

## CURRICULUM VITAE

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### EDUCATIONAL BACKGROUND

- 1998 – 2005      California State University, Sacramento  
Sacramento, CA  
**Masters in Nursing (Completed 8.05)**  
**Case Management Certificate Program (Completed 5.03)**
- 2002 – 2003      University of Florida  
**Life Care Planning Certificate Program**
- 1985 - 1987      University of San Francisco  
San Francisco, CA  
**Masters in Public Administration, Health Services Administration**
- 1978 - 1980      California State University, Sacramento  
Sacramento, CA  
**Bachelors of Science, Nursing**
- 1973 - 1977      University of California, Davis  
Davis, CA  
**Bachelors of Science, Zoology**

### CURRENT PROFESSIONAL EXPERIENCE

- October 2008 – Present** State of California, California Correctional Health Care Services, Sacramento, CA  
Policy and Risk Management Services, Office of Third Level Appeals-Health Care  
**Nursing Consultant Program Review**  
Review, research, and perform clinical investigation of third level health care appeals filed by patients confined in California prisons to determine if care is in accordance with regulatory and departmental policies, and meets the standard of care. Identify potential risk management issues and work collaboratively with intra and interdepartmental clinical staff to implement strategies which promote risk reduction and improvement in quality patient care along the health care continuum. Perform special projects as requested.
- 1991- Present**      MFC Consulting, Sacramento, CA  
**Legal Nurse Consultant**  
Provide legal nurse consulting services which include expert witness services: medical record analysis, case evaluation and testimony regarding adherence to or deviation from the standard of care. Provide evaluations and litigation support including literature research, comprehensive medical chronologies, and written summaries. Other consulting services include Life Care Planning, Case Management, Medicare Set Aside allocation; and estimating the lifetime medical cost projections for catastrophic events and chronic conditions.
- 1997 - Present**      Los Rios Community College District, Sacramento, CA  
**Nursing, Assistant Professor**  
Provide periodic clinical instruction to nursing students for Los Rios Community College Associate Degree Nursing programs. Provided full time Nursing instruction in 2000 and 2003. Approved by the California Board of Registered Nursing at the highest instruction level to teach Med- Surg, Pediatrics, and Geriatrics

## **PAST PROFESSIONAL EXPERIENCE**

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| 1990 – 2011                    | <p>Catholic Healthcare West: Mercy General Hospital, Sacramento, CA</p> <p><b>1997- October 2011 Staff Nurse; Emergency</b></p> <p>Provided acute care nursing services including triage, trauma, and primary emergency nursing services to patients of all ages and presentations to the emergency department, which is an accredited chest pain center, an accredited primary stroke center, and provides level 2 emergency services.</p> <p><b>1990- 1997; Clinical Coordinator/Assistant Manager, Emergency</b></p> <p>Provided acute care nursing services to all types and ages of emergency patients while directing the operations of the emergency department. Coordinated research program for acute myocardial infarction (MI - heart attack) patients and assisted with research of acute stroke patients. Clinical expertise included emergency, pediatrics, medical surgical intensive care, and recovery room.</p>  |
| 2000 – 2008                    | <p><b>State of California (Continued)</b></p> <p>California Department of Health Services/Public Health, Sacramento, CA</p>  |
| October 2004 –<br>October 2008 | <p>Chronic Disease and Injury Control Division, Chronic Disease Control Branch,<br/>Medicine and Public Health Section Center for Gerontology</p> <p><b>Nurse Consultant III Specialist and Chief</b></p> <p>Developed clinical protocols; provided professional education and technical assistance to Public Health Nurses and County Health Department grantees of the Preventive Health Care for the Aging/Adults (PHCA) program. Responsibilities included monitoring clinical, contractual, and fiscal program elements; performed on-site programmatic and chart reviews to ensure delivery of quality services according to regulatory and professional standards of nursing practice. The PHCA program was an evidence based research program administered by public health nurses to underserved areas in the community. Data was collected and analyzed in collaboration with the University of San Francisco Institute for Health and Aging School of Nursing. The research protocol included over 200 data elements which included evaluation of participant's achievement of Healthy People 2010 goals, fall risk prevention measures, medication management and safety, and nutrition and health diets.</p> <p>Provided nursing leadership and consultation to other branch and division programs including: Osteoporosis and Prevention Program, California Arthritis Prevention Program, Alzheimer's Disease Program, School Health Services, Best Practices in Childhood Asthma Program, California Asthma Public Health Initiative, Well-Integrated Screening and Evaluation for Women Across the Nation (WISEWOMAN), California Heart Disease and Stroke Prevention Program, California Diabetes Program, Office of Oral Health: California Children's Dental Disease Prevention Program, and Physical Activity, Nutrition, and Obesity Prevention Program; and external agencies, programs, and coalitions regarding various healthy aging issues across the lifespan.</p> |
| April 2003 –<br>October 2004   | <p>Maternal Child and Adolescent Health Branch, Child and Adolescent Health Unit</p> <p><b>Nurse Consultant II</b></p> <p>Provided nursing consultation services, policy development and program recommendations for Maternal Child and Adolescent Health programs including comprehensive case management programs :Adolescent and Family Life Program and Adolescent Sibling Pregnancy Prevention Program; Oral Health and School Health Services. Program consultation and technical assistance encompassed a collaborative approach with program grantees. Responsibilities included development of scope of work, providing programmatic technical assistance, monitoring contractual and fiscal program elements, and performing on-site programmatic and chart reviews to evaluate the programs and ensure quality and delivery of services according to statewide standards.</p>   |

