

CURRICULUM VITAE

CAROL ANNE RUPE, MD

3201 Mill Pond Road, Charlotte, NC 28226

(704) 552-9762

MEDICAL PRACTICE: **Charlotte's Premiere Health Care**
3230 Prosperity Church Road, Suite 101
Charlotte, North Carolina 28269
Phone: (704) 510-4366 **FAX:** (704) 510-4347

EDUCATION: Undergraduate: Bachelor of Science (1976-1980)
University of Notre Dame
South Bend, IN

Graduate: MD (1980-1984)
Georgetown University, School of Medicine
Washington, DC

POSTGRADUATE TRAINING:

Internship: Malcolm Grow USAF MC, Andrews AFB, MD
Dates: 1984-1985

Residency: Malcolm Grow USAF MC, Andrews AFB, MD
Dates: 1985-1987

Fellowship: Faculty Development, UNC, Chapel Hill, NC
Dates: 1990-1991

SPECIALTY CERTIFICATION: 1987 - Diplomat, American Board of Family Practice
Recertified 1993, 1999 and 2005

MEDICAL LICENSURE: North Carolina

PAST POSITIONS:

Family Physician, Bolling Clinic
Bolling AFB, Washington DC
(July 1, 1987 to July 1, 1988)

Family Practice Physician & FP Residency Faculty Staff Member
Malcolm Grow Medical Center, Suitland MD
(July 1, 1988 to Aug 1, 1993)

Family Practice Physician, Nalle Clinic
Charlotte, NC
(Aug 2, 1993 to May 1, 2000)

Family Practice Physician, Medical Plaza FP
Charlotte, NC
(May 1, 2000 to June 1, 2001)

Medical Director, Saturn Nursing and Rehabilitation Center
Charlotte, NC
(April 1, 1994 to July 31, 2004)

Medical Director Beverly Health Care, Charlotte, NC
(Jan 1, 2004 to Mar 22, 2006)

Medical Director Heritage, Harrisburg, NC
(Jun 1, 2002 to Aug 31, 2007)

Medical Director Park Village, Charlotte, NC
(Oct 1, 2005 to Sept 30, 2007)

Medical Director Community Home Health Care and Hospice
(Sept 2007 to Sept 2009)

Medical Director, Preston House Assisted Living
(July 2008 to Sept 2009)

Medical Director, Hunterwoods, Charlotte, NC
(June 1995 to Feb 2010)

PRESENT POSITIONS:

President & Family Practice Physician
Charlotte's Premiere Health Care
Charlotte, North Carolina

President, Mountain View MDs

Medical Director, The Court Assisted Living Center
Charlotte, NC

Medical Director, Golden Living of Charlotte Nursing and Rehabilitation Center
Charlotte, NC

Medical Director, Golden Living of Dartmouth Nursing and Rehabilitation Center
Charlotte, NC

Medical Director, Peak Resources Nursing and Rehabilitation Center
Charlotte, NC

Medical Director, The Oaks, Nursing and Rehabilitation Center
Harrisburg, NC

Adjunct Instructor, UNC Chapel Hill, NC

COMMITTEE ASSIGNMENTS AND APPOINTMENTS:

Jun 1985-Jun 1987	Air Force Delegate , AMA-RPS
Jun 1986-Jun 1987	House Staff President, Unit Advisory Representative, MGMC
Jun 1987-Jun 1988	Officer in Charge, Acute Care Clinic, Physical Exam Section, Sensitive Duty Section, and Immediate Response Team, Bolling AFB, DC
Jun 1988-Jun 1990	Family Practice Representative to Company Grade Officer Committee
Feb 1989-Aug 1991	Undergraduate Coordinator, MGMC Family Practice Department
Dec 1991	Reference Committee Member, AMA Young Physicians Section
Jul 1988-Aug 1992	Family Practice Liaison to Physical Therapy Rotation
Jul 1988-Aug 1992	Family Practice Liaison to Internal Medicine Department

Sep 1988-Aug 1992	Family Practice Liaison to Geriatrics
Aug 1991-Jul 1992	Clinic Chief, Family Practice Department
Jun 1987-Jul 1993	Affiliate Faculty for ACLS, Uniformed Services U. of the Health Sci. (USUHS)
Jun 1987-Present	Advanced Cardiac Life Support (ACLS) Instructor
Jun 1988-Jul 1993	Air Force Delegate to AMA, Young Physicians Section
Apr 1989-Jul 1993	Pediatric Advanced Life Support (PALS) Instructor
Jun 1989-Jul 1993	Assistant Clinical Professor, USUHS
Sep 1989-Jul 1993	Instructor, Intro to Clinical Medicine, USUHS
Apr 1990-Jul 1993	Assistant Clinical Professor, Georgetown University
Oct 1990-Jul 1993	Group Facilitator, Ethics Course, USUHS
Jul 1991-Jul 1993	Co-Instructor, 3rd YR Behavioral Science Rounds
Jul 1992-Jul 1993	Quality Assurance Coordinator
Nov 1990-Present	Book Reviewer for Family Medicine Magazine
Jan 1994- Jan 1995	Managed Care Committee, Nalle Clinic
Jan 1994-May 1999	NC Medical Society Benefits & Membership Services Committee
Aug 1992-Jul 1993	Neonatal Advanced Life Support (NALS) Instructor
Aug 1993-Present	Preceptor, Carolinas Medical Center, Family Medicine Department
Jun 1994-Jun 1996	Young Physician Section Governing Council Member of the AMA, Alt. Delegate to AMA -HOD
Jun 1995-Jan 1996	Nondues income committee Mecklenburg County Medical Society
Nov 1995-Present	Committee on Aging, North Carolina Medical Society
Jan 1996-May 1999	Board of Directors, Mecklenburg County Medical Society
Jun 1995-Jan 1996	Alternate Delegate to the NCMS for the MCMS
Jan 1996-May 1999	Delegate to the NCMS for the MCMS
Jun 1993-Present	Review articles for American Family Physician

