

VLAD GENDELMAN, MD, QME, FAAOS

PATIENT OFFICES

Urgent Orthopaedic Care 12660 Riverside Drive, Suite 201 North Hollywood, CA 91607

Urgent Orthopaedic Care 6200 Wilshire Blvd, Suite 910 Los Angeles, CA 90048

SURGICAL PRIVILEGES

Providence Tarzana Medical Center Mission Community Hospital

Panorama City, CA Tarzana, CA

Los Angeles Downtown Medical Center Multiple Surgical Centers

Los Angeles, CA Greater Los Angeles Area

ORTHOPAEDIC BOARD CERTIFICATION

August 2014-current Diplomate of American Board of Orthopaedic Surgery

(board certified)

LICENSES & CERTIFICATIONS

December '10 (exp 12/20) California Qualified Medical Evaluator

September '10 (exp 9/22) Fluoroscopy Supervisor and Operator Permit – State of California

July '07 $(\exp 1/21)$ Medical License - State of California

March 2016-current Fellow of the American Academy of Orthopaedic Surgery

EDUCATION

9/00 - 6/04 University of CA at Irvine – College of Medicine (COM); M.D.

8/94 - 5/98 University of Southern CA; B.S. in Biology

POSTGRADUATE MEDICAL TRAINING

July '05 – June '10 SUNY Downstate Orthopaedic Surgery Residency Program Rotations in:

Kings County Hospital

SUNY Downstate University Hospital Staten Island College Hospital Long Island College Hospital

Brookdale Hospital Brooklyn VA Hospital

PROFESSIONAL/WORK EXPERIENCE

August '10 – Current Orthopaedic Surgeon – Private Practice

May '11 – August '14 Team Physician – Los Angeles Blues SC Women's PRO-AM

Soccer Team

Sep '06 – Nov '09 Team Physician – Sheepshead Bay High School (Sharks) Varsity

and Junior Varsity Football Teams

PROFESSIONAL ORGANIZATIONS

2011-Present California Orthopaedic Association
2010-Present California Medical Association

2010-Present Los Angeles County Medical Association 2008-Present American Academy of Orthopaedic Surgery

HONORS & AWARDS

March '10 Recipient, Kings County Hospital, Chief Resident of the year

Award

May '04 Recipient, UCI College of Medicine, Associated Medical Students

Government Service Award

RESEARCH

May 04—May 05 Research Assistant, Arthritis Institute, Centinela Hospital Medical

Center.

Nov 03–Mar 04 Research Assistant, LAC-USC Hospital. Retrospective chart

review study on necrotizing fasciitis.

Oct 98–Nov 98 *Volunteer Research Assistant*, Cedars Sinai Animal Research.

Artificial liver research with porcine organs.

May 93–Apr 98 Research Assistant, USC School of Pharmacy. Free energy

perturbation studies of polyamine-DNA interactions.

PUBLICATIONS

- Gendelman V. How to Get Rid of Bruises Fast. WiKiHow. Wikihow.com/Get-Rid-of-Bruises-Fast. July 29, 2020.
- Gendelman V. How to Reduce Inflammation. WiKiHow. Wikihow.com/Reduce-Inflammation#aiinfo. July 27, 2020.
- Gendelman V. How to Use an Inversion Table. WiKiHow. Wikohow.com/Use-an-Inversion-Table. July 27, 2020.
- Mitgang J, Hayes W, Gendelman V, Frumberg D, Saha S. The Effect of Drill Holes on the Bending Strength of Human Radii and Ulnae. Abstract presentation at Biomedical Engineering: Recent Developments conference, 2008 in El Paso, TX.
- Gendelman V, Dorr L, Maheshwari A, Boutary M, Wan Z, Long W. Multimodal Thromboprophylaxis for Total Hip and Knee Arthroplasty Based on Risk Assessment. Journal of Bone and Joint Surgery, Am. Vol. 89, December 2007, pp2648-2657.
- Gendelman V, Dorr L, Boutary M, Wan Z. VTE Prophylaxis with Aspirin. Abstract/Poster presentation at AAOS Meeting in 2006 in Chicago, IL.
- Long W, Dorr L, Gendelman V. An American Experience With Metal-On-Metal Total Hip Arthroplasties: A 7-year follow-up study. Journal of Arthroplasty. Vol. 19, No. 8, Supplement 3, December 2004, pp29-34.
- Masayuki Y, *Grukhin V, Chong-Soon L, Haworth I. Spermine Binding to GC-Rich DNA: Experimental and Theoretical Studies. Archives of Biochemistry and Biophysics. Vol. 325, No. 1, January 1, pp. 39-46, 1996.
- Masayuki Y, *Grukhin V, Haworth I. Molecular Dynamics and Free Energy Perturbation Studies of the DNA Complexes of Natural and Synthetic Polyamines. Journal of Biomolecular Structure & Dynamics. Vol. 12, No. 6, June, p. a270, 1995.
- *Grukhin V. Computer Modeling of Polyamine/DNA Complexes. Presented at 1994 LA County Science Fair.
- (*Changed last name from Grukhin to Gendelman during undergraduate years at USC.)

PERSONAL

Place/Date of Birth: Russia; January 27, 1977

Citizenship: United States
Languages: English & Russian