



LIFESAVING RESOURCES INC.

AQUATICS SAFETY • WATER RESCUE • ICE RESCUE

PUBLISHED ARTICLES & TEXTBOOKS

"Risk Management: Compatibility Issues". Aquatics International Magazine. March 2010.

"Risk Management: Standard for Technical Rescue". Aquatics International Magazine. March 2010.

"Protecting the Rescuer: Swiftwater Rescue in Focus". Fire & Rescue and Industrial Fire Journal. Fire and Security division of Hemming Information Services (HIS), division of Hemming Group Ltd.. May 2009.

"Preparing for Swiftwater Rescue Incidents". Lifesaving Resources' website. April 2009.

"Pets in Peril: Responders Need Special Ice Tools for Animal Rescue". Fire Chief Magazine. November 2008.

"The Need for First Responders to be Trained and Equipped to Perform Domestic Animal Rescues". Lifesaving Resources' website. February 2008.

Professional Aquatics Safety Seminar Guidebook. Lifesaving Resources Inc.

Water Rescue Course Guidebook. Lifesaving Resources Inc.

Ice Rescue Course Guidebook. Lifesaving Resources Inc.

"NFPA 1670 Standard for Technical Rescue". Lifesaving Resources website. November 2006.

"Escape and Rescue from Submerged Vehicles". International Journal of Aquatic Research and Education. 2007. Human Kinetics, Inc. November 2006.

"Escape and Rescue from Submerged Vehicles". Advanced Rescue Technology Magazine. April/May 2006.

"Cold Calls: Ice Rescues Pose Unique Challenges for Responders". Advanced Rescue Technology Magazine. December 2005.

"In the Rhythm of Saving Lives". Parks and Recreation Magazine. November 2005.

"Prevention of Pediatric Submersion Incidents in Apartment and Other Multi-Family Complex Facilities" Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (2005).



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"Automated External Defibrillators (AEDs): Their Deployment & Use within the Lifeguard, Aquatics Safety & Recreation Sector" Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (2005)

"Layers of Protection for Class C Swimming Pools" Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (2004).

"Ice and Cold Water Rescue: Part IV." Firehouse.com. February 2003.

"Ice and Cold Water Rescue: Part III." Firehouse.com. February 2003.

"Ice and Cold Water Rescue: Part II." Firehouse.com. February 2003.

"Ice and Cold Water Rescue: Part I." Firehouse.com. February 2003.

"Firefighter Survival in the Water". Firehouse.com. October 2002.

"Hotel Pool and Spa Safety Begins with PRM (Prevention, Recognition and Management)". Florida Hotel & Motel Journal. April 2002.

"Responding to Aquatic Emergencies". Emergency Medical Services Magazine. July 2001.

"In Synch: Working with EMS Can Enhance Your Rescue Services". Aquatics International Magazine. September 2001.

"Emergency Response: Identifying and preventing drowning incidents while preparing for the worst with effective emergency resuscitation." Camp Business Magazine. June 2001.

"Maintaining Safety: A simple checklist of pool maintenance items that can significantly decrease risk." Camp Business Magazine, April 2001 and reprinted in Parks & Rec Business Magazine, January 2003.

"PRM: Water and Pool Safety Begins with PRM". Camp Business Magazine. February 2001.

"Ice Rescue: The preparation and training of public safety and rescue personnel to respond to ice and cold-water emergencies". Advanced Rescue Technology Magazine. Volume 3, Number 6. December 2000/January 2001 issue.

"The Evolution of Resuscitation". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at <http://www.lifesaving.com>. (1999).

"Beware! The Hazards of Ice". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (1998). *This is a revision of an earlier article which had been published by G. Dworkin in 1980 in Parks and Recreation Magazine.*



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"Meeting the Standard of Care for Spinal Injuries". Aquatics International Magazine. September/October 1998.

"The Standing Take-Down Maneuver". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (1998)

"Pool and Spa Entrapment". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at www.lifesaving.com. (1998)

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"Emergency Procedures During Thunder and Lightning Storms". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page at <http://www.lifesaving.com>. (1998)

"Rescue from Submerged Vehicles". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources' Web Page @ <http://www.lifesaving.com>. (1997)

"The Heimlich Controversy". Parks and Recreation Magazine. (1997)

"Massachusetts Lifeguard Bill - Is It Enough?" Aquatics International Magazine. (1997)

"Prevention of Torso Reflex and the Proper Use of the Stearns' Cold Water/Ice Rescue Suit". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997).

"Spinal Immobilization Procedures by Lifeguard Personnel". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997). Reprinted in Aquatics International Magazine (1998).

"Lifeguard Bill No. 3993". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997)

"Spinal Immobilization Management in Deep Water". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997)

"Firefighter Survival in the Water". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997)

"The Heimlich Controversy in Near-Drowning Resuscitation". Issues in Aquatics Safety and Water Rescue. Lifesaving Resources Web Page @ <http://www.lifesaving.com>. (1997) Reprinted in SPEMS Magazine published by South Plains Emergency Medical Services, Inc., Volume 4, Number 2, Spring 1997.



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"Aquatic Emergencies: Prevention, Recognition & Management" educational slide program, seminar presentation, and student guidebook. Designed for Aquatic and Recreation professionals and Lifeguard personnel. (1996)

"Water Rescue and Survival" educational slide program, course curriculum, and student guidebook. Designed for Fire, Rescue, Law Enforcement, and other First Responder organizations. (1996)

"Instructional Methodology" educational slide program and student guidebook. Designed for EMS, Lifeguard, Water Safety, First Aid, Water Rescue, and CPR Instructor training programs. (1994)

"Standard of Care for Lifeguard Personnel". Aquatics International Magazine. (1993)

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"Protection from Bloodborne Pathogens - the EMS Perspective". Rescue-EMS News. (1993)

"Protection from Bloodborne Pathogens - the Recreation Perspective". International Association of Amusement Parks Magazine. (1992)

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"Managing the Attractive Nuisance: Why a Pool Audit Means Good Risk Management". Club Director. (1990)

"Accident Prevention and Injury Control". NRPA aquatics News. (1989)

"Risk Management in Aquatics". Aquatics Magazine. (1989)

"Competition Keeps Lifeguards on Top". Parks and Recreation Magazine. (1989)

CPR for Infants and Children textbook. Child Welfare League of America. (1989)

"Pool Management: Eight Steps to a Safer Facility". Parks and Recreation Magazine. (1987)

"Prevention of Aquatic Spinal Injuries". Parks and Recreation Magazine. (1987)

"Management of Aquatic Spinal Injuries". Parks and Recreation Magazine. (1987)

"Emergency Management of Aquatic Spinal Injuries". Rescue Squad Quarterly. (1987)

"Mouth-to-Mask Rescue Breathing". Rescue Squad Quarterly. (1987)

"Lifeguards! Man Your Buoys!!" Parks and Recreation Magazine. (1986)



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"Aquatic Injuries". Journal of Emergency Medical Services. (1986)

The Lifeguard Competition Guidebook. Lifesaving Resources, Inc. (1986)

"Spinal Immobilization in Deep Water". Journal of Emergency Medical Services. (1983)

"Reading, Writing, Arithmetic and Resuscitation". Journal of Health, Physical Education, and Recreation (1980; reprinted by Humboldt-Universitat Berlin 1981)

"Teaching CPR In The Schools - The EMS Perspective". Emergency Medical Services Magazine. (1980)

Note: 1 additional article is currently planned for publication in the April 2010 issue of Fire Chief Magazine. In addition, we are currently in negotiations to publish a book on the Foundations in the Standard of Care and Drowning and Aquatic Injury Case Studies.