Nov 1995-Present	Review articles of Archives of Family Practice
Jan 1996-May1999	Liaison Women's Health Committee MCMS
Nov 1995	Reference Committee A NCMS Annual Meeting
Dec 1994	Ref. Committee on Constitution and Bylaws , AMA-HOD Interim Meeting, Hawaii
Oct 1995	YPS representative to the Woman's Leadership Summit
Nov 1995-Dec 1996	Chair Elect, North Carolina Medical Society-YPS
Nov 1994-Nov 1995	Secretary, North Carolina Medical Society-YPS
Jan 1997-Jan1999	Chair, North Carolina Medical Society-YPS
Jan 1997-present	Alternate Delegate from North Carolina to the AMA-HOD
Jan 1997-May1999	Vice Councillor MCMS to North Carolina Medical Society
Jan 1994-May1999	Liaison from the NCMS to the NC Society of Medical Assistants
Dec 1997	Reference Committee B member for the AMA-HOD Annual Meeting, Chicago
April 1997-April 1998	Steering Committee Member and Chair of the NCMS Leadership Conference for Spring 1998
Jan 1998-May 1999	Planning Council NCMS
Jan 1998-May1999	Sesquecentennial Committee NCMS
Jan 1998-May1999	Chair, Membership and nondues income Committee NCMS
Jan 1998- Jan 2000	Chair, Family Practice Presbyterian Hospital, Charlotte, NC
Jan1998-present	Adjunct, Clinical Instructor, UNC, Chapel Hill
Sep 2001-Dec 2003	Medical Director, Tar Heel Home Health
July 2001-Dec 2003	Board of Directors, Outreach Healthcare Services

TOPICAL LISTING OF PRESENTATIONS, MEDIA EVENTS & SEMINARS:

1987 - 1995

Presentations: Diabetes Mellitus, Anemia, Failure to Thrive, Preventative Care of the Patient with Down Syndrome, "FP's Knowledge of Infant Nutrition", "Headaches, How to Stop the Pain"

Media: Video "Pediatric Resuscitation"

Seminars: Anemia, Failure to Thrive, Headache, Preventative Care of the Patient with Down Syndrome, "FP's Knowledge of Infant Nutrition"

1996 - 2000

Presentations: Medicine in Transition, Thyroid Disorders, Alzheimers Diseases

Media: None

Seminars: Headaches, Diagnosis & Treatment, Differential Diagnosis of Headaches & Treatment

2001 - 2004

Presentations: Diabetes Mellitus, Anemia, Failure to Thrive, Preventative Care of the Patient with Down Syndrome, "FP's Knowledge of Infant Nutrition", "Headaches, How to Stop the Pain"

Media: Radio Consultant, WXXXX

Seminars: Anemia, Failure to Thrive, Headache, Preventative Care of the Patient with Down Syndrome, "FP's Knowledge of Infant Nutrition"

COMPLETE LIST OF PRESENTATIONS, MEDIA, & SEMINARS

Jul 1987-88 In Services on Diabetes Mellitus, Epiglottitis, and Verruca Vulgaris, Bolling AFB, Washington DC

Nov 1989 Wrote, directed and performed U.S. Air Force videotape: "Pediatric Resuscitation"

Apr 1990 U.S. Army Medical Surgery Conference, Garmisch, Germany: Lectures on Anemia, Failure to Thrive, and Headache

Aug 1990 Noon Conference, MGMC: Anemia

Nov 1990 Noon Conference, MGMC: Failure to Thrive

Feb 1991 Lecture to MGMC Faculty and Residents: "Teaching on Ward Rounds"

Mar 1991 Lecture to MGMC Faculty and Residents: "Use of Videotaping in Teaching"

Aug 1991 Noon Conference, MGMC: Headache

Sep 1991 Franklin Square FP Residency (Baltimore, MD) Grand Rounds: Failure to Thrive

Nov 1991 FP/ER Army Conference, Bitburg, Germany: Lectures on Failure to Thrive, Headache, Preventative Care of the Patient with Down Syndrome, Anemia

Jan 1992 Noon Conference, MGMC: Preventative Care of the Patient with Down Syndrome

Jan 1992 Poster Presentation: "FP's Knowledge of Infant Nutrition", Research Conference Atlanta, GA

May 1992 Noon Conference, Ft Belvoir, DeWitt Hospital: Headaches, Instruction on Formal Lecturing

Nov 1992 Noon Conference, MGMC: Ward Round Teaching

Jan 1993 Third Primary Care Research Conference: Agency for Health Care Policy & Research, HHS: Family Physician's Knowledge of Infant Nutrition

Jan 1993 Noon Conference, MGMC: Infant Nutrition

May 1993 FP Review Course, MGMC: Down Syndrome-A Family Practice Approach

Jun 1993 Primary Care Research Conference: What 4th Year Medical Students Value in a FP Residency Program

Sep 1994 Noon Conference, FP Dept. Carolinas Medical Center (CMC); Failure to Thrive

Dec 1995 Noon Conference, Malcolm Grow Med Center; Medicine in Transition

Feb 1995 Evening conference, Borders Bookstore; Headaches, How to Stop the Pain

Nov 1996 NCMS Annual Meeting Pinehurst, NC; Medicine in Transition

May 5, 1997 Bowman Gray Medical School; Medicine in Transition

July 31-
Aug 1 1997 AAFP National Conference of Med Students and Residents; Medicine in Transition, Kansas City, MO