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| 2000 – April 2003 | <p>Medi-Cal Managed Care, Office of Clinical Standards and Quality<br/> <b>Nurse Consultant II</b><br/>                     Provided nurse consulting services, policy development, and program recommendations while applying recognized clinical standards and quality principles. Developed statewide clinical quality review training curriculum for ongoing training of professional staff which incorporated current State, Federal, and professional practice standards. Responsible for all aspects of project coordination including budget and logistics for multi-site trainings. Coordinated a State Task Force charged to develop a methodology to define and identify the Children with Special Health Care Needs population to meet Federal requirements to facilitate the delivery of coordinated quality services. Prepared multiple comprehensive reports integrating policy, statute and task force recommendations for administrative action.</p> |
| 1997 - 2000       | <p>Roseville City School District, Roseville, CA<br/> <b>School Nurse</b><br/>                     Provided health related services to multiple K-8 school sites which included health and prevention education, special education assessments, community outreach, case management, and program coordination; while applying public health and acute care clinical standards.</p>  |
| 1988 - 1990       | <p>NorthBay Medical Center, Fairfield, CA<br/> <b>Director of Emergency Services</b><br/>                     Provided emergency nursing management for the trauma service, base station, emergency department in a multi-facility health care system.</p>  |
| 1987 - 1988       | <p>Seton Medical Center, Daly City, CA<br/> <b>Supervisor, Emergency Department</b><br/>                     Provided direct patient care and emergency department management for urban trauma service medical center.</p>  |
| 1985 - 1987       | <p>Methodist Hospital, Sacramento, CA<br/> <b>Administrative Supervisor, Nursing Department</b><br/>                     Responsible for hospital administration and supervision of all employees on the evening shift. Provided patient care as needed in all clinical areas.</p>  |
| 1980 - 1985       | <p>Sutter Memorial Hospital, Sacramento, CA<br/> <b>Charge Nurse and Staff Nurse</b><br/>                     Provided acute nursing services in critical care units: coronary, intensive, medical/surgical and emergency.</p>  |

## **LICENSURE**

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| Licensed Registered Nurse, State of California | RN314708 | 1980 - Present |
| California Public Health Nursing Certificate   |          | 1980 – Present |

## **CREDENTIALS**

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|--|--|----------------|
| Professional Clear School Nurse Services Credential with<br>Specialized teaching Authorization in Health |  | 1997 - Present |
| California Community College Health Service Credential: Nurse  |  | Lifetime       |
| California Community College Instructor Credential   |  | Lifetime       |
| Subject Matter:  |  |                |
| Health and Physical Care and Related Technologies  |  |                |
| Nursing  |  |                |
| Public Services and Administration   |  |                |

