

## **Curriculum Vitae**

**Kristen Englehart Rawlett, Ph.D., FNP-BC, FAANP, CNE**  
**Associate Professor of Nursing**

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### **Summary of Nursing Experience**

Professor Rawlett is a Fellow of the American Association of Nurse Practitioners (FAANP), a Board-Certified Family Nurse Practitioner (FNP-BC) and Certified Nurse Educator (CNE) with an active clinical practice. As an Associate Professor, she teaches Nurse Practitioner students and develops nursing curriculum across programs and Chair the Faculty Governance Council. She is a highly regarded Nursing expert in primary care. Expert witness experience includes 30 case reviews as well as deposition and trial testimony experience. Dr. Rawlett has been a Registered Nurse for 26 years and has multiple peer-reviewed publications along with research & educational funding.

#### **Nursing Expert Witness Experience Includes:**

Cardiovascular Disease, Lyme Disease, Stem-Cell Therapy, Long-term COVID, Breast Cancer, Fetal Death, Colon Cancer, Rectal Cancer, Myocardial Infarction, Thyroid Storm, Opioids, Cerebral Aneurysm, Gestational Diabetes

#### **Clients Include:**

US Department of Justice in Colorado and New Jersey, US Department of Justice: Federal Class Action, Optum Health, and Law Firms in Ohio, Pennsylvania, Arizona, Illinois, Michigan, New Jersey & Maryland.

**Professional Experience**

**University of Maryland Medical Center *Baltimore, MD***

February 2022-June 2022

Family Nurse Practitioner, Board-Certified

**Substance Abuse Consultation Service: Provide inpatient assessment and referral services along with consultation for physicians on individuals who are identified to potentially have a problem related to substance abuse. Make recommendations for withdrawal management, patient education, referrals resources within the hospital system as well as in the community.**

**Maxim Healthcare Group *Dallas, TX***

September 2021-present

Family Nurse Practitioner, Board-Certified

**Locum Tenens Assignments for Occupational Health and Primary Care Services Nationwide. Perform physical examinations; perform or order diagnostic tests; establish diagnosis; prescribe medications; instruct patients and family members about medical conditions and treatment.**

**KER Nursing and Healthcare Consulting**

July 2015-present

Expert Medical Witness

**Provide Expert Medical Witness services include case review, written reports, depositions, and trial testimony. Approximately 13 plaintiff cases to date: 1 trial testimony completed, 1 trial testimony scheduled, 1 deposition completed and 10 cases settled before trial.**

**University of Maryland School of Nursing *Baltimore, MD***

Associate Professor

July 2022-present

Assistant Professor

August 2014-June 2022

**Provide doctoral level instruction for Primary and Acute Care Nurse Practitioners across the lifespan in both the classroom & clinical settings. Specific content includes: Clinical management, Evidence-Based Practice, Advanced Pharmacology, Advanced Health Assessment and Clinical Practice Guidelines.**

Clinical Instructor

August 2011-August 2014

**Direct supervision and instruction of Nurse Practitioner Students in the following clinical settings: Urgent Care, Primary Care, Emergency Department, Long-Term Care and School-Based Community Clinics.**

**ARS Treatment Center *Aberdeen, MD***

2014-2021

Family Nurse Practitioner, Board-Certified

**Obtain patient histories and performing physical examinations. Development and implementation of a treatment plan in accordance with written clinical practice guidelines and protocols. Monitor the effectiveness of therapeutic interventions. Coordinate care and make referrals when appropriate. Review all laboratory results, as well as all medical documentation from other care providers**

*Townson University Towson, MD*  
Visiting Instructor

2008-2011

*West Cecil Health Center Conowingo, MD*  
Family Nurse Practitioner, Board-Certified

2008-2011

**Work collaboratively with Physicians to provide a variety of primary care services including health promotion, injury and illness prevention, diagnosis, treatment and monitoring of commonly encountered health problems and injuries, monitoring of stable chronic health problems, and community development and advocacy. Perform testing, referral to physicians and specialists as needed. These services were provided within a holistic, patient care-centered framework to patients of all ages.**

*Arizona State University Phoenix, AZ*  
Faculty Associate

2000-2003

*Harford Primary Care Bel Air, MD*  
Family Nurse Practitioner

2003-2008

*Mountain Park Health Center Phoenix, AZ*  
Family Nurse Practitioner

2002-2003

*Arizona State University Phoenix, AZ*  
Family Nurse Practitioner

2000-2002

*Palmetto Richland Hospital Columbia, SC*  
Registered Nurse

1998-1999

*Tuomey Regional Medical Center Sumter, SC*  
Registered Nurse

1996-1998

## **EDUCATION**

University of Maryland Baltimore, School of Nursing  
**PhD:** Nursing

December 2014

University of South Carolina: Family Nurse Practitioner  
**MSN:** Family Nurse Practitioner