Jan 15, 1998 University of North Carolina, Charlotte; Thyroid Disorders

Apr 25, 1998 University of North Carolina, Chapel Hill; Medicine in Transition

Apr 26, 1998 Borders Bookstore, Charlotte, NC; Headaches. How To Stop The Pain

May 19, 1999 Concord, NC, Primary Headaches

July 30, 1998 AAFP National Congress of Medical Students and Residents; Headaches Diagnosis and Treatment, Kansas City, MO

July 30, 1998 AAFP National Congress of Medical Students and Resident; Medicine in Transition

July 27, 1999 Arden Courts, Charlotte, NC; Alzheimer's Disease

July 29, 1999 AAFP Congress of Medical Students and Residents; Differential Diagnosis and Treatment of Headaches

Oct 28, 1999 University of North Carolina, Charlotte, NC; Thyroid Disorders

Nov 11, 1999 Charlotte, NC; Epilepsy in the Elderly

Dec 2, 1999 Concord, NC; Alzheimer's Disease,

Dec 16, 1999 Concord, NC; Alzheimer's Disease,

Mar 2, 2000 Clarebridge Assisted Living, Charlotte, NC; Dementia,

Mar 8, 2000 Grand Rounds Presbyterian Hospital, Osteoporosis: Differential Diagnosis and Treatment Charlotte, NC

Mar 9, 2000 Fayetteville, NC; Osteoporosis: Differential Diagnosis and Treatment,

Apr 6, 2000 Winston-Salem, NC, Osteoporosis: Differential Diagnosis and Treatment,

Apr 14, 2000 Charlotte, NC; Osteoporosis: Differential Diagnosis and Treatment,

Apr 16, 2000 Charlotte, NC; Hypertension: New Approach to Treatment,

Apr 25, 2000 Osteoporosis: Differential diagnosis and Treatment, King, NC

Apr 27, 2000 Primary Headaches: Differential Diagnosis and Treatment, Charlotte, NC

Apr 29, 2000 Hypertension: New Approach To Treatment, Concord, NC

May 11, 2000 Osteoporosis: Differential Diagnosis and Treatment, Shelby, NC

May 13, 2000 Osteoporosis: Differential Diagnosis and Treatment, Charlotte, NC

May 16, 2000 Differential Diagnosis and Treatment of Headaches, Charlotte, NC

May 17, 2000 Differential Diagnosis and Treatment of Headaches, Charlotte, NC

May 18, 2000 New Treatment Options for Osteoporosis, Charlotte

June 3, 2000 New Treatment Options For Hypertension, Charlotte, NC

June 28, 2000 Round Table on Osteoporosis, Charlotte, NC

Aug 3, 2000 PTSD, Albemarle, NC

Aug 10, 2000 Behavioral Disturbances in the Elderly, Charlotte, NC

Sept 21, 2000 New Treatment Options for Migraine, Charlotte, NC

Oct 20, 2000 New Treatment Options For PMDD, Johnson City, TN

Oct 21, 2000 Diagnosis and Treatment Of Osteoporosis, Johnson City, TN

Nov 14, 2000 Diagnosis and Treatment of Osteoporosis, Charlotte, NC

Nov 18, 2000 Treatment of Behavioral Disorders In The Patient With Dementia, Charlotte, NC

Jan 13, 2001 Treatment of Behavioral Disorders In The Patient With Dementia, Charlotte, NC

Jan 16, 2001 Treatment of Behavioral Disorders In The Patient With Dementia, Cornelius, NC

Jan 24, 2001 Seizures in The Elderly, New Orleans, LA

Jan 25, 2001 Diagnosis and Treatment of Osteoporosis, Gastonia, NC

Jan 30, 2001 Diagnosis and Treatment of Osteoporosis, Concord, NC

Feb 1, 2001 Behavioral Disturbances in Patients with Dementia, Concord, NC

Feb 2, 2001 Behavioral Disturbances in Patients with Dementia, Matthews, NC

Feb 3, 2001 Round Table on Behavioral Disturbances in the Elderly, Charlotte, NC

Feb 10, 2001 Behavioral Disturbances in Patients with Dementia, Southern Pines, NC

Feb 13, 2001 Behavioral Disturbances in the Elderly, Rock Hill, NC

Mar 13, 2001 ARB's in HTN, Charlotte, NC

Mar 21, 2001 Seizure Disorders in the Elderly, Chicago, IL

Mar 22, 2001 Behavioral Disturbances in the Elderly, Hickory, NC

Mar 27, 2001	Prozac Weekly, Charlotte, NC
Mar 29, 2001	Osteoporosis, New Treatment Options, Salisbury, NC
Apr 2, 2001	Osteoporosis, New Treatment Options, Rock Hill, NC
Apr 6, 2001	Osteoporosis, New Treatment Options, Greensboro, NC
Apr 7, 2001	Osteoporosis, New Treatment Options, Greensboro, NC
Apr 10, 2001	Behavioral Disturbances in the Elderly, Asheboro, NC
Apr 12, 2001	Behavioral Disturbances in the Elderly, Rockingham, NC
Apr 19, 2001	Behavioral Disturbances in the Elderly, Cornelius, NC
Apr 21, 2001	Behavioral Disturbances in the Elderly, Charlotte, NC
Apr 26, 2001	New Treatment Options for the Treatment of Migraines, Concord, NC
Apr 28, 2001	Prozac Weekly, Charlotte, NC
May 8, 2001	Behavioral disturbances in the Elderly, Franklin, NC
May 10, 2001	New Perspectives on the Treatment of Hypertension, Concord, NC
May 11, 2001	Diagnosis and Treatment of Osteoporosis, Naples, FL
May 12, 2001	Diagnosis and Treatment of Osteoporosis, Ft. Myers, FL
May 12, 2001	New Treatment Options in the Treatment of Depression, Ft. Myers, FL
May 24, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 24, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 24, 2001	OB/GYN Grand Rounds: New Perspectives on the Treatment of Osteoporosis, Univ of TN Med School, Johnson City, TN
May 24, 2001	Round Table on the treatment of Osteoporosis, Johnson City, TN
May 25, 2001	Diagnosis and Treatment of Osteoporosis, Johnson City, TN
May 25, 2001	Treatment of Seizures in the Elderly, Charlotte, NC
May 30, 2001	Round Table on the Treatment of Behavioral Disturbances in the Elderly and New Treatment Options for Depression, Salisbury, NC
Jun 14, 2001	Round Table on the Treatment of Behavioral Disturbances in the Elderly, Waynesville, NC