### **CERTIFICATIONS AND CERTIFICATES**

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|---|----------------|
| Medicare Set-aside Consultant Certified (MSCC)      | 2005 - Present |
| Certified Case Manager (CCM)                        | 2005 - Present |
| Certified Life Care Planner (CLCP)                  | 2003 - Present |
| Legal Nurse Consultant Certified (LNCC)             | 1998 - Present |
| Professional Clear School Nurse Services Credential | 1997 - Present |
| Case Management Certificate                         | 1997 - Present |
| Pediatric Advanced Life Support Provider (PALS)     | 1992 - Present |
| Advanced Cardiac Life Support Instructor            | 1989 - Present |
| Nursing Executive, Board Certified (NE-BC)          | 1987 - Present |
| Trauma Nursing Core Course Provider (TNCCP)         | 1987 - 1991    |
| Mobile Intensive Care Nurse (MICN)                  | 1987 - 1990    |
| Certified Emergency Nurse (CEN)                     | 1986 - Present |
| Advanced Cardiac Life Support Provider (ACLS)       | 1980 – Present |

### **PROFESSIONAL AFFILIATIONS**

|   |                        |
|---|------------------------|
| Academy of Correctional Health Professionals  | 2011 - Present         |
| Academy of Certified Case Managers  | 2006 - Present         |
| American Association of Nurse Life Care Planners  | 2005 - Present         |
| International Association of Rehabilitation Professionals                                 | 2003 - Present         |
| Case Management Society of America  | 2002 - Present         |
| National Association of School Nurses   | 1997 – Present         |
| California School Nurses Association  | 1997 - Present         |
| Greater Sacramento Area Chapter of the American<br>Association of Legal Nurse Consultants | 1995 - Present         |
| American Association of Legal Nurse Consultants   | 1991 – Present         |
| Emergency Nurses Association  | 1986 – Lifetime Member |
| Sigma Theta Tau, National Honor Society of Nursing  | 1980 - Present         |
| The Honor Society of Phi Kappa Phi  | 1980 – Lifetime Member |

### **AWARDS**

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| State of California, Superior Accomplishment Gold Award   | 2002 |
| Mercy General Hospital: President's Five Star Team Member | 2009 |

## **PUBLICATIONS**

### **Author:**

Cosby, M. & West, T. (2010). The legal nurse consultant as expert witness. In A. Peterson & L. Kopishke (Eds.), *Legal nurse consulting: Principles and practice: Vol.2. Legal nurse consulting practices* (3rd ed., pp. 1-37). Washington, DC: CRC Press Taylor and Francis Group.

Ford-Keach, P., Boardman, A. M., Cosby, M., & Motylewski-Link, C. (2006). Awareness and prevalence of osteoporosis among California women. In Weinbaum, Z. & Thorfinnson, T. (Eds.), *Women's health: Findings from the California women's health survey, 1997-2003* (pp. 11-1– 11- 8). Sacramento, CA: California Department of Health Services, Office of Women's Health.

Renzi, M. & Cosby, M. (2006). Acute measures for emergent problems. In J. Selekman (Ed.), *School nursing: A comprehensive text* (pp. 479-518). Philadelphia: F.A. Davis.  
Note: (second edition in progress)

Cosby, M. (2003). Supreme court decision *cedar rapids v. garret f.*: Impact on school nursing and life care planning. *Journal of Life Care Planning*, 2, 205-214.

### **Content reviewer /contributor**

*Emergency Nursing: A Monthly Clinical Update on Emergency Nursing.* Quoted in the following articles:

- (July 2009) *Is There a 'Suit Waiting to Happen' in the Waiting Room*
- (October, 2009) *Should You Document A Patient's Exact Words?*
- *Do You Need To Refuse an ED Physician Order?*
- *When in Doubt Contact the Pharmacy*
- (January, 2010). *You Need to Follow Chain Of Command.*

*Emergency Department Legal Letter: A Monthly Guide to Emergency Medicine Malpractice Prevention and Risk Management.* Quoted in the following articles:

- (October 2010) *ED Could be Liable if Patient Harms Self Post Discharge*
- (August 2011) *Nursing and EP notes conflict? Don't let it go unacknowledged.*

American Association of Legal Nurse Consultants (2011). *Growing Your Practice, Tools and Resources*, Chicago, Illinois.

Desy, P. & Perhats, C. (2008). *Safer Medication Use Among Older Adults: Health Professional Manual:* Emergency Nurses Association, Des Plaines, Illinois.

Knickelbein, A. M. (2004). *Leadership in Action: The School Nurse's Role in Coordinated School Health Programs:* California School Nurses Organization Publication, Sacramento, California.

