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EDUCATION

- 1972-1976** BA: New College. Sarasota, Florida
Majors: Chemistry and creative writing
- 1979-1984** MD: University of California, San Francisco; San Francisco, California
- 1982-1983** Masters' Program in Fine Arts, Interdisciplinary Creative Arts
San Francisco State University,
- 1984-1985** Psychiatry and Rotating Internship: Harbor-UCLA Medical Center; Torrance, California
- 1985-1987** Residency in Psychiatry: Harbor-UCLA, Medical Center, Torrance, California
- 1987-1989** Child Psychiatry: UCLA Neuropsychiatric Institute, Los Angeles, California
- 1988-1989** Chief Fellow in Child Psychiatry: UCLA

BOARD CERTIFICATIONS

- 1991** Psychiatry (American Board of Psychiatry and Neurology)
- 1991** Child and Adolescent Psychiatry (American Board of Psychiatry and Neurology)

ACADEMIC APPOINTMENTS

- 1989-present** Assistant Clinical Professor
Department of Psychiatry and Biobehavioral Sciences
UCLA School of Medicine, Los Angeles, California
- 2005-present** Assistant Clinical Professor

Department of Psychiatry and Behavioral Science
University of Southern California, Los Angeles, California

EMPLOYMENT

- Sept 05-Current** Ward Chief, Adolescent Inpatient Unit, and Assistant Clinical Professor of Psychiatry, University of Southern California, Los Angeles
- Apr-May 05** Psychiatric Relief Work, (volunteer), International Medical Corps, Banda Aceh, Indonesia
- Sept 04-Feb 05** Chief of Child Inpatient Unit, Kedren Hospital and Community Treatment Center, Los Angeles, California
- 1999 – 2004** Director of Research, Hathaway Children's Clinical Research Institute, Sylmar, California
- 1991 – 1999** Chief of Psychiatry, Hathaway Children and Family Services, Sylmar, California
- 1988 - 1991** Clinical Child Psychiatrist, Hathaway Children's Village, Sylmar, California

RELATED WORK EXPERIENCE

- 1997** Consultant, Child Psychiatry Program Development, Hollygrove Children's Center, Hollywood, California
- 1989 - 1995** Private Practice in Child and Adolescent Psychiatry Manhattan Beach, California.
- 1988 - 1992** Qualified Medical Examiner, evaluation and treatment of psychiatrically injured workers.
- 1977 – 1978** Counselor/ Team Leader at St. George Homes, Jungian residential treatment for schizophrenic and autistic adolescents, Berkeley CA.

RESEARCH EXPERIENCE

Founding Director, Hathaway Children's Clinical Research Institute

RESEARCH PROJECTS

Developed a comprehensive database documenting trauma histories, symptoms, and functioning in multiple domains for a longitudinal outcomes project focusing on consequences of severe interpersonal trauma in a population of ethnically diverse youth in residential treatment. Used same data set to examine cross-sectional relationships of scientific merit and interest.

Examined Best Practices across the spectrum of services provided by Hathaway's major sites including two community-based outpatient clinics, all residential, foster care, family preservation and substance abuse services (total agency budget: \$18 Million).

Initiated Collaborative projects to explore improved treatment models for chronically traumatized children in residential treatment as well as examining alternatives to residential treatment.

GRANTS

The BC McCabe Foundation. \$750,000, 2001-2004.

This grant funded the Institute. It paid for the development of Institute infrastructure and the first three years of data collection.

Renewal of the BC McCabe Foundation Grant. \$ 650,000, 2004

This renewal grant focused on Best Practice evaluation across the agency. This grant also paid for many agency-wide direct service costs. These grants resulted in the development of a comprehensive database on over 100 traumatized youth.

Sugar, J., Rodriguez, N., Peritraumatic Dissociation, Current Dissociation and Posttraumatic Stress Disorder in Traumatized Youth. Presented at ISTSS meetings, 2003, Manuscript in Preparation.

Sugar, J., Rodriguez, N., Somatization and Dissociation in Traumatized Youth. Manuscript in Preparation.

In addition it is expected that other publications may result from further analysis of the data.