Jun 14, 2001 Treatment of Behavioral Disturbances in the Elderly, Waynesville, NC

Jun 20,2001 Consultant Meeting Presentation on a Broad Spectrum Psychotropic Medication, Dallas, TX

Jun 29, 2001 Treatment of Behavioral Disturbances in the Elderly, Asheville, NC

July 9,2001 Seizure Disorders in the Elderly, Charlotte, NC

July 24, 2001 Alterra-Clarebridge, Dementia: Strategies for the Caregiver, Charlotte, NC

July 31, 2001 Regional Consultant Meeting, Behavioral Disturbances and the use of A Broad Spectrum Psychotropic, Louisville, KY

Aug 14, 2001 Regional Consultant Meeting: Behavioral Disturbances and the use of a Broad Spectrum Psychotropic, Phoenix, AZ

Sept 5, 2001 Treating the Treatment Resistant Depressed Patient, Hickory, NC

Sept 6, 2001 Behavioral Disturbances in the Elderly, Columbia, SC

Sept 20,2001 Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC

Sept 22, 2001 Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC

Sept 23,2001 Cardiovascular Disease in Women, Southern Women's Show, Charlotte, NC

Oct 1, 2001 Difficult to Treat Depression-Breakfast Roundtable, Winston-Salem, NC

Oct 1,2001 Difficult to Treat Depression-Lunch Roundtable, Winston-Salem, NC

Oct 14, 2001 Saturn Nursing & Rehabilitation, Dementia: Strategies for the Caregiver, Charlotte, NC

Oct 16, 2001 Use of Anti-seizure Medications in the Elderly, Baltimore, MD

Nov 12, 2001 Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference

Nov 13, 2001 Behavioral Disturbances in the Long Term Setting, New Orleans, LA

Nov 26, 2001 Treatment of Behavior and Mood Disturbances in Primary Care, Teleconference

Nov 29, 2001 Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference

Dec 18, 2001 Treatment of Behavioral and Mood Disturbances in Primary Care, Teleconference

Jan 19, 2002 Teaching Speaker Training On Mood Disorders, Dallas, TX

Jan 28, 2002 Mood Disturbances in Long Term Care, Charlotte, NC

Jan 30,2002 Treatment of Behavioral Disturbances In The Elderly, Charlotte, NC

Feb 5, 2002	Treatment of Mood Disorders in Primary Care, St. Louis, MO
Apr 9, 2002	Treatment of Mood Disorders in Primary Care, Dearborn, MI
Apr 30,2002	Diagnosis and Treatment of Osteoporosis, Smithfield, NC
May 1, 2002	Breakfast Roundtable on Osteoporosis, Raleigh, NC
May 1, 2002	Lunch Roundtable on Osteoporosis, Raleigh, NC
May 18, 2002	Primary Care Updates, Mood and Bipolar Disorders, St. Louis, MO
June 6,2002	Diagnosis and Treatment of Migraines, Charlotte, NC
June 13, 2002	Teleconference: Treatment of Mood Disorders, Charlotte, NC
June 22, 2002	Primary Care Updates, Mood and Bipolar Disorders, Philadelphia, PA
June 24,2002	Seizures in the Elderly, Spartanburg, SC
July 2,2002	NCAFP, Behavioral Disturbances in the Elderly, Myrtle Beach, SC
Aug 10,2002	Maryland Association of Long Term Care Pharmacy Consultants, Seizures in the Elderly, Rocky Gap, MD
Aug 20, 2002	Behavioral Disturbances in the Elderly: Round Table, Charlotte, NC
Sept 14, 2002	Primary Care Updates, Mood and Bipolar Disorders, Atlanta, GA
Sept 23, 2002	Novel Use Of A Broad Spectrum Psychotropic Med for Fibromyalgia, Charlotte, NC
Oct 5,2002	PCP Updates, Mood Disorders In Primary Care, Cincinnati, OH
Oct 8,2002	Mood Disturbances In The Elderly, New York, NY
Oct 21,2002	Mood Disturbances In Primary Care, Knoxville, TN
Oct 21,2002	Mood Disturbances In Primary Care, Knoxville, TN
Oct 22, 2002	Mood Disturbances In Primary Care, Knoxville, TN
Oct 22, 2002	Mood Disturbances In Primary Care, Knoxville, TN
Oct 28, 2002	Mood Disorders In Primary Care, Concord, NC
Nov 6, 2002	Teleconference on Mood Disorders In Primary Care, Charlotte, NC
Nov 7,2002	Osteoporosis, Charlotte, NC
Nov 9, 2002	SCAFP, Use Of Atypical Antipsychotics In Primary Care