## **SIGNIFICANT UNPUBLISHED WORK**

Cosby, M.F. (2005). *California department of health services medi-cal managed care facility site review certification program: Training curriculum development.* Unpublished master's thesis, California State University, Sacramento.

Cosby, M. (1987). *The distribution of nursing and non-nursing costs inherent in the administration of small acute care hospital facilities on the evening and night shifts.* Unpublished master's thesis, University of San Francisco.

### **EDITORIAL CONTRIBUTIONS**

- 1997 - Present      Greater Sacramento Area Chapter of the American Association of Legal Nurse Consultants: Quarterly newsletter technical/proofing editor.
- April 2008 to Present      *Journal of Nurse Life Care Planning*: American Association of Nurse Life Care Planners ; Journal committee and contributing editor for select editions.
- March 2010      Chapter reviewer for yet to be published book: Colyar- *Assessment of the School-Age Child and Adolescent*; Chapter on Abdominal Assessment.
- September 2010      Second submission for the second edition of: Acute measures for emergent problems. In J. Selekman (Ed.), *School nursing: A comprehensive text*.

### **PRESENTATIONS**

- June 2011      Database Trainings for the Office of Third Level Appeals – Health Care InterQual:  
Medication Administration Record and Medication Reconciliation  
Disability and Effective Communication
- March 5, 2011      California School Nurses Association; 61<sup>st</sup> Annual Conference: 90 minute session  
School Nursing Practice: Malpractice and Negligence Risk Management  
Fresno, California.
- March 7, 2009      California School Nurses Association; 59<sup>th</sup> Annual Conference: 90 minute session  
School Nursing Malpractice: Are You at Risk? Sacramento, California
- April 24, 2008      Advance Job Fair Career Event: Nursing Legal IQ: Nursing standards; malpractice  
and negligence; Sacramento, California.
- October 18, 2006      Preventive Health Care for the Aging: Geriatric Assessment Workshop; Geriatric  
Health Assessment: The Basics; Sacramento, CA.
- August 3, 2006      Testified at the Commission on Aging as part of their mandate to monitor  
the long range strategic plan for aging. Presented the status of the  
California Preventive Health Care for the Aging Program.
- May 3, 2005      Preventive Health Care for the Aging Annual In-Service: Immunization update;  
Advance Directives: Tool kit; Sacramento, CA
- September 24, 2003      Institute for Paralegal Education: Complying with the New HIPAA Standards:  
What California Paralegals Need to Know; full day seminar co- presenter  
with Michael G Polis Esq.

### **COMMUNITY AND VOLUNTEER ACTIVITIES**

- 1995 - 2010      Greater Sacramento Area Chapter of the American Association of Legal Nurse  
Board member for 15 years including President in 1998 and 2004,  
Secretary, Treasurer, and Director at Large.

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| July 2006 – July 2010 | California School Nurses Association<br>Board Member at Large, Northern Section  |
| May 2006 -June 2009   | California Geriatric Education Center Advisory Committee; UCLA.  |
| May 2007 - May 2008   | Continuing Professional Education Program Advisory Committee member.<br>California Department of Public Health.  |
| 2006- 2008            | International Association of Rehabilitation Professionals; Education committee<br>2007 Forensic Conference Committee member.   |
| April 2007            | California School Nurses Association<br>Vision screening volunteer   |
| 2006- 2007            | Sacramento Chapter: Case Management Society of America<br>Education Committee member.  |
| June 2005- June 2008  | Senate Bill 910 California Strategic Plan on Aging; Wellness and Prevention<br>Task Team Member; Chairperson 2006- 2008.   |
| February 2005         | California Department of Health Services; California Asthma Among<br>School Aged Project; Application Reviewer; Sacramento, Ca.  |
| February 2004         | California School Health Coordinator Leadership Institute; California<br>Department of Education; School Health Connections<br>Invited guest representing California Department of Health Services;<br>School Health Connections |
| March 2001            | California Department of Health Services<br>Healthy Families/Medi-Cal for Children Outreach: Community Based and<br>School Outreach; Application reviewer.   |
| April 1999            | Commission on Teacher credentialing accreditation process for California State<br>University Sacramento, School Nursing Credential Program; Invited<br>participant   |
| March 1999            | CSUS Community Advisory Committee to the School Nurse Credential<br>Program; Invited participant   |