BOOK REVIEW

Sugar, J, Preventing Antisocial Behavior: Interventions from Birth through Adolescence. *Journal of the American Academy of Child and Adolescent Psychiatry*, 33:4, 598-600, 1994,

PRESENTATIONS

Rodriguez, N, Sugar, J, Validation of the Youth PTSD Scale in Adolescents, Presented at the annual meeting of ISTSS, New Orleans, November, 2005

Sugar, J., Rodriguez, N., Peritraumatic Dissociation, Current Dissociation and Posttraumatic Stress Disorder in Traumatized Youth, Presented at the annual meeting of the International Society of Traumatic Stress Studies, (ISTSS), Chicago, Illinois, November, 2003

Sugar, J, Lajonchere, C, Hunt, A, Rodriguez, N, Peritraumatic Dissociation and Posttraumatic Stress Disorder in Traumatized Youth in Residential Treatment, Presented at the annual meeting of ISTSS, Baltimore, Maryland, November, 2002

Lajonchere, C, Sugar, J, Hunt, A, Rodriguez, N, Complex Posttraumatic Stress Disorder in Multiply Traumatized Youth, Presented at the annual meeting of ISTSS, Baltimore, Maryland, November, 2002

Sugar, J, Institute on Time in Child Psychotherapy. Chairman, Annual meeting of the American Academy of Child and Adolescent Psychiatry, (AACAP), Anaheim, California, October, 1998

Sugar, J, Time Machines, Magnetic Fingers, and Magic Carpets: The Subjectivity of Space and Time in Child Hypnosis, AACAP annual meeting, Anaheim, California, October, 1998

Sugar, J, Time for the Soul: Wisdom in Your Day planner. Presented at the AACAP annual meeting, Anaheim, October 1998. Repeated at AACAP annual meeting, Chicago, October, 1999, at AACAP annual meeting, New York, October, 2000, at AACAP annual meeting, Honolulu, Hawaii October, 2001, and AACAP annual meeting, Miami, October, 2003

Sugar, J, Winnicott's Notion of Transitional Phenomena May Explain Why Both Hypnosis and Play Can Successfully Treat Dissociative Children. Presentation to the International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May, 1997.

Sugar, J, The Hypnotic Induction Profile for Children. Presentation to the International Society of Clinical and Experimental Hypnosis biennial meeting, San Diego, CA, May, 1997

PRESENTATIONS (cont'd)

Sugar, J, Institute on Brief Psychotherapy for Children and Adolescents. Co-Chair, AACAP annual meeting, New York, October, 1994,

Sugar, J, Hypnosis and Hypnotherapy in the Brief Psychotherapy of Children and Adolescents. Presented at the AACAP annual meeting, New York, October 1994.

Sugar, J, Roles, Boundaries, Authorization, and Projective Identification in a Large Residential Treatment Center. Presented at the 11th Scientific Meeting of the A.K. Rice Institute, Los Angeles, California, May 8, 1993.

PROFESSIONAL ORGANIZATIONS

American Psychiatric Association
American Academy of Child and Adolescent Psychiatry
International Society of Traumatic Stress Studies
American Society of Clinical Hypnosis

PROFESSIONAL SERVICE ACTIVITIES

Consultant, National Center for Child Traumatic Stress, UCLA (part of National Child Traumatic Stress Network, (NCTSN), a 30-plus site Substance Abuse and Mental Health Services Administration-funded project) Appointed January 2005

Founding Chairperson for Residential Treatment Committee of NCTSN, following organizing and leading "Raising the Bar: Improving the Quality of Care for Children in Out-of-home Placement" at Hathaway, April, 2004

Southern California Society of Child and Adolescent Psychiatry
Executive Committee, 1994-2000;
President 1999

American Academy of Child and Adolescent Psychiatry
Disaster and Trauma Committee, 2004-current
Psychotherapy Committee. 1992-2001
Outcomes Research Task force 1995-1999

Residential Treatment Committee 1994-1999
Assembly of Regional Councils Delegate, 1997-98

Southern California Psychiatric Society
Executive Council; Regional Representative, 1995-1999