Dec 9, 2002 Mood Disorders In Primary Care, Concord, NC

Dec 10, 2002 Mood Disorders In Primary Care, Charlotte, NC

Dec 10, 2002 Mood Disorders In Primary Care, Teleconference, National

Dec 12, 2002 Mood Disorders In Primary Care, Teleconference, National

Dec16, 2002 Mood Disorders In Primary Care, Teleconference, National

Dec 17,2002 Mood Disorders In Primary Care, Teleconference, National

Jan 16, 2003 Mood Disorders In Primary Care, Teleconference, Spartanburg, NC

Jan 20, 2003 Mood Disorders In Primary Care, Nashville, TN

Jan 20, 2003 Mood Disorders In Primary Care, Nashville, TN

Jan 21, 2003 New Challenges In Preventing Osteoporosis, Nashville, TN

Jan 29, 2003 Preventing Osteoporosis, Concord, NC

Jan 31, 2003 Pri-Med, Depression: Treating To Recovery, Portland, OR

Feb 19,2003 Treatment and Prevention of Osteoporosis, Matthews, NC

Feb 26,2003 Pri-Med, Depression; Treatment to Recovery, Chicago, IL

Mar 4, 2003 Bipolar Disorder in Primary Care, Teleconference

Mar 5, 2003 Osteoporosis Prevention and Treatment, Harrisburg, NC

Mar 10,2003 Use of Antiepileptics in Primary Care, Charlotte, NC

Mar 13,2003 Pri-Med, Depression: Treatment to Recovery, Melville, NY

Mar 26,2003 Osteoporosis, Prevention and Treatment Lunch Roundtable, Raleigh, NC

Mar 26,2003 Osteoporosis, Prevention and Treatment, Raleigh, NC

Apr 24,2003 Pri-Med: Depression: Treatment to Recovery, St. Louis, MO

Apr 26,2003 Evista: It is not just About Bone, Matthews, NC

Apr 30,2003 Treatment and Prevention of Osteoporosis, Ft. Myers, FL

May 1, 2003 Treatment and Prevention of Osteoporosis, Ft. Myers, FL

May 6, 2003 Pri-Med, Depression: Treating to Recovery, Tampa, FL

May 12, 2003 New Treatment Options in Osteoporosis, Wilson, NC

May 12, 2003 Evista: It's Not Just About Bone, Dunn, NC

May 14,2003 Evista: It's Not Just About Bone, Concord, NC

Jun 4, 2003 Evista; It's Not Just About Bone, Kannapolis, NC

Jun 14,2003 Depression; Treatment To Remission, Hauppauge, NY

Jun 16, 2003 New Treatments For Osteoporosis, Raleigh, NC

Jun 16, 2003 New Treatments For Osteoporosis, Louisburg, NC

Jun 23, 2003 Evista; It's Not Just About Bone; 3 talks in one day. Boca Raton, FL

Jun 24, 2003 Evista; It's Not Just About Bone; 3 talks in one day, Boca Raton, FL

July 6, 2003 Evista; It's Not Just About Bone, Wilson, NC

July 6, 2003 Evista: It's Not Just About Bone, Durham, NC

July 19, 2003 Depression: Treatment To Remission, St. Louis, MO

July 26, 2003 Depression: Treatment To Remission, Chicago, IL

Aug 4, 2003 New Treatment Options in Osteoporosis, Nashville, TN

Aug 4, 2003 Evista; It's Not Just About Bone, Nashville, TN

Aug 12, 2003 New Treatment Options In Osteoporosis, 3 talks in one day; Memphis, TN

Aug 18, 2003 Treatment Of Mood Disorders In Primary Care, Kannapolis, NC

Aug 20, 2003 Treatment Of Mood Disorders In Primary Care, Statesville, NC

Sept 9, 2003 Pri-Med, Difficult To Treat Depression, Philadelphia, PA

Oct 2, 2003 NP conference, Osteoporosis: Prevention and Treatment, Charlotte, NC

Oct 3, 2003 Grand rounds Mercy Hospital, Osteoporosis: Prevention and Treatment, Charlotte, NC

Oct 7, 2003 Pri-Med, Difficult To Treat Depression, Atlanta, GA

Oct 16, 2003 Treatment of Agitation in the Elderly, Charlotte, NC

Nov 13,2003 Pri-Med, Treating Depression in Primary Care, Durham, NC

Nov 26, 2003 Prevention of Stroke in the General Population, Teleconference

Dec 3, 2003 Prevention of Stroke in The General Population, Teleconference

Dec 15, 2003 Pri-Med, Treatment of Mood Disorders in Primary Care, Pittsburgh, PA

Dec 12, 2003 Prevention and Treatment of Osteoporosis, Lexington, KY

Dec 12, 2003 Prevention and Treatment of Osteoporosis, Lexington, KY

Jan 21, 2004 Advances in the prevention of antibiotic resistance, Charlotte, c

Feb 13, 2004 Recognizing Bipolar Disorder in Primary Care, Concord NC

Feb 17, 2004 New Treatments for Alzheimer's Dementia, Gastonia, NC

Feb 23, 2004 Teleconference, Bipolar Disorder in Primary Care, Charlotte, NC

Mar 5, 2004 Primed, Depression, Twin Cities, MN

Mar 6, 2004 Primed, Depression, San Diego, CA

Mar 16, 204 New Treatment Options for Alzheimer's Dementia, Raleigh, NC

Mar 25, 2004 Recognizing Bipolar Disorder in Primary Care, Charlotte, NC

Apr 20, 2004 Prevention and Treatment of Osteoporosis, Memphis, TN

Apr 20, 2004 Prevention and Treatment of Osteoporosis, Memphis, TN

Apr 20, 2004 Prevention and Treatment of Osteoporosis, Memphis, TN

Apr 21, 2004 New Treatment Options for Alzheimer's Dementia, Charlotte, NC

May 3, 2004 The Many Faces of Bipolar Disorder, Charlotte, NC

May 5, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, La Jollette, TN

May 5, 2004 Diagnosing and Treating Disorder in Primary Care, Newport, TN

May 5, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN

May 6, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN

May 6, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, LaJollette, TN

May 6, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, Knoxville, TN

May 11, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, Charlotte, NC

Jun 12, 2004 Primed Updates; Depression, Miami, FL

Jun 28, 2004 Teleconference; Secondary Stroke Prevention, Charlotte, NC

Jun 29, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care; Spartanburg, SC