December 1999

Virginia Commonwealth University  
**BSN:** Nursing

May 1996

### **LICENSURE**

Certified Registered Nurse Practitioner-*Family*, Registered Nurse, #R161818, Maryland  
With active CDS and DEA with X waiver licenses

### **CERTIFICATIONS**

08/2023      Certified Nurse Educator- National League for Nursing (current through 12/2028)  
01/2000      Family Nurse Practitioner- Board Certified, American Nurses Credentialing  
Center (current through 2025)  
1993          Basic Life Support for Health Care Providers, American Heart Association  
(current through 2025)

### **PUBLICATIONS**

1. **Rawlett, K.** & Wimberly, A. (in process). Perceived stigma from healthcare providers identified by women taking methadone for substance use disorders.
2. Wimberly, A. & **Rawlett, K.** (in process). Developing a community-informed support group to address stress for women taking methadone for opioid use disorders.
3. Authors (alphabetical): Arends, R., Austin-Ketch, T., Devereaux Melillo, K., Faraz Covelli, A., Hallas, D., Kalmakis, K., Kirkland-Kyhn, H., O'Reilly-Jacob, M., **Rawlett, K.**, Ricciardi, R., Tracy, C\*, Chris Winkelman, Christina Whitehouse. AANP Research Agenda, 2023-2028. *JAANP (accepted)*.
4. West, N., Harman, B., **Rawlett, K.**, Short, S., Spanier, A., Matthews, S., Kimble, K., McGehee, C., Ratcliff, M. & Puett, R. (2023). Perceptions of mindfulness practices as a support for individuals managing caregiving responsibilities and chronic disease: A qualitative study. *Chronic Illness (accepted)*.
5. **Rawlett, K. et al** (2023). Sustaining community-engaged public health research during the COVID-19 pandemic and beyond. *Int J Nurs & Health Care Scie* 03(05): 2023-205.
6. Mooney- Doyle, K., Burley, Ludeman, E., & **Rawlett, K.**, (2021). Multifaceted Support Interventions for Siblings of Children with Cancer: A Systematic Review. *Cancer Nursing*: August 16, 2021(*online ahead of print*).

7. **Rawlett, K.,** N'Dri, L., dos Reis, S., & Sibinga, E. (2019). Perceived Needs for Adolescent Psychological Well-Being in an Urban Community. *Journal of Pediatric Health Care*.
8. **Rawlett, K.,** Friedmann, E., & Thomas, S. (2019). Mindfulness based intervention with an attentional comparison group in at risk adolescents: a pilot randomized trial. *Integrative Medicine Research*, 8 (2), 101-106.
9. Kostas-Polston, E. & **Rawlett, K.** (2018). Part 3 of a four-part series on critical topics identified by the 2015 nurse practitioner research agenda: NP education. *Journal of the American Association of Nurse Practitioners*.
10. **Rawlett, K.** (2017). Adolescent Experience with Mindfulness. *JSM Health Education and Primary Healthcare*, 2 (3), 1032.
11. **Rawlett, K.** & Scrandis, D. (2015). Mindfulness Techniques Implemented with At-Risk Adolescents and Associated Outcomes. *Open Journal of Nursing*, 2015, 9, (Suppl 1: M7) 82-88.
12. **Rawlett, K.** (2014). Journey from self-efficacy to empowerment. *Health Care*, 2, 1-9.
13. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population, *International Journal of Applied Science & Technology*, 1(2): 15-21.

## **GRANTS**

1. **Rawlett, K (Co-PI)** & Wimberly, Alexandra. Community Informed Mindfulness Intervention for Adherence to Medication Assisted Treatment among Women with Opioid Use Disorder  
Science to Systems Grant, **\$50,000**, UMB Center for Addiction Research, Education and Service (CARES), 2019. (Extended through June 2021 due to COVID-19 considerations).
2. **Rawlett, K. (Co-PI)** & Njie-Carr, Veronica. *All of Us* Research Program, American Association of Colleges of Nursing (AACN) mini-grant, **\$15,000**, funded by the National Institutes of Health (NIH), 2018.
3. **Rawlett, K.** Effect of a Tailored, Adolescent Developed Mindfulness Intervention, **\$12,000**, funded by the Dean's Research Scholars Program at the University of Maryland, Baltimore 2017-2019.
4. **Rawlett, K.** Effect of a Tailored, Adolescent Developed Mindfulness Intervention, **\$5000**, funded by Center of Excellence in Biology and Behavior Across Lifespan Research Facilitation Award, 2018.

