

Camilo Ruiz DO PA – Sleep and Internal Medicine Specialists  
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## Dr. Camilo A. Ruiz

### Education

#### Medical Residency

**Larkin Community Hospital-in affiliation with Nova Southeastern University**  
July 2012-June 2013                      Miami, Florida  
Sleep Medicine Fellowship

**Palmetto General Hospital-in affiliation with Nova Southeastern University**  
July 2008-January 2011                      Miami, Florida  
Chief Internal Medicine Resident    July 2009-January 2011

**Lankenau Hospital-in affiliation with Thomas Jefferson University**  
June 2007-July 2008                      Philadelphia, Pennsylvania  
Obstetrics and Gynecological Surgery Internship

#### Medical School

**Nova Southeastern University College of Osteopathic Medicine**  
August 2003-May 2007                      Fort Lauderdale, Florida  
Doctor of Osteopathic Medicine, D.O. degree

#### Undergraduate

**Florida International University**  
August 1998-May 2002                      Miami, Florida  
B.Sc. Biological Sciences with Honors, *cum laude*  
Honors Thesis: *Selenium Distribution in the Human Retina*  
Minor: Sociology/Anthropology

#### Professional Certifications & Licensure

Board Certified, Diplomate of the American Osteopathic Board of Internal  
Medicine September 2011 Certificate # 4261, Recertified until 12/31/2031  
Board Certified, Sleep Medicine, CAQ August 2013  
Florida License OS 10517 October 2008  
DEA Registered October 2008  
Basic Life Support Provider (BLS)  
Advanced Cardiac Life Support Provider (ACLS)  
Pediatric Advanced Life Support Provider (PALS)  
Advanced Trauma and Life Support Provider (ATLS)

#### Hospital Affiliations and Privileges

Broward Health Medical Center  
Internal Medicine Residency Faculty, Teaching Service Attending, March 2019  
Clinical Assistant Professor, Nova Southeastern University COM  
Aventura Hospital and Medical Center  
Jackson North Medical Center  
Voluntary Clinical Faculty, Florida International University Wertheim School of  
Medicine  
Clinical Affiliate Assistant Professor, Florida Atlantic University Charles E.  
Schmidt College of Medicine

#### Honors and Awards

Congressional Hispanic Caucus Institute Scholarship Award, July 2006.  
Nominated Rookie Teacher of the Year, Howard A. Doolin Middle School,  
Miami, FL., 2002-2003.

Department of Biological Sciences Outstanding Service Award, April 2002.  
Dean's List, Fall 1998, Fall 1999 through Spring 2001, Fall 2001, Spring 2002.  
USAA All-American Scholar, April 2001.  
AMSA Outstanding Service Award, April 2001.  
Minority Biomedical Research Support Scholar, 2000-2002.  
Florida Bright Futures Academic Scholarship F.I.U. 1998-2002.

**Professional/Academic  
Affiliations**

American Osteopathic Association (AOA) Member  
American College of Osteopathic Internists (ACOI) Fellow  
Florida Osteopathic Medical Association (FOMA) Member  
American Academy of Sleep Medicine (AASM) Fellow  
AASM Coding and Compliance Committee Member, June 2015-June 2018  
AASM Educational Products Development Subcommittee Member  
AASM Official Spokesperson  
Inspire Apnea Therapy Consultant  
Eisai Speakers Bureau and Consultant for Dayvigo  
FOMA, Student Chapter Secretary August 2004-August 2005.  
Burns Academical Society, Resident Advisor  
Alpha Epsilon Delta Honor Society Inductee, April 2001.  
Golden Key International Honor Society Inductee, November 2000.

**Work Experience**

Camilo Ruiz DO PA (Private practice) and Choice Physicians Sleep Center  
Medical Director, Responsible for the operational efficiency of a combined  
concierge and general internal medicine practice as well as a sleep disorders  
center. Obtained successful AASM sleep lab accreditation within the first year.  
Responsible for processes that help improve healthcare safety, encourage  
superior health outcomes and enhance the value of sleep healthcare. July 2013  
till present.

