

## CURRICULUM VITAE

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### EDUCATIONAL BACKGROUND

- 1998 – 2005 California State University, Sacramento  
Sacramento, CA  
**Masters in Nursing (Completed 8.05)**  
**Case Management Certificate Program (Completed 5.03)**
- 2002 – 2003 University of Florida  
**Life Care Planning Certificate Program**
- 1985 - 1987 University of San Francisco  
San Francisco, CA  
**Masters in Public Administration, Health Services Administration**
- 1978 - 1980 California State University, Sacramento  
Sacramento, CA  
**Bachelors of Science, Nursing**
- 1973 - 1977 University of California, Davis  
Davis, CA  
**Bachelors of Science, Zoology**

### PROFESSIONAL EXPERIENCE

- 2000 - Present California Department of Health Services/Public Health, Sacramento, CA
- October 2004 – Present  
Chronic Disease and Injury Control Division, Medicine and Public Health Section  
**Nurse Consultant III Specialist and Chief**  
Develop clinical protocols; provide professional education and technical assistance to Public Health Nurses and County Health Department grantees of the Preventive Health Care for Adults program. Provide nursing leadership and consultation to other internal programs: School Health, Asthma, Diabetes, Oral Health, and Physical Activity; and external agencies, programs, and coalitions regarding various healthy aging issues across the lifespan. Responsibilities include monitoring clinical, contractual, and fiscal program element; performing on-site programmatic and chart reviews to ensure delivery of quality services according to regulatory and professional standards.
- April 2003 – October 2004  
Maternal Child and Adolescent Health Branch, Child and Adolescent Health Unit  
**Nurse Consultant II**  
Provided nursing consultation services, policy development and program recommendations for Maternal Child and Adolescent Health programs including comprehensive case management programs :Adolescent and Family Life Program and Adolescent Sibling Pregnancy Prevention Program; Oral Health and School Health Services. Program consultation and technical assistance encompassed a collaborative approach with program grantees. Responsibilities included development of scope of work, providing programmatic technical assistance, monitoring contractual and fiscal program elements, and performing on-site programmatic and chart reviews to evaluate the programs and ensure quality and delivery of services according to statewide standards.

- 2000 – April 2003      Medi-Cal Managed Care, Office of Clinical Standards and Quality  
**Nurse Consultant II**  
Provided nurse consulting services, policy development, and program recommendations while applying recognized clinical standards and quality principles. Developed statewide clinical quality review training curriculum for ongoing training of professional staff which incorporated current State, Federal, and professional practice standards. Responsible for all aspects of project coordination including budget and logistics for multi-site trainings. Coordinated a State Task Force charged to develop a methodology to define and identify the Children with Special Health Care Needs population to meet Federal requirements to facilitate the delivery of coordinated quality services. Prepared multiple comprehensive reports integrating policy, statute and task force recommendations for administrative action.
- 1997 - Present**              Los Rios Community College District, Sacramento, CA  
**Nursing, Assistant Professor**  
Provide intermittent clinical instruction to nursing students for Los Rios Community College ADN programs. Provided full time Nursing instruction to Semester 1 nursing students. Approved by the California Board of Registered Nursing at the highest instruction level to teach Med- Surg, Pediatrics, and Geriatrics
- 1997 - 2000                  Roseville City School District, Roseville, CA  
**School Nurse**  
Provided health related services to multiple K-8 school sites which included health and prevention education, special education assessments, community outreach, case management, and program coordination; while applying public health and acute care clinical standards.
- 1990 - Present**              Mercy General Hospital, Sacramento, CA  
**Staff Nurse, Clinical Coordinator/Assistant Manager, Emergency**  
Provide acute care nursing services to all types and ages of emergency patients while directing the operations of the emergency department. Coordinated research program for acute myocardial infarction (MI - heart attack) patients and assisted with research of acute stroke patients. Clinical expertise includes emergency, pediatrics, medical surgical intensive care, and recovery room.
- 1988 - 1990                  NorthBay Medical Center, Fairfield, CA  
**Director of Emergency Services**  
Provided emergency nursing management for the trauma service, base station, emergency department in a multi-facility health care system.
- 1987 - 1988                  Seton Medical Center, Daly City, CA  
**Supervisor, Emergency Department**  
Provided direct patient care and emergency department management for urban trauma service medical center.
- 1985 - 1987                  Methodist Hospital, Sacramento, CA  
**Administrative Supervisor, Nursing Department**  
Responsible for hospital administration and supervision of all employees on the evening shift. Provided patient care as needed in all clinical areas.
- 1980 - 1985                  Sutter Memorial Hospital, Sacramento, CA  
**Charge Nurse and Staff Nurse**  
Provided acute nursing services in critical care units: coronary, intensive, medical/surgical and emergency.

**LICENSURE**

Licensed Registered Nurse, State of California RN314708 1980 - Present  
California Public Health Nursing Certificate 1980 – Present

**CERTIFICATIONS AND CERTIFICATES**

Medicare Set-aside Consultant Certified (MSCC) 2005 - Present  
Certified Case Manager (CCM) 2005 - Present  
Certified Life Care Planner (CLCP) 2003 - Present  
Legal Nurse Consultant Certified (LNCC) 1998 - Present  
Professional Clear School Nurse Services Credential 1997 - Present  
Case Management Certificate 1997 - Present  
Quality Management Certificate 1993 - Present  
Pediatric Advanced Life Support Provider (PALS) 1992 - Present  
Advanced Cardiac Life Support Instructor 1989 - Present  
Certified in Nursing Administration, Board Certified (CNA-BC) 1987 - Present  
Trauma Nursing Core Course Provider (TNCCP) 1987 - 1991  
Mobile Intensive Care Nurse (MICN) 1987 - 1990  
Certified Emergency Nurse (CEN) 1986 - Present  
Advanced Cardiac Life Support Provider (ACLS) 1980 – Present

**PROFESSIONAL AFFILIATIONS**

Academy of Certified Case Managers 2006 - Present  
American Association of Nurse Life Care Planners 2005 - Present  
International Association of Rehabilitation Professionals 2003 - Present  
Case Management Society of America 2002 - Present  
California Association of Healthcare Quality 2002 - Present  
National Association of School Nurses 1997 - Present  
California School Nurses Association 1997 - Present  
Greater Sacramento Area Chapter of the American  
Association of Legal Nurse Consultants; Board member  
including President, Secretary, Treasurer, Director at Large  
American Association of Legal Nurse Consultants 1991 – Present  
Emergency Nurses Association 1986 - Present  
Sigma Theta Tau, National Honor Society of Nursing 1980 - Present  
The Honor Society of Phi Kappa Phi 1980 – Present

## **AWARDS**

State of California, Superior Accomplishment Gold Award      2002

## **PUBLICATIONS**

Ford-Keach, P., Boardman, A., Cosby, M., Motylewski-Link. (2006). Awareness and Prevalence of Osteoporosis Among California Women. *Women's Health: Findings from the California Women's Health Survey, 1997 -2003*. Office of Women's Health; California Department of Health Services; pp 11-1 – 11- 8

Renzi, M. & Cosby, M. (2006). Acute Measures for Emergent Problems. In J. Selekman. *School Nursing: A Comprehensive Text* (pp. 479-518). Philadelphia: F.A. Davis.

California School Nurses Organization, Content reviewer (January 2004) *Leadership in Action: The School Nurse's Role in Coordinated School Health Programs* : CSNO Publication.

Cosby, M. (2003). Supreme Court Decision: Cedar Rapids v. Garret F.; Impact on School Nursing and Life Care Planning. *Journal of Life Care Planning*, 2 (4), 205-214.

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