5. **Rawlett, K.** Assessing the Wellbeing of Adolescents Residing in West Baltimore, **\$1000**, funded by Center of Excellence in Biology and Behavior Across Lifespan Research Facilitation Award, 2017.
6. **Rawlett, K.** Assessing the Needs for Psychological Well-being in Adolescents Residing in Southwest Baltimore, **\$5000**, funded by Agency for Healthcare Research & Quality (AHRQ) [1R24HS022135-03] PATIENTS Program Pilot Funding, 2016.

## **PRESENTATIONS**

### **International**

1. **Rawlett, K.** (2018). Precursor to a Tailored Mindfulness Intervention with Adolescents: Engaging the Community (Symposium on Clinical Applications of Mindfulness). *Science from Within: International Conference of Mindfulness*. Amsterdam, Netherlands: International Conference on Mindfulness (ICM).
2. **Rawlett, K.** (2017). Mindfulness Intervention in At-Risk Adolescents: Participant Voices. In *Influencing Global Health Through the Advancement of Nursing Scholarship: Proceedings of the 28th International Research Congress*. Dublin, Ireland: Sigma Theta Tau International.
3. **Rawlett, K.,** Friedmann, E. & Thomas, S. (2015). Effect of a Nurse-Led Mindfulness Intervention with At- Risk Adolescents: A Randomized Control Study. In *Question Locally, Engage Regionally, Apply Globally: Proceedings of the 26th International Research Congress*. San Juan, Puerto Rico: Sigma Theta Tau International.

### **National**

1. Puett, R., Harmon, B.E., West, N., Short, S., **Rawlett, K.**, Spanier, A., Rosenberg Goldstein R., (2022) Adapting Mindfulness-Based Interventions for Diverse Populations Managing Chronic Disease: Perspectives of Mindfulness Practitioners and Non-Practitioners. In Symposium, *Targets for adaptation of mindfulness-based interventions: Culture, modality, and environment*. Society of Behavioral Medicine Annual Meeting, Baltimore, MD.
2. **Rawlett, K.,** N'Dri, L., dos Reis, S., & Sibinga, E. (2021). Symposium - Community Public Health Nursing Research: Enhancing Science Inclusivity for Diverse Populations. Eliciting the Perceived Needs of Students, Parents, and Teachers for Psychological Well-Being in Urban Dwelling Adolescents. *SNRS Annual Conference: Humanizing Care through Technology and Interdisciplinary Collaboration*. Virtual: Southern Nursing Research Society.
3. **Rawlett, K.,** Collins, J. & Waller, M. (2019). Retrospective Review: Community Members and SNRS Members Collaborate During Annual Conferences in Dallas and

Atlanta. *SNRS Annual Conference: Imagining the future through nursing research and innovation*. Orlando, Florida: Southern Nursing Research Society.

4. **Rawlett, K.** (2018). Stress Management Webinar. American Nurses Credentialing Center (ANCC) for Continuing Education and Professional Development.
5. Barnes, H., Buchholtz, S., **Rawlett, K.**, Schlepko, T., & Stead, L. (2018). Findings from Four Reviews on Nurse Practitioner Policy, Workforce, Education & Practice Research Priorities. *NP's-Moving Mountains in Health Care: AANP National Conference*. Denver, Colorado: American Association of Nurse Practitioners.
6. **Rawlett, K.** & Scrandis, D. (2015). NP Education Regarding Opioid Dependence and Withdraw in Advanced Health Assessment. In *Charting NP Education: Building Blocks of Excellence: Proceedings of the 41st Annual Meeting of NONPF*. Baltimore, Maryland: National Organization of Nurse Practitioner Faculties.

#### Regional

1. Dyess, S., Randolph, S. & **Rawlett, K.** (2016). The Legacy of Community Based, Public Health and Health Promotion Nursing Research: Strategies to Ensure Health. In *A Solid Legacy, A Bright Tomorrow: Bridging the Past and Future of Nursing Research, Proceedings of the 30th Annual Conference of SNRS*. Williamsburg, VA: Southern Nursing Research Society.

#### State/Local

1. **Rawlett, K.**, N'Dri, L., dos Reis, S., & Sibinga, E. (2019). Supporting Adolescent Mental Health in West Baltimore. *Maryland Action Coalition: Creating a Healthier Maryland*. Baltimore, Maryland.
2. **Rawlett, K.**, Chayhitz, M., Papageorgopoulos, N., Awuah, C., Njie-Carr, V. (2019). Engaging Entry Level Nursing Students with Service Learning to Facilitate Change. *UMSON Institute for Educators Spring Conference, Change: The New Reality*. Baltimore, Maryland.

#### **POSTERS**

#### International

1. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population. In 22nd Annual Sigma Theta Tau International Research Congress/ 2nd Annual World Academy of Nursing: Cancun, Mexico.