Jun 29, 2004 Diagnosing and Treating Bipolar Disorder in Primary Care, Spartanburg, SC

July 20, 2004 Teleconference: Secondary Stroke Prevention, Charlotte, NC

Aug 26, 2004 Family Night, Beverly Healthcare, What Has Changed in the Treatment of Dementia, Charlotte, NC

Sept 3, 2004 Mall Walker's Talk, Prevention and Treatment of Osteoporosis, Gastonia, NC

Sept 17, 2004 Mall Talk, Osteoporosis; Charlotte, NC

Sept 18, 2004 Mall Talk, Osteoporosis, Gastonia, NC

Sept 19, 2004 Mall Talk, Osteoporosis, Monroe, NC

Oct 27, 2004 Round table; Treatment of Community Acquired Pneumonia, Charlotte, NC

Nov 11, 2004 Inservice Rosewood Estates, How to Manage Behavioral Issues in the Patient with Dementia, Charlotte, NC

Jan 24, 2005 Treatment of Community Acquired Pneumonia, Charlotte, NC

Jan 26, 2005 Treatment of Community Acquired Pneumonia, Charlotte, NC

Mar 2, 2005 Primed Updates; Update on Depression; San Francisco, CA

Mar 9, 2005 Primed Updates; Update on Depression; Oakbrook Terrace, IL

Mar 19, 2005 Primed Updates; update on Depression; St. Louis, MO

Mar 22, 2005 Screening for osteoporosis; Gastonia, NC

Apr 04, 2005 Prevention of Osteoporosis; Gastonia, NC

Apr 05, 2005 Prevention of Osteoporosis; Gastonia, NC

Apr 07, 2005 Prevention of Osteoporosis, Belmont, NC

May 9, 2005 Prevention of Osteoporosis, Charlotte, NC

May 11, 2005 Prevention of Osteoporosis, Charlotte NC

May 22, 2005 Prevention of Osteoporosis, Gastonia, NC

Jun 07, 2005 Prevention of Osteoporosis, Charlotte, NC

Jun 1, 2005 Recognizing Bipolar Disorder, Charlotte Weekly, Charlotte, NC

Jun 08, 2005 Recognizing Bipolar Disorder, WBTV, Charlotte, NC

Jun 11, 2005 Depression: Treating the Emotional and Physical Symptoms, Primed Update, Miami,FL

Jul 20, 2005 Treating Moderate to Severe Alzheimer's Dementia, Charlotte, NC

Aug 30, 2005 Treatment of Osteoporosis, Charlotte, NC

Nov 10, 2005 Treatment of Depression, Charlotte, NC

Nov 15, 2005 Treatment of Overactive Bladder, Wilson, NC

Nov 15, 2005 Treatment of Overactive Bladder, Smithfeild, NC

Nov 15, 2005 Treatment of the Agitated Patient, Charlotte, NC

Nov 18, 2005 Treatment of Depression, Primed Updates, Melville, NY

Nov 23, 2005 Treatment of Respiratory Tract Infections, Davidson, NC

Dec 7, 2005 Treatment of Migraines, Charlotte, NC

Feb 20, 2006 Recognition and Treatment of Dementia; Concord, NC

Feb 23, 2006 Primed Update: Depression: Treating to Remission, Ft. Lauderdale, FL

Feb 28, 2006 New Paradigm in the Treatment of LRI's: Winston-Salem, NC

Mar 15, 2006 Recognition and Treatment of Dementia, Concord, NC

Mar 15, 2006 Migraine: Diagnosis and Treatment; Kannapolis, NC

Apr 19, 2006 Primed Updates: Depression: Treatment to Remission, Anaheim, CA

Apr 27, 2006 Dementia; Recognition and Treatment, Charlotte, NC

Jul 28, 2006 Osteoporosis: It is Not Just About Bone, Charlotte, NC

Aug 10, 2006 OAB; How It Impacts The Geriatric Population, Charlotte, NC

Aug 25, 2006 A New Paradigm For Smoking Cessation, Charlotte, NC

Aug 28, 2006 Migraine: How To Stop The Aching Head, Kannapolis, NC

Sep 6, 2006 New treatment for Smoking Cessation: Charlotte, NC

Sep 7, 2006 New Treatment of Smoking Cessation, Charlotte, NC

Sep 25, 2006 Let's Remember Bone Health, Charlotte, NC

Sep 26, 2006 Changes in the Treatment of Common Pathogens, Wilmington, NC

Oct, 13, 2006 Treatment of Poor Bone Health, Matthews, NC

Nov 9, 2006 Treatment of Bipolar Disorder in Primary Care, Charlotte, NC

Nov 16, 2006 Treatment of migraine headaches. Davidson, NC

Nov 17, 2006 Help with Smoking Cessation Charlotte, NC

Nov 30, 2006 Primed Depression, Richmond, VA

Dec 7, 2006 New Frontiers in the Treatment of Diabetes Mellitus, Charlotte, NC

Dec 7, 2006 Changing the Paradigm in Insulin Treatment, Charlotte, NC

Dec 11, 2006 Prevention of Osteoporosis, Columbia, SC

Dec 13, 2006 Recognizing New Onset Dementia in the Nursing Home Setting, Charlotte, NC