Inpatient Consultants, IPC, Miami, FL.  
Hospitalist physician. Provided and coordinated inpatient medicine care  
including admissions and discharges. August 2013 till October 2014. Medical  
Director: Dr. J. Sanchez

HCA/Florida IPS Medical Services Hospitalist Group, Aventura, FL.  
Hospitalist physician. Provided and coordinated inpatient medicine care  
including admissions and discharges. December 2011 till August 2013. Medical  
Director: Dr. A. Soto

Concentra Urgent Care Centers, Miami, FL.  
Urgent Care and Occupational medicine staff physician. Provided and  
coordinated medical care for patients. Procedures ranged from beginning IV  
fluids, laceration repairs, interpreting x-rays, EKGs, PFTs, joint aspirations,  
trigger point injections to patient stabilization and EMS transfers. November  
2009 till November 2011. Center Medical Director: Dr. A. Gonzalez

General Science Teacher, Howard A. Doolin Middle School, Miami-Dade  
County Public Schools, Miami, FL.  
Bilingual science instruction of limited English proficiency students, grades 6<sup>th</sup>,  
7<sup>th</sup>, and 8<sup>th</sup>, August 2002-June 2003. Supervisor: M. Gilson.

Research Assistant, Department of Chemistry and Physics, Florida International  
University, Miami, FL.  
Supervised human subject training of psychophysical techniques, serum  
carotenoid extraction and separation using High Performance Liquid  
Chromatography (HPLC), human eye dissection, statistical analysis, and abstract

writing, August 2000-July 2002. Principal Investigators: Drs. R.A. Bone and J.T. Landrum.

**Research Trials,  
Publications,  
Book Chapters, and  
Abstracts**

*Cardiac Tamponade as the Initial Presentation of Primary Mediastinal Large B-Cell Lymphoma: A Rare Clinical Entity.* **Consortium for Excellence in Medical Education Resident Research, Nova Southeastern University, Fort Lauderdale, FL.,** October 2010.

Obstetrics and Gynecology: A Competency-Based Companion. Barry Mann MD, Micheal Belden MD. Chapter 33 Contraception contributing author. Saunders Elsevier, 2010.

Bone, R.A., Landrum, J.T., Guerra, L.H., and **Ruiz, C.A. (2003).** Lutein and Zeaxanthin Dietary Supplements Raise Macular Pigment Density and Serum Concentrations of these Carotenoids in Humans. *The Journal of Nutrition*, 133:992-998.

*Selenium Distribution in the Human Retina,* **Association for Research in Vision and Ophthalmology (ARVO), Fort Lauderdale, FL.,** October 2002.

*Association between Macular Pigment in the Peripheral Retina and AMD,* **Annual Biomedical Research Conference for Minority Students (ABRCMS), Orlando, FL.,** November 2001.

*Lutein and Zeaxanthin Supplements and their Influence on Macular Pigment Density,* **Conference on Aging Retina and Early Degeneration, Boston, MA., Harvard University,** October 2001.

*Dependence of Macular Pigment Density Increases on Elevated Serum Levels of Lutein and Zeaxanthin Resulting from Supplementation,* **ARVO, Fort Lauderdale, FL.,** October 2001.

*Distribution of a Minor Carotenoid Component in the Human Retina,* **ARVO, Fort Lauderdale, FL.,** October 2001.

*Xanthophyll Carotenoids and the Macular Pigment,* **European Association for Vision and Eye Research (EVER), Alicante, Spain,** October 2001.

*The Influence of Lutein Supplementation on Macular Pigment,* **EVER, Alicante, Spain,** October 2001.

*Association between Macular Pigment Carotenoids in the Human Retina and AMD,* **National Minority Research Symposium, Washington, D.C.,** November 2000.

**Corporate Affiliations  
And Speaking  
Engagements**

Inspire medical / hypoglossal nerve stimulation speaker and provider 2015-2021  
Remede system and central sleep apnea therapy 2021  
Dayvigo (Lemborexant) therapy speaker 2021

**Languages**

Fluent in Spanish