979 Recipient of Clemson University Faculty Research Grant
- 1977 Inducted into Sigma Theta Tau, national nursing honorary
- 1975 Recipient of National Institute of Mental Health Grant for graduate study
- 1970 Inducted into Kappa Gamma pi, National Catholic honorary
- 1970 Life Member of Lamda Sigma, Barry College honorary

### **COMMUNITY SERVICE**

- Anderson Crisis Response Team, founding member 1992-present
- South Carolina Crisis Response Team, member 1993-present
- Anderson Civic Chorale, member 1990-present
- Greenville County-Church Diversion Committee (Solicitor’s Office) 1994
- Upstate SC Alzheimer’s Association Board of Directors 1996-2004  
2005-present
- Upstate SC Alzheimer’s Association Speaker/Educator 2000-present
- Upstate SC Alzheimer’s Association Vice President Board of Directors 1997-2001
- Upstate SC Alzheimer’s Association President Board of Directors 2001-2003
- Presbyterian Disaster Response, International Volunteer 2002
- Presbyterian Disaster Assistance International Crisis Response Team 2003-present

### **TOPICS OF WORKSHOPS AND LECTURES GIVEN TO VARIOUS GROUPS**

“Me? You’ve Got to be Kidding.” A Simulation Game on Teenage Pregnancy and Parenthood

“Trauma and the Elderly”

“Diversity: Recognizing Our Own Biases”

“The Use of Simulation Games for Psychiatric/Mental Health Nurses”

“Pediatrix”-a game simulating the hospitalization of latency children

“Terminex” -a game simulating communication about and diagnosis of terminal illness

“The Birth of the Second Child: A Separate Development Crisis”

“Review of Psychiatric/Mental Health Nursing”

“Stress management”

“Counseling Adolescents”

“Communication about Offensive Body Odor”

“Groups for Elementary School Children of Single Parent Families”

“Latch Key Children: Issues Related to Leaving Children at Home Alone”

“Joint Custody”

“Test-Taking Strategies”

“Gender Dysphoria-Cross Dressing”

“Dementia”

## **AREAS OF INTEREST**

Crisis, trauma

International health issues

Health technological advances and ethical issues

Health related ethics

Family development

Depression

Death and dying  
Sexuality education  
Simulation-games  
Guided imagery  
Joint custody  
Geropsychiatry  
Dementia  
Thought field therapy (TFT)

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**RESUME ADDENDUM**

Duties as Clinical Nurse Specialist (1995-2003)

- Coordination of the development, design, and training for staff in the geropsychiatric unit
- Conduction of individual and family therapy for selected patients and their families on geropsychiatric unit
- Case management and some placement assistance
- Education for patients and families about specific illnesses and family issues
- Education for family members of dementia patients in twice monthly classes of 2½-3 hours
- Provision of formal and informal education for geropsychiatric staff
- Provision of community education on topics such as depression, suicide, dementia and other issues in aging
- Service to Probate Court as Designated Examiner, providing recommendations to the court related to the need for involuntary hospitalization; testimony in Probate Court
- Supervision of graduate students in their advanced nursing practice
- Assistance in the development of the Geropsychiatric Partial Hospitalization Program: functioned as staff relief nurse
- Provision of support to staff and family members related to complex demanding patient or family situations
- Interview of staff candidates

Duties at Brownell Center (1998-2003)

- Provision of individual and family therapy, primarily to older adults and their families
- Performance of the initial part of cognitive evaluations, by obtaining the medical history, the family history and doing several screening tests for cognitive function and depression
- Performance of crisis assessments related to need for inpatient or outpatient services in geriatric patients

Provision of crisis debriefings for community organizations or businesses  
Education of office staff about psychiatric illnesses, suicidal assessment,  
and communication in difficult situations  
Consultation to attorneys on geriatric issues  
Interview of physician candidates to practice