Dec 14, 2006 Recognizing Bipolar Disease in Primary Care, Charlotte, NC

Jan 4, 2007 Recognizing Bipolar Disease in Primary Care, Charlotte, NC

Jan 10, 2007 Treatment of Osteoporosis in Primary Care, Charlotte, NC

Jan 18, 2007 Recognition of Dementia in the Nursing Home Population, Charlotte, NC

Jan 23, 2007 Weeding Out the Bipolar Patient in Primary Care, Kannapolis, NC

Jan 26, 2007 Weeding Out the Bipolar Patient in a Primary Care Setting, Charlotte, NC

Feb 6, 2007 Dementia in the Primary Care Setting, Charlotte, NC

Feb 7, 2007 Bipolar Disease in the Primary Care Setting, Harrisburg, NC

Feb 22, 2007 Recognizing Dementia in the Nursing Home Setting, Charlotte, NC

Mar 8, 2007 Help With Smoking Cessation, Charlotte, NC

Mar 22,2007 Dx of Bipolar Disorder, Little Rock, AK

Mar 26, 2007 Treatment of HSV, Charlotte, NC

Apr 4, 2007 Dx of Bipolar Disorder, Columbia, SC

Apr 26, 2007 The New Inhaled Insulin and Its Use, Albemarle, NC

May 3, 2007 Recognizing Dementia in Primary Care, Charlotte, NC

May 15, 2007 Dx of Bipolar Disorder in Primary Care, Jonesboro, AK

May 16, 2007 Dx Bipolar Disorder in Primary Care, Charlotte, NC

May 17,2007 Dx Dementia in Primary Care, Charlotte, NC

Jun 6, 2007 Dx Bipolar disorder in Primary Care, Orlando, FL

Jun 13, 2007 Use of Inhaled Insulin in Primary Care, Charlotte, NC

Jul 9, 20007 Dx of Dementia in Primary Care, Charlotte, NC

Aug 1, 2007 Secondary Prevention of CV Events with the Use of Statins ,Charlotte, NC

Aug 2, 2007 Secondary Prevention of CV Events with the Use of Statins, Charlotte, NC

Aug 22, 2007 Alzheimer's Dementia in Long Term Care Charlotte, NC

Sept 11, 2007 Secondary Prevention of CV Events with the Use of Statins, Huntersville, NC

Sept 20, 2007 Smoking Cessation, Albemarle, NC

Sept 21, 2007 Anabolic Agents in The Treatment of Osteoporosis, Cherryville, NC

Oct 4, 2007 Anabolic Agent Treatment of Osteoporosis and the Prevention of Breast Cancer in the postmenopausal Woman, Tullonoma, TN s in The Treatment of Osteoporosis, Rock Hill, NC

Oct 16, 2007 Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Yardley, PA

Oct 17, 2007 Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Westchester, PA

Oct 18, 2007 Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Pikeville, KY

Oct 25, 2007 Treatment of Osteoporosis and Prevention of Breast Cancer in the Postmenopausal Woman, Pinehust, NC

Nov 7, 2007 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Tullonoma, TN

Nov 8, 2007 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Tullonoma, TN

Nov 20, 2007 Cholesterol, Treating to New Totals, Huntersville, NC

Nov 27, 2007 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Charlotte, NC

Dec 13, 2007 Cholesterol, Treating to new Totals, Charlotte, NC

Jan 2, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Gastonia, NC

Jan 14, 2008 Treatment of Osteoporosis in the Prevention of Breast Cancer in the Postmenopausal Woman, Gaffney, SC

Jan 17, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Matthews, NC

Feb 7, 2008 Cholesterol, Treating to New Totals, Charlotte, NC

Feb 12, 2008 Treating Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Astoria, NY

Feb 13, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman breakfast round table, New York, NY

Feb 13 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman lunch round table, New York, NY

Feb 14, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, New York, NY

Mar 11, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Concord, NC

Mar 17, 2008 Treatment of Osteoporosis and the Prevention of Breast Cancer in the Postmenopausal Woman, Mint Hill, NC

Mar 19, 2008 Diagnosis and Treatment of Fibromyalgia, Charlotte, NC

Apr 4, 2008 Treatment of Osteoporosis, Charlotte, NC

May 1, 2008 Smoking Cessation Strategies, Charlotte, NC

June 5,2008 Preventing that First Osteoporotic Fracture, Charlotte, NC

July 17, 2008 Early Diagnosis and Treatment of Alzheimer's Dementia, Charlotte, NC

Aug 1, 2008 Diagnosis and Treatment of Fibromyalgia, Belmont, NC

Sept 4, 2008 Early Diagnosis and Treatment of Dementia, Matthews, NC

Sept 10, 2008 Early Diagnosis and Treatment of Alzheimer's Dementia, Charlotte, NC

Sept 10, 2008 Recognizing and Treating Alzheimer's Dementia, Charlotte, NC

Sept 17, 2008 Lay talk on When Home is No Longer Safe, Charlotte, NC

Sept 26, 2008 Not Letting Depression go Untreated, Davidson, NC

Sept 30, 2008 Recognizing and Treating Alzheimer's Dementia, Charlotte, NC

Oct 7, 2008 Early Treatment of Alzheimer's Dementia, Mint Hill, NC

Oct 8, 2008 Not Letting Depression go Untreated, Charlotte, NC

Oct 10, 2008 When Osteoporosis Has Gone Too Far, Pineville, NC

Oct 14, 2008 Importance of Early and Continued treatment of Alzheimer's Dementia, Charlotte, NC

