

**CURRICULUM VITAE**  
**Ruth Ann Plotkin, M.D.**

**HOME ADDRESS:** 38 LANGAN STREET  
BROWNSVILLE, TEXAS 78521  
(956) 548-1120

**OFFICE ADDRESS:** 847 RIDGEWOOD STREET  
BROWNSVILLE, TEXAS 78520  
(956) 541-5383

**DATE OF BIRTH:** JULY 31,1952

**PLACE OF BIRTH:** PITTSBURGH, PENNSYLVANIA

**MARITAL STATUS:** MARRIED 1981 TO JACOB PLOTKIN  
CHILDREN ARIEL 1984  
AARON 1987

**EDUCATION:** 1958-70 ROSARIAN ACADEMY, W.PALM BEACH, FLORIDA  
CLASS VALEDICTORIAN  
1970-74 WELLESLEY COLLEGE, WELLESLEY, MASSACHUSETTS  
B.A. BIOLOGY -- WELLESLEY SCHOLAR  
1975-1979 UNIVERSITY OF MIAMI SCHOOL OF MEDICINE  
MIAMI, FLORIDA

**POSTGRADUATE TRAINING:**

1979-81 PEDIATRIC INTERNSHIP AND RESIDENCY  
CHILDRENS HOSPITAL OF PHILADELPHIA

1981-82 PEDIATRIC SENIOR RESIDENCY  
UNIVERSITY OF MASSACHUSETTS  
WORCESTER, MASSACHUSETTS

1982-83 CLINICAL FELLOW IN ENDOCRINOLOGY  
CHILDRENS HOSPITAL MEDICAL CENTER  
BOSTON, MASSACHUSETTS

**BOARD CERTIFICATION:** NATIONAL BOARD OF MEDICAL EXAMINERS 1980  
FEDERAL LICENSING EXAMINATION BOARD 1981  
TEXAS STATE BOARD OF MEDICAL EXAMINERS 1982  
AMERICAN ACADEMY OF PEDIATRICS 1984

**HOSPITAL ASSOCIATIONS:** BROWNSVILLE MEDICAL CENTER, BROWNSVILLE, TX  
VALLEY REGIONAL MEDICAL CENTER BROWNSVILLE, TX  
VALLEY BAPTIST MEDICAL CENTER HARLINGEN, TX  
MCALLEN MEDICAL CENTER MCALLEN, TX

PROFESSIONAL ASSOCIATIONS:

AMERICAN ACADEMY OF PEDIATRICS  
TEXAS MEDICAL ASSOCIATION  
CAMERON-WILLACY COUNTY MEDICAL SOCIETY  
PEDIATRIC ENDOCRINE SOCIETY OF TEXAS  
AMERICAN DIABETES ASSOCIATION

FACULTY APPOINTMENTS:

CLINICAL ASSISTANT PROFESSOR OF PEDIATRICS  
UNIVERSITY OF TEXAS SAN ANTONIO, TX

CLINICAL ASSISTANT PROFESSOR OF PEDIATRICS  
DRISCOLL CHILDRENS HOSPITAL  
CORPUS CHRISTI, TX

PROFESSIONAL ACTIVITIES:

1983 - PRESENT PRIVATE PRACTICE OF PEDIATRIC ENDOCRINOLOGY  
BROWNSVILLE, TX  
1984-85 BOARD MEMBER, PLANNED PARENTHOOD OF  
CAMERON AND WILLACY COUNTIES  
1986-89 VOLUNTEER PHYSICIAN, CAMERON COUNTY HEAD START  
1986-87 VOLUNTEER PHYSICIAN, JUNIOR SERVICE LEAGUE  
WELL BABY CLINIC  
1992-PRESENT STAFF PEDIATRIC ENDOCRINOLOGIST  
VALLEY PEDIATRIC SUB-SPECIALTY CLINIC  
1992-93 LEADERSHIP TEXAS  
1993 CHAIRMAN, JUVENILE DIABETES SUPPORT GROUP OF  
THE RIO GRANDE VALLEY  
1997-PRESENT BOARD MEMBER, BROWNSVILLE MEDICAL CENTER  
DIABETES TASK FORCE  
1998-PRESENT BOARD MEMBER, RIO GRANDE VALLEY CHAPTER OF  
THE AMERICAN DIABETES ASSOCIATION

RESEARCH ACTIVITIES:

CONTINUOUS GLUCOSE INFUSION FOR THE TREATMENT OF PATIENTS WITH  
TYPE 1 GLYCOGEN STORAGE DISEASE  
STUDY PUBLISHED IN THE AMERICAN JOURNAL OF CLINICAL NUTRITION  
1990

PREVALANCE OF OBESITY AND ACANTHOSIS IN HISPANIC  
CHILDREN/ADOLESCENTS CLINICAL STUDY IN PROGRESS SPONSORED BY  
UNIVERSITY OF TEXAS

STUDY OF THE SAFETY AND EFFICACY OF METFORMIN IN THE TREATMENT OF  
CHILDREN AND ADOLESCENTS WITH TYPE 2 DIABETES  
CLINICAL STUDY IN PROGRESS SPONSORED BY BRISTOL-MYERS-SQUIBB