

CURRICULUM VITAE

Sandra J. Higelin, M.S.N., R.N., C.S., CWCN, CLNC
Nurse Consulting Services
PMB #213
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ACADEMIC AND PROFESSIONAL PREPARATION

1993 Medical University of South Carolina
Charleston, South Carolina
Bachelor of Science, Nursing

1996 Medical University of South Carolina
Charleston, South Carolina
Master of Science, Nursing

LICENSURE AND CERTIFICATION

Registered Nurse Licensure: California
Clinical Specialist Gerontological Nursing
ANCC/California
Certified Wound Care Nurse (CWCN)
Certified Legal Nurse Consultant (NACLNC)

PROFESSIONAL EXPERIENCE

11/2003-Current Sandra Higelin Nurse Consulting Services
Owner/Consultant
Providing Legal Nurse Consultation, Healthcare
Consultation, Wound Care Consultation and
Educational Programs

12/06--Current: Redlands Community Hospital, Redlands, Ca.
Home Health and Hospice, Wound Consultant

- 1/07--Current Eisenhower Medical Center, Rancho Mirage, Ca
Wound Consultant, Hospital Based
- 3/2/06-Current Desert Career College, Palm Springs, Ca.
Vocational Nurse Instructor (substitute)
- 6/12/05- Huntleigh HealthCare, Eatontown, New Jersey
12/29/05 Clinical Support Associate
Provided general clinical support for all
Huntleigh Healthcare product lines as directed.
Worked closely with sales team in to provide clinical
field support and clinical expertise to interdisciplinary
healthcare team. Developed and presented approved
continuing education programs.
- 8/02/04- Santa Monica-UCLA Medical Center, Santa Monica, Ca.
5/20/05 Clinical Nurse Specialist/Medical-Surgical and Geriatrics
- Established standards for patient care and
evaluation of interventions to improve care through the
development, implementation, and evaluation of policies
and procedures, protocols and programs. Assessed and
met the learning needs for specific patient
populations/families. Developed and implemented system
and unite based educational and orientation programs
meet needs of nursing staff. Mentored new orientees and
assured competencies. Managed service lines
and populations of patients to improve clinical and financial
outcomes. Collaborated with Unit Director/Nurse Manager
in establishing cost-effective systems for the delivery of
quality patient care and the appropriate utilization of
resources. Worked in an interdisciplinary model of care
providing specialized knowledge and skill to assist staff with
management of complex patient/family problems.
Utilized theory, research and evidenced-based practice
recommendations in performance improvement processes to
improve clinical practice.

9/2000-
6/4/04

Desert Regional Medical Center, Palm Springs, Ca.
Geriatric Clinical Specialist Post Acute
Wound Care Consultant

Developed and implemented orientation and educational programs for the Skilled Nursing/Subacute units and the hospital system as needed. Acted as a consultant for Clinical Issues, Risk Management, Patient Relations, and Regulatory Compliance. Develop policies & Procedures for the health care system. Mentored nursing students and helped develop and implement educational opportunities for employees of the health care system. Participated in Quality Assurance and Performance Improvement activities.

Developed and implemented the skin/pressure ulcer prevention/management program, and Policies & Procedures for wound prevention and management. Acted as Wound Care Consultant for Health Care System. Acted as the Liaison representing the hospital for the Workforce Development Center, Cal State University and College of the Desert working on the Nurse Work Force Initiative.

9/2003-11/003 Adjunct Professor: Cal State University, Dominguez Hills, Ca. Class: Health Promotion Strategies Through the Life Span.” Program: BSN. Taught at Satellite Campus at Desert Regional Medical Center, Palm Springs, Ca.

11/99-9/2000 South East Georgia Regional Med.Center Brunswick, Ga.

Case Manager/Resource Manager (Acute Care Hospital)
Responsible for planning, organizing and implementing discharge planning/case management services to defined and referred patients. Communicated with commercial payers and Medicaid as required. Performed chart reviews to ensure compliance with all regulatory policies, including Medicare Conditions of Participation. Worked to provide quality, cost-effective health care while maintaining the maximum of

patient outcome. Developed and implemented Admission Case Management Services.

- 1996-1998 Baptist/St. Vincent's Health System Jacksonville, Florida
Geriatric Clinical Specialist
Responsible for the development, marketing, implementation and coordination of an older adult community outreach program providing short-term case management services. Responsible for interdisciplinary consultations, staff educational inservice, Consultation for discharge planning needs from acute care and sub-acute care setting. Developed and presented Community educational programs.
- 1997-1998 Hospice of Northeast Florida
Jacksonville, Florida
Field Nurse-On Call
Responsible for assessment, care plan implementation, pain management, counseling of Hospice patients and their families.
- 1994-1996 Medical University of South Carolina
Charleston, S. C.
Acute Care Rehabilitation Staff Nurse
Responsible for patient care delivered through an interdisciplinary model on an acute rehabilitation hospital unit.
- 1990-1994 Charleston Nursing Center
Mt. Pleasant, South Carolina
MDS Care Plan Coordinator/Inservice Coordinator
Responsible for the coordination and implementation of the MDS process and care plan provided through an interdisciplinary model as mandated by federal and state guidelines for residents in the nursing home. Responsible for

staff inservice education, QA documentation and the MDS process, and supervision of staff.