Oct 22, 2008 Protecting Bone and Breast , Salisbury, NC

Nov 5, 2008 Dementia in LTC, Charlotte, NC

Nov 12, 2008 Difficult to Treat Depression, Pineville, NC

Nov 17, 2008 Difficult to Treat Depression, Concord, NC

Dec 2, 2008 Osteoporosis in Women, Charlotte, NC

Dec 9, 2008 Dementia in the Elderly, Rock Hill, NC

Jan 9, 2009 Protecting Bone and Breast, Charlotte, NC

Jan 23, 2009 Fibromyalgia Treatment, Stanley, NC

Jan 28, 2009 Protecting Bone and Breast, Charlotte, NC

Feb 4, 2009 Protecting Bone and Breast, Concord, NC

Feb 9, 2009 Preventing That Next Fracture, Charlotte, NC

Feb 10, 2009 Dementia Treatment in LTC, Charlotte, NC

Feb 24, 2009 Difficult to Treat Depression , Lincolnton, NC

Mar 3, 2009 Protecting Bone and Breast, Concord, NC

Mar 4, 2009 Osteoporosis Treatment Once a Year, Charlotte, NC

Mar 12, 2009 Dementia Treatment in LTC, Charlotte, NC

Mar 24, 2009 Dementia Treatment in LTC, Statesville, NC

Mar 25, 2009 Dementia Treatment in LTC, Charlotte, NC

Apr 15, 2009 Treatment of Severe Dementia, Charlotte, NC

Apr 15, 2009 Dementia Treatment in LTC, Charlotte, NC

May 13, 2009 Treatment of Cachexia, Greensboro, NC

May 20, 2009 Prevent That Next Fracture, Charlotte, NC

May 28, 2009 CME on Fibromyalgia, Los Angeles, CA

Jun 3, 2009 Once a Year Infusion for Osteoporosis, Philadelphia, PA

Jun 6, 2009 CME on Fibromyalgia, Orlando, FL

Jun 18, 2009 Preventing Caregiver Burnout in Alzheimer's Dementia, Charlotte, NC

Jun 23, 2009 Preventing Caregiver Burnout in Alzheimer's Dementia, Charlotte, NC

Jun 25, 2009 Treating Osteoporosis, Charlotte, NC

July 14, 2009 Dx and Tx of Depression, Kannapolis, NC

July 31, 2009 Treatment of Osteoporosis, Statesville, NC

Aug 19, 2009 Treatment of Cachexia, Lumberton, NC

Aug 27, 2009 Dx of Dementia in LTC, Charlotte, NC

Sept 8, 2009 Dx of Dementia in LTC, Charlotte, NC

Sept 10, 2009 Treatment of Cachexia, Charlotte, NC

Sept 23, 2009 Treatment of Osteoporosis, Greenville, NC

Sept 24, 2009 Treatment of Osteoporosis, Raleigh, NC

Sept 28, 2009 Treatment of Cachexia, Greensboro, NC

Sept 28, 2009 Treatment of Osteoporosis, Charlotte, NC

Oct 2, 2009 Dx and Tx of Alzheimer's Dementia in LTC, Spartanburg, SC

Oct 5, 2009 Dx and Tx of Alzheimer's Dementia in LTC, Valdese, NC

Oct 8, 2009 Treatment of Alzheimer's Dementia in LTC., Foley Beach, SC

Oct 12, 2009 Treatment of Alzheimer's Dementia, Valdese, NC

Oct 26, 2009 Treatment of Alzheimer's Dementia in Long Term Care, Rockhill, SC

Nov 5, 2009 Treatment of Alzheimer's Dementia, Charlotte, NC

Nov 11, 2009 Treatment of Alzheimer's Dementia, Hudson, NC

Nov 18, 2009	Treatment of Alzheimer's Dementia, Gastonia, NC
Dec 2, 2009	Treatment of Alzheimer's Dementia, Belmont, NC
Jan 19, 2010	Fibromyalgia Treatment, Harrisburg, NC
Feb 2, 2010	Treatment of Alzheimer's Dementia, Bristol, TN
Feb 18, 2010	Treatment of Osteoporosis, Charlotte, NC
Feb 25, 2010	Treatment of Osteoporosis, Charlotte, NC
Mar 10, 2010	Treatment of Depression, Midland, NC
Apr 21, 2010	Treatment of Dementia, Charlotte, NC
Apr 23, 2010	Treatment of Dementia, Belmont, NC
Apr 29, 2010	Recognizing Dementia in LTC, Charlotte, NC
May 6, 2010	Diagnosing Fibromyalgia, Cornelius, NC
May 11, 2010	Treatment of Dementia, Kings Mountains, NC
May 20, 2010	Treatment of Osteoporosis, Salisbury, NC
June 10, 2010	Diagnosing Fibromyalgia, Hamlett, NC

RESEARCH:

1986-1988	Use of rapid tests for Group B Strep on vaginal swabs on women in labor
1989-1991	Use of TENS unit on women in labor
1990-1991	Family physicians' knowledge of infant nutrition (Presented at AHCPR, Jan 1993)
1991-1993	FP interns' needs in a FP residency program
2004-2005	LEAPS trial
2004-2006	Initiate Plus Diabetic Trial

PROFESSIONAL MEMBERSHIPS:

American Academy of Family Physicians
North Carolina Academy of Family Physicians
American Medical Directors Association
North Carolina Medical Directors Association

HONORS/AWARDS:

Summa Cum Laude, University of Notre Dame
Alpha Epsilon Delta Honor Society
Notre Dame AFROTC Award for Outstanding Senior Cadet
Vice Commandant's Award, AFROTC
American Legion Award, AFROTC
Daughters of the American Legion Award, AFROTC
Outstanding Third Year Resident Award MGMC, Andrews, AFB, MD
Georgetown University Land Award in Family Medicine
Archie Hoffman Award for Outstanding Intern, MGMC, Andrews AFB, MD
Honors Graduate, Advanced Trauma Life Support Combat Casualty Care Course
Air Force Achievement Medal
Air Force Meritorious Service Medal
Outstanding Family Teaching Staff, Andrews AFB, MD 1991