#### State/Local

1. **Rawlett, K.**, Friedmann, E., & Thomas, S. (2014). Effect of a Nurse led intervention in at-risk adolescents. Graduate Research Conference at University of Maryland, Baltimore.



2. **Rawlett, K.** (2011). Analytical Evaluation of the Health Belief Model and the Vulnerable Populations Conceptual Model Applied to a Medically Underserved, Rural Population. Towson University College of Health Professions Faculty Scholarship Day, Towson, MD.

### **PROFESSIONAL MEMBERSHIPS**

2013-Present National Organization of Nurse Practitioner Faculty (NONPF)  
2010-Present Nurse Practitioner Association of Maryland (NPAM)  
2005- Present American Academy of Nurse Practitioners (AANP)  
1999-Present Sigma Theta Tau, International (STTI)

### **AWARDS & HONORS**

2021 Fellow-Nurse Leadership Institute (Maryland Higher Education Commission)  
2020 Fellow-American Association of Nurse Practitioners  
2017 Sigma Theta Tau Scholarly Presentation/Travel Award: \$400  
2017-19 Dean's Research Scholar (Competitive Award): \$12,000 & reduced workload  
2016 Maryland Higher Education Commission Nurse Educator Doctoral Grant: \$5000  
2015 Sigma Theta Tau Scholarly Presentation/Travel Award: \$400  
2011 Maryland Higher Education Commission New Nurse Faculty Fellowship: \$20,000  
2010-2014 Sara A. Whitehurst Scholarship (Traineeship)

### **INVITED SPEAKER**

2017 Leadership in planning & Speaker for SNRS Inaugural Community Town Hall: A Bridge to Engage Community Members & Researchers Event  
2016 Panel member for inaugural AANP Network for Research Shark Tank Event at the 2016 National Conference in San Antonio.  
2011 Towson Spark Podium Presentation: Health Disparities. Sponsored by the Office of the Provost, Towson University.  
2008 Faulty Presenter: Improving Diabetes Outcomes through Better Patient Communication. Patient Care Network, Reston, Virginia.  
2008 LPGA Educator Migraines: Havre de Grace, Maryland  
2001 Invited keynote speaker for Zonta International monthly meeting

### **ADDITIONAL EXPERIENCE & SERVICE-RELATED ACTIVITIES**

#### **University of Maryland, Baltimore**

2021-2022 Faculty Council-**Chair Elect**  
2021-2022 Governance Council



2021-2022	Academic and Student Affairs Council
2021-2022	Mentor for iConsultancy: Nursing Project Team, College of Information Science, University of Maryland, College Park
2020-2021	DNP Curriculum Committee Member
2019-2020	Family/Community Health Representative on Faculty Council
2018	Member, Search Committee: Family Community Health Department Chair
2017-2019	Member, Judicial Committee: University of Maryland School of Nursing
2017-2019	Digital Committee Co-Chair Pi Chapter, Sigma Theta Tau International
2017	Faculty Presenter: Empowering Students to End the Cycle of Addiction, IPE/ Interdisciplinary Training & Case Study on Opioid Overdose.
2015-present	Associate Member: University of Maryland, Baltimore Graduate School
2013-2014	Secretary Faculty Council, UM School of Nursing
2008-2009	Vice President Iota Epsilon Chapter, Sigma Theta Tau International

### **Maryland & Baltimore Area**

2020-present	<b>Appointed by Governor Larry Hogan:</b> Maryland State Children's Environmental Health & Protection Advisory Council
2019-2020	Advisory Board Member, Maryland Responds, MD Department of Health
2018-present	Ready Responder (Level 2), Maryland Responds Medical Reserve Corps
2017	Career Day, Trinity Lutheran Middle School
2008	Medical Support Volunteer, Living Christmas Tree Program

### **Nursing Profession**

2021-present	Manuscript Reviewer, Yale Journal of Biology and Medicine
2020-present	Manuscript Reviewer, Journal of Child & Family Studies
2020-present	Fellow of AANP
2019-2021	Chair AANP Research Committee
2017-Present	Manuscript Reviewer, Mindfulness
2016-2018	Community/Public Health Research Interest Group Co-chair, Southern Nursing Research Society
2016-2017	Co-chair of the Community/Public Health Research Interest Group, Southern Nursing Research Society
2016-Present	American Association of Nurse Practitioners Research Committee
2016	American Association of Nurse Practitioners Research Advisory Group Member (competitive selection)
2014-Present	Manuscript Reviewer, Journal of Psychosomatic Research
2013-Present	Manuscript Reviewer, Journal of Professional Nursing
2009	Warrior Forge Nurse Educator's Embedded Training with R.O.T.C: Ft. Lewis, WA