1992-1996: Additional Experience
Per diem Staff nursing for medical units at various hospitals.
Charge nurse in various Nursing Homes, ADON (Life Care Center, Corona, Calif.)

PROFESSIONAL ASSOCIATIONS

American Nurses Association/California Nurses Association
Sigma Theta Tau International Honor Society
MUSC Alumni Association
Wound Ostomy Continence Nursing Association (WOCN)/Pacific Coast Region (PCR)
National Alliance of Certified Legal Nurse Consultant
American Association of Legal Nurse Consultants-OC

Professional Awards & Recognition

- **Recognized as a Leader in 1999 by Sigma Theta Tau International Honor Society of Nurses
- **Outstanding Employee of the Year for 2002, Tenet Health System/DRMC
- **Inclusion into Manchester Who's Who Registry of Executives and Professionals
- **Inclusion into the Biographical Institute: Great Women of the 21st Century

ABSTRACTS, PUBLICATIONS AND ORAL PRESENTATIONS

1. Burnett, S. H. 'Adult Failure to Thrive,' (Approved for taxonomy by North American Nursing Diagnosis Association), April 1998.
2. Professional and community educational seminars on geriatric health and wellness issues, skin care: prevention and management of wounds.

CONSULANT/ADVOCACY ACTIVITIES

1. Wound, Ostomy, and Continence Nursing Association (WOCN)
Education Committee (Past Educational Coordinator for PCR-WOCN)
2. Sigma Theta Tau international Honor Society-Mentor
4. Dummit, Faber, Briegleb & Diamond Law Offices, Los Angeles, Ca.
5. Carrol, Kelly, Trotter, Franze & McKenna Law Offices, Long Beach, Ca
6. Giovanniello & Michels, LLP, Diamond Bar, Ca.
7. Proctor & McCarthy Law Offices, Ventura, Ca.
8. Law Firm of Andy Viets, Ventura, Ca
9. Steptoe & Johnson, Attorneys at Law, Clarksburg, W.V.
10. Sunberg & Hessman, PA, Attorneys at Law, Tallahassee, Fl.

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Presentations

Attorney Groups

“Ftag 314 What Healthcare Providers need to Know”

Pressure Ulcer Prevention and Management

LTC Title 22

Huntleigh Healthcare Clinical Seminar Series:

“Pressure Ulcer Prevention (Advanced) (2005)

San Joaquin Valley Rehabilitation Hosp., Fresno, Ca.

Huntleigh Healthcare Clinical Seminar Series:

“Pressure Ulcer Prevention (Advanced)

Beverly Manor Skilled Nursing Facility, Fresno, Ca. (2005)

“Acute Confusion or Dementia: A Case Study”

Desert Regional Medical Center, Palm Springs, Ca. (2004)

“Medicine through Time”

Tenet Healthcare Administration, Los Angeles, Ca. (2003)

“Knowledge is Power”

(Staff Nurses Education and Outcomes/Pressure Ulcer Prevention & Management)

Pacific Coast Region/WOCN Regional Conference, San Diego, Ca. (2003)

“Learn the Nuts and Bolts: Pressure Ulcer Prevention and Management”

Desert Regional Medical Center, Palm Springs, Ca (2003)

“Pressure Ulcer Prevention and Management”

Desert Regional Medical Center, Palm Springs, Ca. (2001, 2002, 2003, 2004)

“Dealing With Cognitive Impairment: Difficult Dementia”

Baptist St. /Vincent’s Medical Center, Jacksonville, Fl. (1998)

“Failure To Thrive In The Older Person: A Growing concern”

Baptist/St. Vincent’s Medical Center, Jacksonville, Fl. (1998)

“Memory Tips: How To Remember What You Don’t Want To Forget”

‘Club 55’ Baptist/St. Vincent’s Medical Center, Jacksonville, Fl. (1997)

**“Depression, Loneliness, Exercise, Sex”
(Retired Persons Assoc., Veterans Group) Jacksonville, Fl. (1998)**

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FEE Schedule

Chart Review, Complaint Review, Phone Consults, Live Consults, Reports: (Live consults includes travel time)
\$200/hr

Depositions, Reviews for Depositions, Report or Graph writing for Depositions or Trial, Review for trial, Trial: \$400/hr
(includes travel time and hotel expenses when applicable)

Chart and other document reviews that are requested within 1 weeks of receipt of documents require a higher hourly rate of : \$250/hr.

Thank you,

Sandra Higelin, MSN, RN, CS, CWCN, CLNC